

Adult & Continuing Education
Driver Education
Instrumental Music School of Carlisle & Concord



## Dear Neighbor,

We have had so much fun putting together these programs and hope you find something among our wide variety of classes that will spur you to try something new! Get out and get moving with our many walking groups. Meet new friends and get cozy as we knit a chunky blanket. Get curious with us as we learn about The Weird and Wonderful World of Wikipedia.

We are thrilled to officially welcome Amy Smack as our new Continuing Education Coordinator. We wish Stefanie Cloutier well in retirement, but do not panic - she is leading fitness walks!! Stefanie has helped make our Continuing Education programs what they are today and Amy is excited to jump in and join us.

If you or someone you know needs help paying for our classes, we want to help! See details of how to apply on p.21. Do you have a skill or special knowledge you want to teach? We are always looking for new class ideas and new instructors.

We look forward to seeing you soon,

## About Us





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CCACE is a self-sustaining branch of Concord-Carlisle Public Schools, dedicated to lifelong learning for all ages. We connect local citizens through collaborative community outreach, classes and educational events. Our aim is to provide unique programming that will inspire joy and nurture passions.

#### **Adult & Community Education Staff**



#### Jill Weintraub

Director of Adult & Community Education weintraub@concordcarlisle.org or 978-341-2923



## Continuing Education Coordinator

asmack@concordcarlisle.org or 978-318-1400 x7523

## **CCACE Advisory Committee**

Ed Bernard, Concord Pam Hegarty, Concord Carlene Hempel, Concord Anne Irza-Leggat, Concord Kim Kossmann, Concord

#### **Concord-Carlisle Regional School District**

Dr. Laurie Hunter

Superintendent

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**Shelly Chin** 

John Lee, Carlisle

Polly Meyer, Concord

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Alison Pray, Carlisle

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Cover art by: Claire Roeser (CCHS Class of 2026), Concord Chanced (2025): Paint and marker on layered acetate and tracing paper. Inspired by rolling dice on a glass tabletop.

## **Armchair Travel**



Armchair Travel is a series of presentations on travel from community members, sharing stories and pictures of travels near & far!

- All sessions are on Mondays at 7 pm on zoom
- You must register in advance to receive the link

Do you have travel stories to share? We want to hear from you! Contact us at ace@concordps.org

# Savoring Northern Italy: A Week of Food. Art & Adventure

Dora will share highlights from a week-long journey through Northern Italy—an adventure unfolding across Treviso. Verona, Venice, Murano, Asolo, and the breathtaking Dolomites. From tasting tiramisu where it was invented, to strolling Shakespeare's Verona, witnessing Murano glassblowing, learning pasta from a true Italian nonna, sipping Prosecco in the hills, and winding through the dramatic peaks of the Dolomites, this trip blended culture, cuisine, and unforgettable scenery. She will take you through the experiences, flavors, and stories that make Northern Italy truly magical.

Mo | Jan 5 | 7-8 pm | Online

#### **Overcoming Poverty in Rural Honduras: Stay or Emigrate** Mark Hopkins

Why are Central America's subsistence farmers leaving everything behind to seek asylum in America? We will go to a mountain village in Honduras where American volunteers are helping its residents overcome the ravages of extreme poverty. The narrative describes the challenges they face -- lack of education, poor health, polluted water sources, and a corrupt government -- and follows th progress as they work with American volunteers to better their life. This also introduces a dismaying new problem -- climate change -- that is causing drought and raising the prospect of emigration for the village's farmers. Finally, we will explore the rigors that migrants face when they head north to seek asylum at the U.S. Border.

Mo | Jan 12 | 7-8 pm | Online

#### A Year in Britain

#### Kim Gilman

In 2023-24 Kim, her husband, and two dogs spent a sabbatical year residing in a tiny village in Oxfordshire, working from home, and spending weekends and holidays traveling around. They enjoyed visiting beautiful scenic places and ancient historical sitesduring their road trips in England, Scotland, and Wales. As a food enthusiast, Kim also discovered that modern British cuisine and beverages are delicious! She looks forward to sharing her photos and favorite corners of the UK.

Mo | Jan 26 | 7-8 pm | Online

# **Exploring Cuba: A School Trip to Havana and Trinidad**

Last February, Lucy traveled with a group of Spanish students to Cuba. They stayed for 10 days, exploring the cuisine, culture, and soaking in the sights. Cuba is such a unique place, and Lucy is so excited to share it with you all!

Mo | Feb 9 | 7-8 pm | Online

### Scandinavia: Vikings, Fjords, and the World's **Happiest People!**

#### Samantha Mandell

We've all heard of Norway and Denmark—but do you know how these two neighboring kingdoms, so close yet so different, helped shape the story of Scandinavia? How Norway's Ice Age carved fjords and soaring mountains while Denmark ended up with gentle coastlines and seafaring lowlands? Or how Viking-age explorers from both nations left their mark across Europe? Beyond the history, how did modern-day Norwegians and Danes end up as world leaders in sustainability and design and, supposedly, the world's happiest people? From runestones to hygge to cycling culture, join Samantha, an experienced Scandinavian guide, for a lively exploration of these two captivating nations!

Mo | Mar 16 | 7-8 pm | Online



#### **CCACE** is proud to offer Armchair Travel for no charge to the community.

Consider giving to our scholarship fund.

Each year, CCACE awards more than \$15.000 in scholarships to community members for CCACE programs.

Visit concordcarlisleace.org/donate or select the option when registering.

## **College & Test Prep**



#### **ACT/SAT Practice Tests**

Our low-stakes, simulated Test Day environment fosters familiarity and confidence, helping students to be better prepared for their admissions testing. Students taking the adaptive test will gain familiarity with the structure and content of the new SAT, and our detailed score reports will help guide students in deciding whether the SAT or ACT is the best fit for their academic goals. Tests are administered with standard timing. Any students who qualify for accommodations, including extended time, should contact Open Door Education directly to discuss options for a practice test.

#### **ACT Practice Test**

• Sa	Jan 10	9 am-12:30 pm	AB Adr	nin Bldg	\$3
• Sa	Jan 24	9 am-12:30 pm	CCHS	\$30	
• Sa	Mar 21	9 am-12:30 pm	CCHS	\$30	

#### **SAT Practice Test**

Prepare for success on the digital SAT! Students should plan to bring a fully-charged laptop and a charger. If you do not have a laptop, one will be provided.

•	Sa	Jan 3	9-11:30 am	AB Admi	n Bldg	\$30
•	Sa	Feb 21	9-11:30 am	CCHS	\$30	

# The SAT, The ACT, and YOU: Everything You Need to Know About College Admissions Testing

The landscape of college admissions testing continues to evolve, and many parents and students are understandably uncertain about what these changes mean for them. We will identify and unpack the major issues relating to testing so that you can help develop a smart, effective, and informed plan for your student. You will gain an understanding of the differences between the SAT and ACT, the keys to building a testing timeline, the changing role of tests in college admissions, and the essential components of impactful preparation. Reduce stress by developing a strategic plan for your student's bright future!

• Tu   Jan 13   7-8 pm   Online   \$15	
• We   Mar 4   7-8 pm   Online   \$15	



Planning ahead?
Spring dates are online now for test prep classes!

## Sign up for both & save! \$875 for both Bootcamps

#### **SAT Bootcamp: Reading/Writing**

The Reading and Writing section tests your ability to comprehend challenging texts, your knowledge of the rules of English grammar, and your ability to construct well-crafted arguments. Learn smart, intuitive strategies that help improve your accuracy while managing your time effectively. We will cover the full scope of question types in the Reading section and review all of the grammar rules that you need to know for test day.

Tu, We, Th | Feb 17-19 | 10 am-12 pm | Online | \$475

#### **SAT Bootcamp: Math**

The Math section covers a wide range of content and you need to be prepared to answer questions from across the full spectrum of math you have learned. We will review the core content that you need to know, learn dynamic strategies that help you answer even the most difficult questions, and develop the ability to recognize common patterns in how the SAT attempts to create difficulty so that you are well-prepared for test day.

Tu, We, Th | Feb 17-19 | 1-3 pm | Online | \$475

All students will receive Open Door Education's guide to the Reading/Writing and/or Math sections of the SAT, as well as one free practice test.

