



**Concord Carlisle**  
*Adult & Community Education*

Adult & Continuing Education  
Driver Education  
Instrumental Music School of Carlisle & Concord

**Fall 2025**



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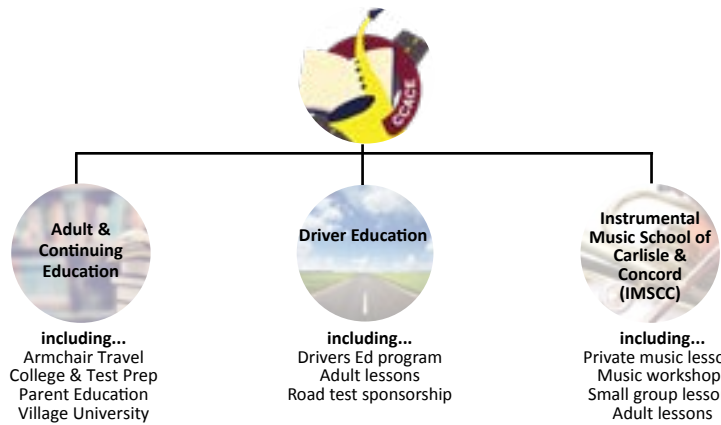
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Cover art by Elise Overbay (CCHS 2027): I painted a vibrant rooster for my mother, inspired by her fascination with roosters, a symbol of courage and bravery and a national emblem of her homeland, France. As I was creating this piece, I wanted to capture a contrast between the dark, cool blues and the vibrant warm tones, each color chosen to represent the lively spirit of this confident and determined creature.

Check out all that Concord-Carlisle Adult & Community Education offers!



CCACE is a self-sustaining branch of Concord-Carlisle Public Schools, dedicated to lifelong learning for all ages. CCACE connects local citizens through collaborative community outreach, classes and educational events. Our aim is to provide unique programming that will inspire joy and nurture passions.

**Dear Neighbor,**  
We have had so much fun putting together our fall programs and are really excited about each and every one of these classes. We hope you find something among our wide variety of classes that will spur you to try something new! Get out and explore with our many walking trips. Meet new friends and learn to play mah jongg or canasta along with us. Get crafty with us or learn more about getting your finances in order.

We are excited to bring back our adult English Language Learner (ELL) classes this fall. See p. 20 for more information.

We are thrilled to officially welcome Laryssa Doohovskoy as our new IMSCC Program Coordinator. We wish Debbie Levine well in retirement, but for those of you who are her clarinet students, do not panic - she is still teaching clarinet lessons!! Debbie has been with this program for 25+ years and truly made it what it is. Some of you in our IMSCC community may have already met Laryssa, as she has been one of our voice teachers for the last several years and she looks forward to working with you.

If you have a soon-to-be 16 year old in your family, check out our Driver Education program on p. 10. Adult driving lessons are available as well!

If you or someone you know needs help paying for our classes, we want to help! See details of how to apply on p.22.

Do you have a skill or special knowledge you want to teach? Let us know! We are always looking for new class ideas and new instructors.

We look forward to seeing you soon,

**Concord-Carlisle Regional School District**  
**Dr. Laurie Hunter**  
Superintendent

**Shelly Chin**  
Assistant Superintendent of Teaching & Learning

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**CCACE Advisory Committee**  
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Pam Hegarty, Concord  
Carlene Hempel, Concord  
Anne Irza-Leggat, Concord

Kim Kossmann, Concord  
Polly Meyer, Concord  
Alison Pray, Carlisle  
Rita Raychaudhuri, Concord



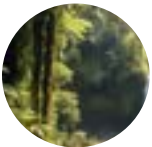
Armchair Travel



Armchair Travel is a series of presentations on travel from community members, sharing stories and pictures of travels near & far!

- All sessions are on Mondays at 7 pm on zoom
- You must register in advance to receive the link

Do you have travel stories to share?  
We want to hear from you!  
Contact us at [ace@concordps.org](mailto:ace@concordps.org)



**Tropical Rain Forests:**  
**What are they & why should we care?**  
**Mark Hopkins**

Today's tropical rain forests, some of the most pristine, wildlife-rich places left on earth, are facing serious environmental challenges. Mark will discuss why they are of such importance to the planet's health and reveals how deforestation and other human-induced threats are challenging their very existence. He will also explain in non-technical terms the Atmospheric Oxygen Cycle that is the basis for all life and the reason why the health of tropical rain forests is so important to the planet. His discussion will cover both the worldwide damage that environmental exploitation has caused and the future outlook for these critically important forests.

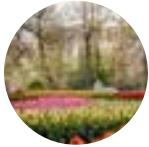
Mo | Sep 29 | 7-8 pm | Online

**The Tulip Festival at the Keukenhof**  
**Gardens in Lisse**

**Rita Raychaudhuri**

Experience the history and beauty of "The Keukenhof Gardens", also known as "The Gardens of Europe." World-traveler Rita shares her visit to the gardens, known for their famous tulips encompassing approximately 80 acres in the town of Lisse in the Netherlands. Every fall 40+ gardeners plant over 7 million bulbs in anticipation of the spring Tulip Festival. Come see photos of these spectacular and colorful gardens!