# Mock Admissions: An Inside Look at the Admissions Process

How do college admissions really work? What makes an application stand out? Join Open Door Education and Campus Bound for an inside look at the admissions process. Industry experts will review sample applications, giving you a behind-the-scenes look at how admissions officers evaluate candidates and make decisions. Don't miss this chance to gain valuable insights into the process!

Tu | Mar 3 | 7-8 pm | Online | No charge

# How a Gap Year Can Pave the Way to an Intentional Future

Thinking about a gap year? The right plan can help students build independence, gain clarity, and enter college with confidence. Julia Rogers, internationally recognized gap year expert and former president of the Gap Year Association and Margaret Szegvari, career educator and consultant will help you understand gap year opportunities, college deferment and reapplication, financing strategies, and how to design a meaningful experience. Whether you're deep in planning or just getting started, we will give you the insights to make the best choice for your family.

Tu | Mar 31 | 7-8 pm | Online | No charge

## Computers & Digital Life

#### **Canva for Beginners**

#### Nickie Welsh, Simply Social Club

Unlock a world of creative possibilities with Canva, the ideal digital tool for beginners and novices! Learn to harness the power of Canva, the easiest design website available, all for free. You'll learn to create stunning designs from scratch or use templates with step-by-step guidance for any digital image you need. Whether it's online documents, business cards, email signatures, or more, you'll leave this class with the confidence and skills to use Canva effectively and creatively.

Tu | Jan 20 | 1-2 pm | Online | \$35

## Unlocking the Power of ChatGPT for Marketing Success

#### Nickie Welsh, Simply Social Club

This is for marketers who are familiar with ChatGPT and want to learn how to effectively leverage its capabilities for marketing success. Discover the potential of ChatGPT and gain hands-on experience crafting effective prompts to generate compelling marketing content. We'll cover key prompting techniques and explore real-world examples across various marketing applications. Leave with actionable strategies and a toolkit of prompts you can immediately implement to enhance your marketing efforts.

Tu | Feb 24 | 1-2 pm | Online | \$35

## Canva Power Hour: Advanced Tricks that Save You Time!

#### Nickie Welsh, Simply Social Club

Take your Canva skills to the next level with advanced techniques and hidden features that will streamline your design workflow. If you are already familiar with Canva basics and want to discover time-saving shortcuts, professional design hacks, and tools that make creating stunning graphics effortless, this is perfect for you! Leave with insider tips that will transform how you approach design projects and cut your creation time in half.

Tu | Mar 3 | 1-2 pm | Online | \$35

#### **Practical ChatGPT Training for Everyone**

#### Nickie Welsh, Simply Social Club

Have you been curious about what ChatGPT is exactly and how it can be used? Learn everything you need to know about ChatGPT powered by Artificial Intelligence. Understand how it works and why it's taking the world by storm. Explore practical everyday uses for ChatGPT in both the workforce and at home, ensuring you stay in the loop when ChatGPT is mentioned in conversations and on the news. Don't get left behind in today's tech-savvy world - attend this essential training today!

• Tu | Jan 13 | 1-2 pm | Online | \$35 • Tu | Mar 17 | 1-2 pm | Online | \$35



#### File Management on the Mac

#### **Howard Loewinger**

Is the home screen on your Mac covered in so many file folders you don't know where to look first? Would you like a better system for keeping your files organized and easier to find? We will examine the many different kinds of files and where they are stored. We will differentiate between files stored locally on the Mac hard drive and files in "the cloud," and what control you have as to where files are stored. We will talk about how to move files to a different location, the pros and cons of cloud storage versus local storage, and strategies for dealing with a Mac that is running out of storage space. You will leave more organized and knowledgeable.

Tu | Feb 3 | 7-9 pm | Online | \$35

#### Participate when you want

Log in when it's convenient for you! The online classroom is open 24 hours a day, 7 days a week. There are no live real-time requirements or meetings.

#### **Advanced Excel Functions**

Take your Excel skills to the next level. Go beyond what others know, equipping you with advanced functions to efficiently analyze and manipulate data. Explore the advantages of these functions in various contexts, enhancing your productivity and data insights.

Feb 2-27 | Online | \$195

### Introduction to Tableau

Uncover Tableau's benefits, including its intuitive, drag-and-drop interface for fast, interactive data visualization and dashboard creation, even for non-technical users. It provides powerful self-service analytics, enabling users to explore data and gain insights independently to improve decision-making across an organization. Come away with the fundamental skills for analyzing your data in Tableau.

Feb 2-27 | Online | \$195

#### **Podcasting**

Businesses are turning to podcasting to grow their brand and connect with customers. Podcasting is experiencing a rebirth as mobile devices are everywhere. The intimate nature of the audio medium allows potential clients to get to know who you are and determine if you are the kind of company with which they want to do business. Learn how to take your business or hobby and turn it into a podcast. This step-by-step class will take you from start to finish and cover the required elements needed to get your show online.

Feb 2-27 | Online | \$195

## **Creative Arts**

#### **Digital Photography I**

#### Fran Blaschke

Are you disappointed by the images you get with your fancy digital SLR or MIRRORLESS camera? Are you intimidated by the innumerable buttons, dials and menus on your camera? This workshop can help! We will demystify your digital camera, giving you a strong foundation in understanding and using the basic functions. Proper exposure (aperture, shutter speed, ISO), histogram, white balance, camera shooting modes and focusing modes, lenses, digital file types, file resolution and other fundamental digital camera controls will be covered. Through weekly lectures, demonstrations and assignments, you will gain essential photographic knowledge and develop a comfort with your camera, helping you to make better images and get the most out of your modern digital camera. You must have a digital SLR or MIRRORLESS camera with adjustable exposure settings and the owner's manual for your camera. No class 2/19.

8 Th | Jan 22-Mar 19 | 6-8:30 pm | CCHS | \$179

#### **Digital Photography II**

#### Fran Blaschke

We will build on the foundation from Digital Photography I as we start by reviewing the basics and then moving on to more fundamentals. You will continue to develop your photography skills as you become more comfortable with the functions of your digital cameras. In addition to learning new technical skills – including additional camera functions and an introduction to the use of flash - we will address the visual elements of making images, helping you elevate your skills from taking snapshots to making photographs. Discussions include: identifying and isolating the subject, elements of composition, and effective use of color in your photographs. Weekly critique sessions address technical and aesthetic considerations as you are challenged to make conscious decisions as you use your cameras. Interactive classroom sessions as well as shooting and imaging assignments will provide a deeper understanding of the tools and techniques available to them within digital photography. No class 2/18.

8 We | Jan 21-Mar 18 | 6-8:30 pm | CCHS | \$179



Scholarships are available for CCACE programs

Apply online at concordcarlisleace.org/scholarships/



#### **Knit a Jumbo Chunky Throw Blanket**

#### Joy Spadafora

Get ready to cozy up this winter with a handmade jumbo chunky throw blanket—perfect for draping over your lap or snuggling under on chilly nights. In this fun, hands-on workshop, you'll design and knit a soft and stylish throw using only your hands—no needles or prior knitting experience needed! Discover the calming rhythm of this technique as you relax, unwind, and create something warm, beautiful, and functional to enjoy all Winter long. Please purchase the materials needed ahead of time and bring them with you. See online description for a list of suggested resources & yarns. \*NOTE: One skein of Bernat Blanket Big yarn (32 yds) makes a 27" x 27" lap-sized piece. 4-5 skeins makes a blanket measuring 4 x 5 feet. If you want to make a larger blanket, please purchase more yarn.

Th | Jan 29 | 6:30-9 pm | CCHS | \$59



#### **Book Binding 101**

#### **Bridget Sonnier-Hillis**

Make and bind your own beautiful journals. Learn two types of binding techniques, choose your own beautiful papers for covers, and go home with journals to write in, use as an art journal, junk journal, or gift to someone special. All materials will be provided - feel free to bring your own special, beautiful paper if you'd like to use it for covers.

Sa | Mar 21 | 10:30 am-12:30 pm | CCHS | \$45

## **Creative Arts**

#### **Watercolor Wonders:**

#### A Journey Through Nature's Palette

#### Kristen Callahan

Dive into the vibrant world of watercolor painting in our exciting class. Perfect for beginners and seasoned artists alike, Kristen will guide you through painting stunning florals, captivating still lifes, and breathtaking landscapes while mastering techniques like wet-on-wet and wet-on-dry. Enjoy hands-on practice and a supportive atmosphere as you blend colors, create textures, and unleash your creativity. Join us for an inspiring journey that will bring your artistic vision to life.

6 We | Feb 25-Apr 1 | 7-9 pm | CCHS | \$225



#### **Postcard Adventures**

#### Kristen Callahan

Take your brush on a mini adventure! Create up to three postcard-sized watercolor scenes: little snapshots of magical places, dreamy skies, or playful designs. Send them, share them, or keep them as tiny treasures. We will make and take 3 postcards.

We | Feb 4 | 7-8:30 pm | CCHS | \$39

#### **Rolling with Watercolor**

#### Kristen Callahan

Unwind and have fun in this mindful watercolor class! Using marbles, vibrant colors, and soothing music, you'll create playful patterns and explore movement on paper. This relaxing, hands-on experience is all about enjoying the process, letting go, and discovering your creativity.

Th | Mar 26 | 7-8:30 pm | CCHS | \$39



# Don't wait! Sign up NOW for the class you want!

We decide if a class is running a week before its start date and your registration can make the difference.

Some classes fill quickly. f there is a wait list, there's no fee to join the list and we often have enrollment changes or add more sections.







# Pysanky & Krapanky Eggs: A mix of traditional and polka-dot (krapanky) methods

#### Alona Popova

Learn two beloved Ukrainian egg-decorating techniques: the Traditional Pysanky method and the playful Krapanky (Polka Dot) style. We'll begin with the world of Krapanky, using special tools to apply wax dots and patterns—simple yet beautiful. Then we'll shift into the traditional wax-resist method, using a kistka (stylus), melted beeswax, and a rainbow of dyes to create symbolic folk designs. Perfect for both beginners and returning Pysanky makers, you'll go home with two finished eggs and a deeper appreciation for this meaningful folk art. All materials are provided. Children ages 5+ are welcome to attend when an adult also registers with them. A \$15 materials fee is due to Alona at class.

Th | Jan 15 | 6-9 pm | CCHS | \$39

#### Pysanky Together: A Valentine's Day Special

#### Alona Popova

Come with a friend, partner, parent, or family member and spend quality time together exploring the ancient Ukrainian art of Pysanky. You'll learn the traditional wax-resist method using real chicken eggs, beeswax, a kistka (stylus), candle, and colorful dyes — while discovering the history and symbolism behind this centuries-old folk art. You and your partner will create matching or complementary Pysanky, using shared colors or motifs while keeping each egg unique and personal. It's a meaningful, hands-on experience that blends tradition, creativity, and togetherness, leaving you with beautiful keepsakes and lasting memories. A \$15 materials fee is due to Alona at class.

Th | Feb 12 | 6-9 pm | CCHS | \$39

#### Pysanky: Combine Traditional and Drop-Pull Methods Alona Popova

Explore two distinct methods of Pysanky artistry: the Traditional wax-resist method and the Drop-Pull technique. We will begin by learning the Traditional method, using a "kist-ka," beeswax, and vibrant dyes to create traditional designs. Then, we'll explore the Drop-Pull method (Lemko-style), where molten wax is applied using a pin-head and pulled to form elegant patterns. Perfect for beginners and seasoned Pysanky enthusiasts alike. A \$15 materials fee is due to Alona at class.

Th | Mar 19 | 6-9 pm | ABHS | \$39

concordcarlisleace.org | 978-318-1432

## **Driver Education**

Driver education promotes and teaches safe driving attitudes, develops defensive driving skills, and respect for the rules of the road. It prepares students for the RMV license exam and it strives to prevent or reduce accidents and fatalities that involve young drivers.

#### **Driver Education age requirements**

- 15 years, 9 months: The minimum age you must be on *the first day* of class per RMV regulations
- 16 years: You are now eligible to obtain a Learner's Permit and drive with an adult
- 16 1/2 years: If you have had your permit for 6 months AND completed Driver Education, you are eligible to take your road test
- 18 years: You are now eligible to take your road test without a Driver Education Certificate

#### **Steps to complete Driver Education:**

1

#### **Parent Class:**

\$35 If your child is attending another Driver Education program

We will cover your responsibilities, your child's responsibilities, and review our program's policies. Hear tips and hints on how to teach a new driver and review laws that have changed in the last 10-20 years. While we welcome both parents to attend, only one parent is required to complete the class. You must attend the RMV-mandated class *before* your child is allowed to begin driving lessons with an instructor.

- Mo | Jan 12 | 7-9 pm | Online
- We | Mar 11 | 7-9 pm | Online
- Tu | Feb 10 | 7-9 pm | Online
- Th | Apr 9 | 7-9 pm | Online

#### Classroom:

30 classroom hours divided into 15 2- hour modules

You do not need your permit to start class, but you must be 15 years, 9 months
All classes are in-person at CCHS

#### **Saturday classes:**

• Sa | Mar 14-Apr 11 | 9 am-3:30 pm

#### **School vacation weeks:**

- Tu-Sa | Feb 17-21 | 9 am-3:30 pm
- Tu-Sa | Apr 21-25 | 9 am-3:30 pm

#### Afterschool class:

• Mo thru Fr | Feb 23-Mar 12 | 2:45-4:45 pm



Athletes!

omplete all modules between sports seasons.

Please note: You must attend Module 1 (first 2 hours) or transfer to another class.

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#### **Driving Lessons:**

#### 12 hours of lessons, 6 hours of observation

Send us a photo of your permit once you get it so we can activate your account to schedule driving time. Lessons are offered after school, weekends and during school vacations.



You must complete 12 hours of behind-the-wheel lessons and 6 hours of observation, in addition to a minimum of 40 hours of practice at home.

Total fee: \$895

Scholarships are available for Driver Education! See page 21 for more details.

Apply online: concordcarlisleace.org/scholarships/

## **Explore & Play**

#### A Rookie's Guide to Football Fandom

#### Jean McCormick

Don't get sacked at the Superbowl Party,...kick off your knowledge of the game so that you can begin enjoying what everyone else is so excited about. You will learn enough of football basics and rules to be able to follow along. Jean will also provide some newsy tidbits about what is going on this season, and some behind the scenes insights including who is favored to win and why. If time allows, you will even learn a bit about betting on games.

Ŧ	h	Jan 15	7-8:30 pm	l Online	l \$35

#### Mah Jongg: A Beginner's Guide

#### Michele Bouchard & Laurie Probstein

There's a reason your grandmother loved this game, and you will too. Mah Jongg is a strategic tile-based game that uses "suits" like rummy. It's complicated and addictive, so learn the rules, play once, and you'll want to play again and again. Join us to learn its basic moves and the strategies you need to win. Note: Please bring a current Mah Jongg standard or large size card. Order from "The Store" link at nationalmahjong-gleague.org. *Michele's class: No class 2/17. Laurie's classes: No class 2/19, 3/5, 3/12.* 

• Michele: 5 Tu   Jan 27-Mar 3   4-6 pm   CCHS   \$145
• Laurie: 6 Th   Jan 29-Mar 26   4-6 pm   CCHS   \$175
• Laurie: 6 Th   Jan 29-Mar 26   6-8 pm   CCHS   \$175

#### Mah Jongg Drop In

#### **Laurie Probstein**

If you already know how to play but are looking to meet new friends and expand your circle, join us! We have space for you to play and meet new friends and Laurie is there to help with questions along the way. Don't forget to bring along your sets and 2025 card if you have them available. *Laurie's classes: No class 2/19, 3/5, 3/12*.

• 6 Th   Jan 29-Mar 26   4-6 pm   CCHS   \$75
• 6 Th   Jan 29-Mar 26   6-8 pm   CCHS   \$75

#### **America's Boating**

#### U.S. Coast Guard Auxillary Flotilla 502

This introductory course is for both sail and power boaters and includes instruction on safety afloat, legal responsibilities, aids to navigation, rules of the road, charts and compass, engines, knots, weather, boat handling, radio procedures, and navigation electronics. Completion certificate helps reduce boat insurance fees. Families are welcome. Course materials are \$60 and are paid directly to the USCG in class. Materials include the text, chart, test & certificate. *No class* 4/22 or 4/29.