Mo | Oct 6 | 7-8 pm | Online



**Ireland and the Wild Atlantic Way**  
**Lisa Sherrer**

"May the road rise up to meet you..." Join Lisa as we travel to Ireland where rolling green fields embrace the landscape, rocky cliffs jut out into the Atlantic Ocean, medieval castles beckon to times past, cultural delights engage your heart and soul, and the stranger is warmly embraced! Our travel journey begins in exciting and vibrant Dublin and then onward to the charming medieval city and County of Kilkenny. We then travel south to embark upon the Wild Atlantic Way (WAW) with a stop in the coastal town of Kinsale, Ireland's quintessential fishing village. Additional stops along the WAW include Dingle, Doolin, and the Cliffs of Moher before our visit north to the picturesque and lively town of Westport along the Carrowbeg River. At each stop experience amazing scenery, Irish culture including crystal making, traditional music, hand crafts, and the country's deep connection to its past.

Mo | Oct 20 | 7-8 pm | Online

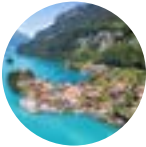
**Iceland: Land of Lava, Legends, and Light!**  
**Samantha Mandel**

You've heard of Iceland, come hear what makes this youngest island so special. Beyond the geology, Iceland enthralls unexpectedly at every turn--where else do you find horses with 5 gaits instead of 4, or the oldest parliament in the world? A land of almost no old buildings, but some of the oldest examples of narrative fiction? Cutting-edge modern sustainability, paired with a language that has changed so little over the centuries that Icelanders can read sagas from millennia gone by? Not to mention modern-day Icelanders, a fascinating bunch with fun, foibles, and one-of-a-kind hospitality! Come learn about the quirky enchantment of this special country with Samantha, a seasoned Icelandic guide.

Mo | Oct 27 | 7-8 pm | Online



Armchair Travel



**Alpine Adventure:**  
**Interlaken & the Bernese Oberland**  
**Kathy Clute**

Come along as Kathy and her husband explore the iconic mountain playgrounds of the Swiss Alps on a backroads hiking and e-biking trip. Join them as they meander through alpine meadows and pine forests from Kandersteg to Lucerne in a breathtaking landscape of snow-dusted mountain peaks and crystalline lakes.

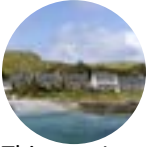
Mo | Nov 3 | 7-8 pm | Online

**Java, Bali and Borneo**

**Ashok Boghani**

There is so much to see and experience in these islands of Indonesia and Malaysia. There are modern cities, as well as rural areas. The land is studded with active volcanoes and dense forests. Some of the major Buddhist and Hindu temples in the world have been discovered in these predominantly Muslim countries. Come see photographs and hear stories of a trip that Ashok made to this fascinating region in Southeast Asia.

Mo | Nov 17 | 7-8 pm | Online



**A Walking Trip in the West of England,**  
**and a Visit to Iona, the Holy Island of**  
**Scotland**  
**Ted Scott**

This past June Ted made a trip back in time, taking walks in the countryside around the beautiful Abbey town of Sherborne, Dorset, where he was a student in 1965-66. From there we'll go to Iona, the little island in the Hebrides where St. Columba brought Christianity from Ireland to Scotland in 563 C.E., and where he spent part of that summer of 1966. We'll end the trip in London, visiting the magnificent Royal Botanical Gardens at Kew and the National Gallery in Trafalgar Square.

Mo | Dec 1 | 7-8 pm | Online



**CCACE is proud to offer Armchair Travel  
for no charge to the community.**

Consider giving to our scholarship fund.

Each year, CCACE awards more than \$15,000 in scholarships to community members for CCACE programs.

Visit [concordcarlisleace.org/donate](https://concordcarlisleace.org/donate) or select the option when registering.

Real Life Travel

Samantha Trips grew out of Samantha's desire to bring people together and craft travel adventures with personal attention, thoughtful service, and a rich community experience. Founded in June 2022, Samantha Trips have been hotly in demand and expanded rapidly!

- Portugal: Culture, Cuisine, and Coastlines with optional Azores Extension - End of February to early March
- Wonders of American National Parks: Bryce and Zion with optional Grand Canyon extension - May
- Sicily with optional Amalfi Coast Extension - September
- Hidden Gems of Scandinavia: Norway & Denmark - August
- Iceland: A Northern Lights & Ring Road Tour - October

For details, visit [samanthatrips.com](https://samanthatrips.com) or email [samantha@samanthatrips.com](mailto:samantha@samanthatrips.com).

Newton Community Education: Robin Shaevel is the Adult & Travel Program Coordinator for Newton Community Education (NCE), and previously served as the Middle & High School Program Coordinator for NCE Kids. Robin enjoys all activities outdoors like hiking, biking, running, swimming, and skiing. She is also an avid traveler and captures her experiences through photography.