12 We	Feb 25-May 27	7-9 pm	CCHS	\$75
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#### **Coastal Piloting (Weekend Navigator)**

#### U.S. Coast Guard Auxillary Flotilla 502

Coastal Piloting, or the Weekend Navigation Seminar, is advanced instruction for those who have already completed a basic boating course. It covers aids to navigation, the earth and its coordinates, Mercator projection, piloting, correcting compass errors, dead reckoning, tides and currents, radio navigation and more. Course materials are \$75 and are paid directly to the USCG in class for the text (USB), two charts, paraline plotter, dividers, test & certificate. *No class 4/22 or 4/29.* 

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#### **Gropius House & Design Tour**

#### **Museum Staff**

Renowned architect Walter Gropius, founder of the influential German Bauhaus design school, designed and built his home in Lincoln, MA in 1938. The Gropius House contains the largest collection of original Bauhaus furnishings outside of Germany, along with a remarkable array of artwork and design pieces by his notable friends, including Marcel Breuer, Joan Miró, Toko Shinoda, Sori Yanagi, Eero Saarinen, and Henry Moore. Step inside a space that not only highlights Gropius' personal design philosophy but also celebrates the spirit of innovation that defined the Bauhaus movement.

Sa | Feb 7 | 10-11 am | Gropius House | \$29

# Travel Adventures in 2026!

Samantha Trips grew out of Samantha's desire to bring people together and craft travel adventures with personal attention, thoughtful service, and a rich community experience. Founded in June 2022, Samantha Trips have been hotly in demand and expanded rapidly!

- Portugal: Culture, Cuisine & Coastlines: Feb 21 Mar 1 with optional Azores extension (Join the waitlist)
- Hidden Gems of Scandinavia: A Norway & Denmark Adventure: Aug 10 20
- Iceland 2.0: Pufflings & the Western Reaches: Aug 25 Sep 4
- Iceland: A Northern Lights & Ring Road Tour: Oct 1 9
- Spirit of Sicily: Sea, Soul, & Sun: 2nd Half Of Oct

For details, visit samanthatrips.com or email samantha@samanthatrips.com.



# **Every Seed? Clarifying** Concerns & **Controversies about DEI & Education** February 5, & 26, and March 11 6:30 PM - 8:00 PM Concord-Carlisle High School (Library) Speaker: Dr. Carlos Hoyt Purchase a copy of Dr. Hoyt's book Diversity Without Divisiveness, available on utledge. Use code 26AFLY1 for 20% off. **Co-Sponsors** Concord Carlisle

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All the Letters: Understanding LGBTQIA+ **Identities &** Experiences in 2025

Speaker: Robyn Ochs

Tuesday, March 31, 2026 6:15 PM -- 7:45 PM **Concord Main Library Goodwin Forum** 

# Co-Sponsors













## Fitness & Wellness

#### **Concord Winter Walks**

#### Liz Fuller

Get out and enjoy the peace and tranquility of the winter landscape with these trail walks in the Concord/Carlisle area. Designed to get you moving while enjoying the scenery, each walk will be 2 - 2.5 miles, slightly slower than our fitness hikes. Micro Spikes are required for when the trails are slick with ice or packed snow. Hiking poles are recommended. We will not be snowshoeing in this class. Come for the camaraderie of exploring the outdoors with like-minded people.

•	5 Tu	Jan 13-Feb 10   9:30-11 am   \$85	_
•	5 Tu	Mar 3-31   9:30-11 am   \$85	

#### **Winter Fitness**

#### Stefanie Cloutier & Liz Fuller

Brave the elements and take your exercise outside! If there's snow, we'll snowshoe; if not, we'll put on our micro spikes and explore the winter trails. Prepare to get your heart rate up and your muscles warm while enjoying the winter wonderland. Dress for the elements with sturdy footwear and walking poles highly recommended. Each week will feature a new location in and around Concord. Directions to the meeting point will be sent out each week.

• Stefanie: 3 We   Jan 7-21   9:30-11:30 am   \$65	
• Liz: 5 Th   Jan 19-Mar 5   9:30-11:30 am   \$95	
• Stefanie: 5 We   Feb 25-Mar 25   9:30-11:30 am   \$9	95
• Liz: 5 Th   Mar 19-Apr 16   9:30-11:30 am   \$95	

#### **Introduction to Self Defense**

#### Impact Boston

IMPACT self-defense workshops simulate scenarios of threat, intimidation and violence perpetrated by strangers and people we know. Classes are taught by a team of two instructors: one teaches self-defense skills, the other takes on the role of an aggressor. Our instructor wears a full suit of protective body armor so you can safely practice the skills you learn. People learn to swim by getting in the water. Self-defense is similar-the best way to learn is to get up and practice. Physical self-defense is always a last resort: Students also learn verbal skills to de-escalate conflict and to stay calm and respond effectively to harassment. IMPACT's approach to self-defense is traumainformed, social-justice-oriented and designed to teach practical safety skills in a way that challenges victim-blame.

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Th	Jan 22	4-6 pm	CCHS	\$75

## **Grandparent/Caregiver: Pediatric First Aid & CPR**

#### Juanita Allen Kingslev

If you're caring for an infant or child, you need to know how to respond in case of a first-aid emergency. You'll learn to handle injuries and manage illness for the first few minutes until help arrives. We'll cover first aid basics: medical, injury. and environmental emergencies; and CPR for all ages. You'll learn about allergies and epipens too. Upon completion of the course, you'll receive certification in Pediatric First Aid and CPR for all ages. Open to Grand/parents and caregivers of any age. Please bring a mat or towel for kneeling.

We | Mar 25 | 10 am-12:30 pm | Keyes Rd Conf Room | \$115



#### Adult Dodgeball (Open Play)

Dodge. Duck. Dip. Dive. Dodge. Whether you're a seasoned dodger or just looking to try something new, join us for our brand new Adult Open Play Dodgeball Program for your weekly dose of fun! Rachel will lead you through some classic and new dodgeball games that will bring out your competitive spirit while keeping things lighthearted and social. Grab your sneakers, rally your friends, and let's play dodgeball! This program is designed for all skill levels. Teams will be made weekly if the game requires it. Not ready to commit to the full nine weeks? \*Drop-in when you can and pay \$2 (cash)

9Th | Jan 15-Mar 19 | 7:30-9 pm | John Glen MS, Bedford | \$10



Consider giving to our scholarship fund.

Each year, CCACE awards more than \$15,000 in scholarships to community members for CCACE programs.

Visit concordcarlisleace.org/donate or select the option when registering.

Apply online at concordcarlisleace.org/scholarships/

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## **Food & Drink**

#### **Charcuterie Workshop**

#### **Robyn Daigle, Boards for Days**

Charcuterie boards are a popular display choice for entertaining, special occasions and holidays; they are artistic, interactive and customizable. Join Boards for Days founder Robyn Daigle for a hands-on, one-hour class where you'll learn to craft a stunning charcuterie board from start to finish. Say goodbye to grocery store guesswork—you'll leave with the tips, tricks, and confidence to build your own showstopping spread.

- Learn expert styling and cutting techniques
- Explore fruits, cheeses, meats, nuts, chocolates & more
- Take home your own beautifully packed board
- All materials included: food, knives, boards—just bring your appetite and imagination!

Th | Jan 8 | 6:30-8 pm | AB Boardwalk Campus | \$85

#### **Vietnamese Street Food**

#### **Ploy Khunisorn**

Embrace the light and delicate flavors of Vietnamese cuisine known for fresh herbs, vegetables, and dipping sauce. In this fun cooking class, we'll make Vietnamese fresh rolls with a dipping sauce and Vietnamese noodle soup (pho) with chicken. Food fees are included.

Tu | Feb 10 | 6:30-9 pm | Bedford Rec | \$85

#### **Hand-Pulled Noodles**

#### **Ploy Khunisorn**

Hand-pulled noodles are so much fun and they are much easier to make than you would think. We will learn 2 different techniques to pull noodles. We will make 2 types of hand-pulled noodles: Biang Biang and Lamian noodles. We'll turn Biang Biang noodles into a noodle salad with chili sauce. We'll turn Lamian noodles into miso noodle soup. Food fees are included.

Tu | Jan 22 | 6:30-9 pm | Bedford Rec | \$85

#### **Maple Sugaring Brunch**

#### **Codman Community Farms**

Come to Codman Farm to learn about the full Maple Sugaring process - We will discuss tree identification, the qualities of sap and syrup (tasting included of course!) and even collect our own sap and make our way into the Sugar Shack for a boil! You will enjoy a delicious meal made by Codman Chef Tillie - warm pancakes with maple syrup, crispy maple bacon. coffee and hot cider. This is a family friendly event and will run rain or shine so dress appropriately. (All family members must register separately.) Fee is \$30 for children 12 and under - enter discount code MAPLE.CHILD when registering.

Sa | Mar 14 | 9:30-11:30 am | Codman Community Farms | \$45

## **History & Culture**

#### **Emergency Presidential Power: Historical Context and Current Issues**

#### **Chris Edelson**

We will try to understand current issues involving emergency presidential power. We will explore the constitutional and statutory framework for emergency presidential power in the U.S. as well as some historical uses of emergency power, including during the Civil War, World War II, the Cold War, and the post 9/11 era. We will then discuss how emergency presidential power has been used during the first and second Trump administrations, including in response to the Black Lives Matter protests in 2020 and in the context of domestic deployment of the military in 2025. We will consider what it means when legal limits on emergency power are challenged or eroded and what this may mean for the future.

6 Th | Jan 29-Mar 12 | 5-6:15 pm | CCHS | \$125

## The Weird and Wonderful World of Wikipedia

**Michael Rodriguez** 

Wikipedia ("the free encyclopedia that anyone can edit") features 7 million articles in English. It gets more visitors than Tik-Tok, Amazon, or Netflix do. It is totally free to read and reuse, hosted by a nonprofit, and powered by millions of grassroots donors and volunteers worldwide. How did this online encyclopedia become the largest, the most innovative, and surely the strangest information resource in history? Who runs it? What are its rules? Is it trustworthy? How does it influence politics and culture? What problems does Wikipedia face, and how can we improve it? Learn all about this weird and wonderful encyclopedia and how you can contribute to it.

Mo | Feb 2 | 6-7:30 pm | CCHS | \$35

#### Thoreau's Natural History Essays

#### Richard Higgins

We will explore Thoreau's delightful natural history essays, which are more direct and accessible than Walden or Civil Disobedience and a great introduction to Thoreau's literary genius, humor, love of nature and his core beliefs. We will read selections in class and discuss five essays, "Natural History of Massachusetts." "A Winter Walk." "Walking." "Autumnal Tints" and "Wild Apples." In them Thoreau puts the history back in natural history: rather than purely scientific descriptions of the natural world, they show how it teaches. affects and inspires us. You do not need any prior knowledge of Thoreau.

5 Mo | Feb 23-Mar 23 | 6:30-8 pm | Thoreau Farm | \$85



#### Meet our instructors!

View bios and photos on our website: concordcarlisleace.org/instructor-bios

## **History & Culture**

#### **Concord Town History & Guide Training**

#### Victor Curran

Meet the men and women who made Concord the birthplace of American independence and imagination. Learn their stories, see the places where they made their mark, and see objects they used and documents they wrote. If you want to get to know these remarkable people, and the town that Thoreau called "most estimable place in all the world." this course is right for you. If you'd like to share Concord's stories with visitors as a licensed tour guide, this course will prepare you with a wealth of information as well as techniques for interpreting cultural history to provide an engaging visitor experience.

#### Topics will include:

- How Musketaquid became Concord: The region's first peoples and the coming of the English (1700 and before)
- The Colonists' world, and the emerging conflict with England (1700-1774)
- Revolution in our backyard (1775)
- America finds its voice in Concord (1770s-1830s)
- Radical ideas, radical acts: Transcendentalism, antislavery, and Civil War (1840s-1860s)
- Preserving the land and its stories (1860s-present)
- Interpretation techniques

We will meet for seven classes, go on a site visit to Special Collections at the Concord Free Public Library, and one complimentary admission to historic sites and museums. Students applying for the Town Tour Guide license must pass an exam on Concord history, prepare and present a sample tour. 7 Mo | Feb 23-Apr 6 | 7-9:30 pm | CCHS | \$225

# Jeff Driscoll

D-Day: June 6, 1944

On June 6, 1944, the battle to free western Europe from Nazi tyranny began. It would be, as U.S. General Dwight D. Eisenhower told all of those involved, the beginning of the "Great Crusade," and would succeed in cracking open the German "Westwall", eventually leading to final victory in Europe in May 1945. Having given many talks and taught several classes on D-Day, as well as having led four trips to Europe to see the sites connected with June 6, 1944. Jeff will consider the many challenges facing the Allies as they planned for this massive undertaking. Join Jeff as he looks at the airborne operations, the difficulties posed by the landings themselves, focusing especially on Omaha Beach, and concludes with the aftermath and results of that day.

6 We | Feb 4-Mar 18 | 6-8 pm | CCHS | \$155

#### Character and Self: Thoughts from Emerson, Shakespeare, and Other Poets and Writers

#### Ron McAdow

This course is based on Ron's forthcoming book which compiles the wisdom of Ralph Waldo Emerson and other writers including Shakespeare, Margaret Fuller and Walt Whitman. In their words, and Ron's, the meaning and demands of good character are explored, creating a rich and entertaining view of the ideals and balances that support personal development. We will discuss one of the five chapters in the book each week: Aspirations, Circumstances, Relationships, Feelings, and Resources. An electronic edition of Character and Self will be provided; paper copies may be purchased.

Th & Mo | Mar 12-26 | CCHS | \$125

#### **Meet the Instructor**



Victor Curran writes and leads walking tours of Concord's revolutionary, literary, and antislavery sites, historic cemeteries, and West Concord for the Concord Visitor Center and the Concord Museum, and he is a contributing writer

for Discover Concord Magazine. He is an interpreter at the Concord Museum and The Old Manse, sharing the stories of these places and their historic contents with adult visitors and student groups. He is a past president of the Friends of the Concord Free Public Library.

## **Home & Garden**



#### Seed Starting: How to Grow Your Own Seedlings Kate Despres

Grow your own healthy vegetable, flower, and herb plants from seed! Starting your own seeds allows you to choose your own specific plant varieties, plus it is a great way to bypass those late-winter blues! We have a variety of tips and tricks as well to share after almost 20 years of seed starting. Learn about seed sourcing, grow area set-up, timing of starting seedlings, what soil to use, how often to water, and how to safely harden off seedlings for their move outside.

Sa | Mar 7 | 9:30-11 am | Daisy Hill Farm | \$39

#### Design and Plan Your Vegetable Garden: Grow more food in the space you have

#### **Kate Despres**

16

Have you ever planted little seedlings in the spring a few inches apart only to find that mid-summer your garden is a crowded jungle? Do you know how many square feet each tomato/bean/cucumber/basil plant needs to thrive? Did you know that leafy greens can be planted in the shade of vertically grown squash? Believe it or not, sometimes planting less will help produce more -- and figuring out where to grow your veggies, flowers and herbs before digging can be super rewarding, especially after a long winter inside. Utilize these tips and more to design and plan your garden by creating your own planting map to fit the needs of you and your family in the space that you have. Learn to make a crop map by using a few steps. After making a ranked list of what you want to grow, plan out when and where to plant your top priority crops using a map of your own growing space. Leave the class with a packet of references and tips to help you continue mapping in the future. Sa | Mar 21 | 1-2:30 pm | Online | \$39

Would you like to teach for CCACE or do you have an idea for a new class?
We are always looking for new ideas and enthusiastic teachers who are eager to share their expertise with us!

Contact us!

## **Invest & Plan**

#### **Planning for an Uncertain Future**

#### **Margaret Hoag**

Statistics show that more than 50% of people over 65 will need long term care at some point. Whether you are planning ahead or are in the middle of a health care crisis, this workshop led by an attorney will give you the tips you need to navigate the legal side of long term care. Learn which estate planning documents to consider; the different options for care and how to pay; and guardianship/conservatorship. Don't be caught off guard — come get valuable resources for navigating through a difficult time. This seminar does not include a discussion of insurance products.

We | Mar 4 | 7-8:30 pm | Online | \$45

#### **Demystifying Social Security**

#### **Daniel Williams**

Deciding how and when to claim Social Security is one of the most critical financial decisions a person will make in his or her lifetime. By not understanding the many complex rules surrounding Social Security, you could leave thousands of dollars on the table. Some of the topics covered include:

- When should I file for benefits?
- What are the advantages and disadvantages of filing at age 62 or deferring to age 70?
- How does the November 2015 change in the rules affect me?
- How can I make sure I am taking advantage of available spousal, survivor or divorced benefits?
- How much of my Social Security will be subject to income tax?
- What potential changes are in store for Social Security and how might they affect my claiming decision?

We | Jan 28 | 7-9 pm | Online | \$35

#### **Understanding Medicare**

#### **Daniel Williams**

If you are close to age 65 or already on Medicare, this class is for you! The class is designed to fully enlighten you on how Medicare works and the different health care choices available to those age 65+. Some of the topics covered include:

- How are parts A, B, C and D integrated?
- What is Medicare Advantage?
- What are the pros & cons of HMO's, PPO's, & Medigap plans?
- Should I take Medicare if I am still employed?
- How do I avoid late sign up penalties?
- Does any part of Medicare cover long-term care expenses?

We | Feb 25 | 7-9 pm | Online | \$35

## Instrumental Music School of Carlisle & Concord

IMSCC Lessons are open to students of all ages, including adults!
Private lessons are one-on-one (one student with a teacher).
Small group lessons for 3-5 students are available for first and second year players.
We offer two 16-week semesters, Fall & Winter-Spring.
Our Summer semester offers a more flexible schedule.

Get started today!

#### **Registration & Information:**

\$40.00 per 30-minute lesson (\$640 per 16-lesson semester) \$58.00 per 45-minute lesson (\$928 per 16-lesson semester) \$76.00 per 60-minute lesson (\$1216 per 16-lesson semester) There is a registration fee of \$20 per semester for the Fall and Winter-Spring sessions.

Tuition for the full semester is due prior to the first lesson.

#### **Small Group Lessons:**

We offer after-school, same-instrument, small-group lessons for our 4th- and 5th-grade musicians, which complement the Concord in-school instrumental ensemble programs. Details on page 22.

Payment plans are available on request and we also offer scholarship to those in need.

Details are on page 21. Apply online: concordcarlisleace.org/scholarships/

Check online for a full list of instruments we offer and faculty bios!











IMSCC Program Coordinator: Laryssa Doohovskoy Idoohovskoy@concordcarlisle.org concordcarlisleace.org/instrumental-music-school/

For more than four decades, the Instrumental Music School of Carlisle and Concord (IMSCC) has brought the highest level of individual musical instruction to the students of Concord and Carlisle. Whether students are beginning a new instrument or honing skills developed through many years of practice, IMSCC is dedicated to helping young musicians excel. Our teachers work one on one with students to help them develop basic skills, learn repertoire, and prepare for performances. With close ties to school music departments, IMSCC teachers are well equipped to help students prepare for ensemble playing, both in school and beyond. IMSCC graduates have gone on to conservatory programs and professional careers in music.

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## **Invest & Plan**

# The Latest Long Term Care & Asset Protection Daniel Williams

The high cost of long-term care can wipe out a family's life savings in a short period of time. Unfortunately, many families are faced with this situation, finding themselves at the mercy of an under-funded government Medicaid system with limited choices. Recent legislative changes have created many questions surrounding planning techniques:

- How can I protect my home?
- What is the penalty for giving assets away?
- Are my assets protected if I put them in a trust?
- When is long-term care insurance worthwhile to consider?
- What if my loved one is already in a nursing home, can they still protect their assets?

We | Mar 18 | 7-9 pm | Online | \$35

# Planning Ahead for Caregiving: Practical & Emotional Guide

#### Julie Nordstrand

Most caregivers enter their role with little or no planning. Instead, a crisis arises, making the situation extremely challenging and stressful. If you are an adult child who is noticing aging-related physical and/or mental or cognitive deterioration in an older relative, learn a practical step-by-step approach to planning for caregiving. We'll cover key topics to help you evaluate your loved one's situation and when to step in to offer support; what your conversation should consist of and topics to cover; setting up a plan collaboratively; and services and resources for older adults. We will also address ways of managing the emotional challenges that many caregivers experience including what it means to be a caregiver, caregiver stress syndrome, how to manage stress, and services and resources for caregivers.

2 Mo | Mar 9 & 16 | 6:30-8:30 pm | Online | \$75

## **Online Certificate Programs**

**Artificial Intelligence:** Explore what AI can do to reduce costs, gather more and better business data, automate time-consuming tasks, improve efficiency, lower human error, reallocate staff time for higher priority functions, and more.

**Cybersecurity:** Equip yourself with the foundational knowledge and advanced skills needed to safeguard networks, data, and systems from cyber attacks.

**Graphic Design Foundation:** Build the skills to confidently choose the perfect graphic design for any project, creating work that is not only visually stunning but also functionally effective.

The Manager's Guide to HR: Conquer one of the essential competencies for a successful manager, moving up, and contributing to the productivity of your organization.

Find these programs & more at: concordcarlisleace.org/certificate-programs/

## **Self Care**



**Let's Fix Your Dating Profile** 

#### Adi Reske

Dating apps can feel overwhelming—but they don't have to. In this fun, supportive, no-judgment workshop, you'll learn how to create a profile that sounds like you. We'll cover what makes a great photo, how to write an engaging bio, and small tweaks that can make a big difference in attracting genuine connections. You will leave with a custom, ready-to-use profile, photo recommendations, and practical strategies to make dating apps feel less like a chore and more like a fresh start.

2 Mo | Jan 26 & Feb 2 | 6-7:30 pm | Online | \$55

# Create a Career Vision and Jumpstart Your Job Search Kristin Snyder

Are you stuck in a job that's not a good fit, or in between jobs, and not sure what to look for next? Jumpstart your job search, understand the obstacles that can make a search difficult, and start addressing these by walking through a "career vision" exercise. Gain more confidence and clarity about what you want to pursue, and create a written record of your goals and the details of your ideal job that you can refer back to throughout your search. Kristin is an experienced career coach who will facilitate discussion, leading you to reach deeper insights into what you want from a job. Come prepared to think, write, and share some of your thoughts with the group. Leave ready to continue your job search with a fresh perspective.

Mo | Feb 2 | 6:30-8:15 pm | Online | \$25

## Village University



Village University, established in 2003, was inspired by Elliot and Alma Ring, and offers courses for mature learners who are seeking stimulating study and conversation about interesting topics. The courses are taught by academics, scholars, and educational leaders who volunteer to share their knowledge and inspire others. Our volunteer instructors bring the best university-level learning experiences to our community and CCACE is thrilled to be able to offer these programs to our community members.

#### Register by online, by phone or by mail.

Payment for the Village University Programs is voluntary and we welcome everyone. The requested donation is \$75 per person for the first course and \$45 per person for each additional Village University course per semester. We rely on this funding to continue running our programs.

CCACE is self-funded through the programs it offers. Donations received from our programs help us maintain, promote, and provide scholarship opportunities for CCACE.



# Social Identity: The History of the Portrait in Art

#### Nancy Baker

Portraits have a social purpose. Before the camera, portraits were essential to remembering, commemorating, promoting and connecting people within a social

context. Portraits come full length, closeup and everything in between. They feature people individually, in pairs, and in groups. They document political history and let us trace styles and fashions in clothing. Most revealing are self-portraits of the artists who create this enduring form of art.

5 We | Jan 14-Feb 11 | 10-11:30 am | Online

#### **Becoming Jane**

#### **Diane Proctor**

Becoming Jane Austen, in the late 18th Century, required considerable imagination and resilience. And while she remains the preeminent female author of her time, she read the works of other contemporary women writers. We shall begin by reading Jane Austen's Bookshelf, by Rebecca Romney, in which the reader meets some of the female voices that undoubtedly echoed through Austen's mind. This will be followed by a close textual reading of Northanger Abbey, Austen's novel, which makes delightful references to her contemporary authors. Please join in a discussion of Jane Austen's life, some of her lively contemporaries' challenges, and an appreciation of her novelistic parody of the Gothic novel form. No class 2/16.

10 Mo | Feb 2-Apr 13 | 10:30 am -12 pm | Online

# Mastering the Lens: Four Iconic Photographers Larry Brink

Explore the world through the eyes of several master photographers as we delve into four key genres of the medium — landscape, portraiture, street, and abstract photography. Then we'll dig deeper by further examining each category through the work of a distinguished artist. Using the language of photography, we'll analyze techniques, styles and philosophies that have shaped the medium and inspired generations of artists. By focusing on the influential work of Margaret Bourke-White, Annie Leibovitz, Saul Leiter and Wynn Bullock, the course offers a rich understanding of diverse photographic approaches and artistic expression.

6 Th | Feb 26-Apr 2 | 10-11:30 am | Online



#### The Beatles: One Mo' Time

#### **Keith Daniel**

"How can I not return to the greatest rock group one more time in my Village University teaching career?" Yes, Keith has taught the Beatles, as well as the Beatles and the Beach Boys, but this time it will

be a deep dive into each of their albums and a glance at all 213 songs that were released on those records in less than a decade. We will progress, album by album, through their recorded history, with a background glance at their formative years in Hamburg and the Cavern Club. Beatlemania forever!!

10 We | Mar 4-May 13 | 10-11:30 am | Online

## **World Languages**

#### **Arabic: Modern Standard Level I**

#### **Rania Nassar**

Arabic, originating in the 6th century, is now one of the world's most widely spoken and recognized languages. Modern Standard Arabic serves as the formal language of news, media, and literature. This beginner class introduces the 28 Arabic letters and builds foundational reading and writing skills through interactive, practical instruction. You'll also learn everyday vocabulary and simple conversational phrases, including greetings and polite expressions. *No class 2/21*.

9 Tu | Jan 13-Mar 17 | 7:35-9:05 pm | Online | \$215

#### French book for Barry's classes:

View our course description on our website for a link to a free online version of *Contacts* 

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Purchase the book before the first class: *Contacts* edition 8 (978-0618395781) or 9 (978-1133934004)

#### **French for Advanced Beginners**

#### **Barry Bridgelal**

Building upon skills studied in the Beginner class, you will improve your conversational precision by considerably developing vocabulary as well as by learning to use the present and immediate future tenses. Grammatical topics include possessive and demonstrative adjectives, idiomatic verb expressions, comparatives, imperative expressions of time and season. *No class 2/17*.

8 Tu | Jan 6-Mar 3 | 7:45-9:00 pm | Online | \$200

#### French Intermediate I

#### **Barry Bridgelal**

You will acquire vocabulary on a wide range of topics and will gain proficiency in expressing wants, needs and obligations (devoir, vouloir, pouvoir), build on the present tense and start the simple passé composé. Grammatical topics include the definite and partitive articles, prepositions, adverbs, direct object pronouns, present and passé composé. This class will cover leçons 14-19 in *Contacts*.

5 Tu | Mar 17-Apr 14 | 8-9 pm | Online | \$100



**Note regarding our Italian classes** Our venerable instructor, Rita Abela,

has had to take the fall and winter sessions off; she hopes to be back in time for spring. Check back in March for updates.

#### French Lunch Lessons - Déjeuners En Français

#### **Grace Butler**

What better way to revive and maintain your French language skills than over lunch! For the first meeting, we suggest you pack a lunch (un bon sandwich fromage/jambon, par exemple). After that, we will decide together what direction the course will take. Conversational topics might include: cuisine, restaurants, and travel, and could also include cinema, theatre, and literature. Language and grammar points will be discussed as needed or requested. A basic comfort with spoken French is recommended. Ideal for intermediate and advanced level students. *No class 2/19*.

8 Th | Jan 29-Mar 26 | 12-2 pm | Keyes Rd Conf Rm | \$225

#### **German for Beginners & Travelers**

#### Jeff Driscoll

We will pick up from the fall class and welcome beginners or advanced beginners looking to improve your German conversational skills. Seasoned instructor Jeff focuses on a your ability – and confidence - to speak the German language. Through activities and games, we make learning the sometimes challenging German language interesting and fun! *No class 2/17.* 

8 Tu | Jan 27-Mar 24 | 6-8 pm | CCHS | \$275

#### Online 6-Week Classes

**Discover Sign Language:** Learn to master American Sign Language through immersive, silent instructional videos that emphasize proper sign techniques and facial expressions for effective communication.

A to Z Grantwriting: Gain the hands-on experience and knowledge needed to successfully begin the planning process for projects in need of grant funding.

Medical Terminology: A Word Association Approach: Learn medical terminology from an anatomical approach by looking at each root term, its origin, a combined form, and an example of non-medical everyday usage.

**Grammar Refresher:** This course explores the eight parts of speech, punctuation and mechanics, foundational sentence construction, phrases, clauses, problem words, common mistakes, and more with practical, hands-on exercises.

Medical Coding: This course teaches use of the CPT manual and IDC-10-CM which will give you a leg up on others who are new to this career.

**Conversational Japanese:** Prepare for a trip to Japan by learning the basics of conversational Japanese. This course will provide you with useful words and phrases for conversing as you master the essentials of the Japanese language.

Find these programs & more at: ed2go.com/concord/

## **World Languages**

#### **Spanish for Beginners**

#### Diana Garcia-Martinez

Would you like to learn Spanish? Come and enjoy learning a new language in a relaxed and supportive atmosphere. In the Beginning Spanish class, you will be immersed in the language, learn new vocabulary, watch videos, and have conversations with classmates in which you practice your speaking skills. This course is for those with little or no knowledge of Spanish. *No class* 1/19, 2/16, 3/9, 3/16.

8 Mo | Jan 12-Mar 30 | 5:30-7 pm | Online | \$240

#### **Spanish for Advanced Beginners**

#### **Mary Ann Price**

Do you want to build on your beginning conversational skills in Spanish? Do you have a basic knowledge of the language? We will review the conjugation of –ar, –er, and –ir verbs in the present tense and then study irregular verbs and more vocabulary. We will practice simple conversations and learn more of the Spanish language and culture in a relaxed and supportive atmosphere. *No class* 1/19, 2/16.

8 Mo | Jan 12-Mar 16 | 4-5:30 pm | Online | \$240

#### **Spanish Intermediate**

#### **Mary Ann Price**

If you have a solid knowledge of the use of the present tense in Spanish as well as everyday vocabulary, this is the level for you. We will review the present tense before studying reflexive verbs, object pronouns, and the preterite (past) tense. There will be plenty of opportunities for oral practice. Join us to expand your Spanish language skills in a relaxed and supportive atmosphere!

8 Tu | Jan 13-Mar 10 | 4-5:30 pm | Online | \$240

#### **Spanish Books:**

Please purchase the book for your class level. Spanish for Beginners & Advanced Beginners: Pensar y aprender Libro 1 (Curso de español) (ISBN 978-2921445207)

Spanish Intermediate & Advanced:

Pensar y aprender Libro 2 (Curso de español)

(ISBN: 978-2921445160)

#### **Spanish Advanced II**

#### **Mary Ann Price**

You will have the opportunity to review and expand your knowledge of verb tenses, to practice conversational Spanish and to share and discuss current events. *No class 2/17.* 

8 Tu | Jan 13-Mar 10 | 7:30-9 pm | Online | \$240

#### Spanish Advanced III

#### **Mary Ann Price**

You will have the opportunity to further review and expand your knowledge of verb tenses and to practice conversational Spanish. Discuss news articles about current events in Spanish-speaking countries. *No class 2/17.* 

8 Tu | Jan 13-Mar 10 | 6-7:30 pm | Online | \$240

#### **Spanish Conversation I**

#### Diana Garcia-Martinez

Would you like to speak Spanish fluently, already have a knowledge base of advanced grammar and a wide vocabulary base but need to practice and improve? You will prepare presentations of a topic of your interest, current events, etc. The group will listen and discuss the content of the presentation, learn new vocabulary and review grammar points. Join us—you will improve your Spanish, have fun, and enjoy interesting discussions with classmates. *No class 1/19, 2/16, 3/9, 3/16*.

8 Mo | Jan 12-Mar 30 | 7-8 pm | Online | \$160

#### **Scholarships for CCACE Programs**

Each year, CCACE awards more than \$15,000 in scholarships to community members for CCACE programs.

Scholarships for CCACE are made possible in large part by a grant from the Concord Carlisle Foundation. This support, in combination with donations from community members, helps to make lifelong learning a reality for local community members who require some financial assistance.

Apply online at concordcarlisleace.org/scholarship/
Donate at concordcarlisleace.org/donate or select the option when registering for a class.



The Concord Carlisle Foundation is a community-focused organization dedicated to understanding critical needs, making grants to local nonprofits, and providing direct aid to individuals. For more information about the Concord Carlisle Foundation, visit **concordcarlislefoundation.org**.



Hugh Cargill Trust

The Hugh Cargill Trust Committee works in partnership with the CCACE to provide partial Driver Ed scholarships to deserving high school students who are Concord residents. The mission of the Hugh Cargill

Trust is to provide short-term emergency financial assistance to Concord residents. Town residents may request aid by contacting the Committee at: 978-318-3100, ext. 2030. or hctc@concordma.gov.

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## Writing

## Japanese Aesthetics in English-Language Haiku

#### **Brad Bennet**

The haiku, a very concise poem that highlights the extraordinary in the ordinary moments of our lives, originated in Japan over 400 years ago. Japanese aesthetic concepts have influenced haiku writing for centuries. We will start with an introduction to the major elements of haiku, and then examine six Japanese aesthetic concepts and how they continue to inform contemporary English-language haiku. Wabi sabi is the appreciation of beauty in that which is imperfect, incomplete, or impermanent. **Ma** can be defined as an emptiness full of possibilities. Yugen means quiet grace and mystery. Mono no aware is about pathos and deep compassion. If you write with *Karumi*, that means that you write with a light touch. **Zoka** is the dynamic energy of nature. Each week, we will also try our hand at writing haiku inspired by these Japanese concepts. No 2/17

6 Tu | Jan 20-Mar 3 | 6:30-8 pm | Online | \$130

#### **Reflecting Through Writing: Nonfiction Narratives Based on Your Personal Experiences**

#### Judy McClure

Create compelling nonfiction drawn from your own life. Explore a variety of topics, including work, relationships, and traditions. You'll generate new writing, share pieces if you feel comfortable, and revise to clarify your voice—perhaps even working toward publication. Each session includes prompts to awaken your writing mind, readings of essays to inspire your work, and extended time for writing and reflection. Writers at all levels of practice, as well as past participants, are welcome. No class 2/18.

6 We | Jan 28-Mar 11 | 7-8:30 pm | Online | \$135

#### **Midday Writers**

#### **Judy McClure**

Craving something more from your lunch hour? Gather with us in the middle of the day for this supportive and generative writing class. Each week we'll focus on a different writing theme or structure and use writing prompts to generate new work. Writers of all genres are welcome. Feel free to bring your lunch! No class 2/18.

8 We | Jan 14-Mar 11 | 12-1 pm | Online | \$119

#### Write Now!

#### Tina Tocco

Have you always wanted to try your hand at fiction writing, but never took the leap? Maybe you've put down your pen for a while and need a jumpstart. Come experiment in this low-stress, generative class! You'll kindle your imagination with fun prompts—music, sounds, images, etc.—to get those gears moving. Then, if you choose, you'll share your work in a supportive environment and receive positive feedback. You'll walk away each week with a new piece of writing—maybe even something you'd like to build on. No class 2/16.

6 Mo | Feb 9-Mar 23 | 7-9 pm | Online | \$179

## **Youth Programs**

#### **BLAST Babysitting Safety & CPR**

#### Juanita Allen Kingsley

The BLAST! (Babysitter Lessons and Safety Training) program provides training in First Aid, in household safety, and some fundamentals of childcare. We will prepare you to interview for a babysitting job, select safe and suitable games and activities, prevent accidents, and begin babysitting safely and competently. We will cover choking prevention and relief and how to call 911. You will also be certified in CPR/AED upon successful demonstration of practical skills. This program is for students in grades 6-8.

• Fr   Feb 6   3:30-6:15 pm   CCHS   \$155
• We   Mar 25   3:30-6:15 pm   CCHS   \$155

#### **Small Group Music Lessons**

IMSCC is offering after-school, same-instrument, small-group lessons for our 4th- and 5th-grade musicians, which complement the Concord in-school instrumental ensemble programs. All Small Group lessons will take place at CCHS.

#### Clarinet Small Groups with Ken Toland

•	<b>Year 1:</b> 14 Th	Jan 22-May 7	4-4:45 pm	\$325
•	<b>Year 2:</b> 14 Mo	Jan 26-May 11	5:15-6 pm	l \$325

#### Flute Small Group with Madelin Sinistris

•	<b>Year 1:</b> 14 Mo	Jan 26-May 11	4:30-5:15 pr	m   \$325
•	<b>Year 2:</b> 14 Mo	Jan 26-May 11	5:15-6 pm	\$325

#### **Percussion Small Group with Alex Brander**

• Year 1: Schedule TBD - 14 sessions   \$325
• Year 1: Schedule TBD - 14 sessions   \$325

#### **Trumpet Small Group with Andrew Sorg**

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•	Year 1: Sc	hedule TBD - 14 sessions	s	\$325	
•	Year 2: Sc	hedule TRD - 14 sessions	<u>. I</u>	\$325	

#### **Violin/Viola Small Group with Sargis Karapetyan**

#### Flute Ensemble

#### **Keith Anderson**

Flute Ensemble will focus on fun and challenging arrangements of well known songs and original pieces for flute groups. We will work on ensemble skills and intonation which can be notoriously tough for flute sections!

14 Tu | Feb 3-May 19 | 6:15-7 pm | CCHS | \$325

## **Details**

## **How to Register** concordcarlisleace.org





500 Walden St, Concord, MA 01742

Registration: Classes are open to anyone, regardless of where you live. Adult classes are open to ages 18+, unless otherwise specified. Younger students may enroll if a parent/ guardian also enrolls. Payment is due at the time of registration to secure your space. We do not prorate classes. Once you enroll, you will receive a confirmation by email. If you do not see the email, check your spam folder. Emails will come from ace@concordps.org.

Waitlists: If the class you want is full, sign up for the waitlist. There is no charge and we often get last-minute changes or add sections.

Refunds & Course Changes: There are no credits or refunds once a class has started or for student absences. If you withdraw 1 week or more before the start date, we will issue you a credit (good for 12 months from the date of issue). You may request a refund of the class tuition minus a \$10 processing fee. Withdrawals from courses under \$25 are only eligible for a course credit. If you withdraw 6 days or less from the start date, we do not issue course credits or refunds.

Virtual Class Information: We strongly recommend that you test Zoom on your device and get comfortable with the platform before the start of your class. Each participant to be registered separately unless otherwise noted. Zoom links are emailed the day before the class. If you do not see it, check your spam folder and contact the office before 4 pm.

**Cancellations:** We reserve the right to cancel classses due to low enrollment or other considerations. If we cancel, you will receive a full refund to your orginal form of payment.

Etcetera: CCACE reserves the right to change instructors if necessary and correct prices, dates, or times due to typographical errors in our catalog or website. The opinions, views, or recommendations expressed by instructors are their own and do not necessarily reflect those of CCACE. CCACE does not endorse any service or product recommended or offered by instructors.

Gift Certificates: Perfect for any occasion! Join together with friends and family near and far for a virtual night of fun! Contact the office.

In-Person Class Locations: All in-person classes are at Concord-Carlisle High School (500 Walden St, Concord) unless otherwise indicated.

Photo/Video Permissions: We may post pictures or videos from classes in our promotions. Your enrollment in a class indicates your approval for this.

## **Registration Form**

#### **Contact Information**

First Name		Last Name			
Address					
City		Zip			
Phone #		Email			

#### **Course Information**

Start Date	Course Name	Fee
	Total	

Billing Information			Cash	Check/MO	Credit Card		
	Name on card				Exp Date		
	Card #				cvv		



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