- The Civil Rights Journey: October 23-26, 2025
- Vibrant Cuba: Journey Through Color & Culture: November 3-8, 2025

College & Test Prep



ACT/SAT Practice Tests

Our low-stakes, simulated Test Day environment fosters familiarity and confidence, helping students to be better prepared for their admissions testing. Students taking the adaptive test will gain familiarity with the structure and content of the new SAT, and our detailed score reports will help guide students in deciding whether the SAT or ACT is the best fit for their academic goals. Tests are administered with standard timing. Any students who qualify for accommodations, including extended time, should contact Open Door Education directly to discuss options for a practice test.

ACT Practice Test

- Sa | Oct 4 | 9 am-12:30 pm | at CCHS | \$30
- Sa | Dec 6 | 9 am-12:30 pm | at AB Admin Bldg | \$30

SAT Practice Test

Prepare for success on the digital SAT! All students taking this practice test should plan to bring a fully-charged laptop and a charger. If a student does not have a laptop, one will be provided.

- Sa | Sep 6 | 9-11:30 am | at CCHS | \$30
- Sa | Oct 25 | 9-11:30 am | at AB Admin Bldg | \$30
- Sa | Nov 22 | 9-11:30 am | at CCHS | \$30

The PSAT is Coming. Be Ready!

The PSAT marks the beginning of most students' college admissions journeys and sets the tone for their experience with testing. Open Door Founder Travis Minor will ensure that your student understands the structure and content of the PSAT and has a toolbox of effective strategies for both the Reading/Writing and Math sections of the test. All registrants will have access to a full practice test and comprehensive score report.

- Sa | Oct 4 | 9 am-12 pm | at CCHS | \$225
- Tu, We, Th | Oct 7-9 | 7-8 pm | Online | \$225

The SAT, The ACT, and YOU: Everything You Need to Know About College Admissions Testing

The landscape of college admissions testing continues to evolve, and many parents and students are understandably uncertain about what these changes mean for them. We will identify and unpack the major issues relating to testing so that you can help develop a smart, effective, and informed plan for your student. You will gain an understanding of the differences between the SAT and ACT, the keys to building a testing timeline, the changing role of tests in college admissions, and the essential components of impactful preparation. Reduce stress by developing a strategic plan for your student's bright future!

- We | Sep 17 | 7-8 pm | ODE, 268 Main St, Acton | \$15
- We | Oct 1 | 8-9 pm | Online | \$15

Computers & Digital Life

AI Made Easy:

A Practical Class for Everyday Life & Work

Kim McCormick & The AI Collaborative Team

Confidently use tools like ChatGPT, Claude, and Gemini—no tech experience required. Put today's most powerful AI tools to work for you—whether you're managing a household, running a business, or simply looking to save time and reduce stress. Learn how to: plan smarter, write better, and stay more organized; save money with tools that help you meal plan, budget, and manage projects; use AI to streamline tasks; spot and avoid common risks, including scams, deep akes, and privacy threats. Walk away with real-life skills and the confidence to keep exploring on your own. No coding. No confusing jargon. Just clear, practical guidance in a supportive environment. Perfect for adults who want to feel in control of technology—not overwhelmed by it.

3 Tu | Sep 30-Oct 14 | 6:30-7:30 pm | at ABHS | \$135

AI Made Simple:

A Practical, Hands-on Class for Everyday Life

Kim McCormick & The AI Collaborative Team

Curious about artificial intelligence, but not sure where to start? We will help you feel more confident using today's most powerful AI tools—including ChatGPT, Claude, Perplexity, and Gemini—without needing any technical background. Explore how AI can make life easier, help you stay organized, save money, and help you get answers to your questions—whether you're vacation planning, managing a household, volunteering, or simply looking to stay informed in our fast-changing world. Learn how to: plan smarter, write more clearly, and stay organized; use tools that help you with managing your health, meal planning, vacationing, and entertaining; get help with correspondence and interpreting contracts and legal documents; Recognize and avoid common risks like scams, deepfakes, and privacy threats. You'll practice using generative AI (GenAI) tools in class to get your questions answered while exploring effective ways to get the tools to give you the outputs you are seeking. Leave feeling comfortable using GenAI tools and knowing the difference between using a chatbot vs a search engine.

3 Th | Oct 16-30 | 4:30-6 pm | at CCHS | \$205



Scholarships are available for CCACE programs

Apply online at [concordcarlisleace.org/scholarships/](https://concordcarlisleace.org/scholarships/)

Computers & Digital Life

Get More From Your iPhone

Howard Loewinger

Did you know your iPhone can do virtually all the things your computer can do? Plus, of course, make calls. We will cover the basics like calling options, managing contacts and the different ways to touch the screen. We will talk about apps, how to get new ones, how to see your open apps and how to delete apps you no longer use. We will also go over some settings, syncing with iCloud, how to give voice commands and some tips and tricks for using that pesky screen keyboard. As time allows we will go over some frequently used apps like messaging, email and the camera. This class will focus on iPhones running the current version of iOS but most of it will apply to older iPhones as well. Bring your questions and iPhone to class!

2 Th | Sep 18 & 25 | 7-8:30 pm | Online | \$69

Cutting the Cable: Your TV Options in the Digital Age

Howard Loewinger

Are you ready to “cut the cable?” Watching TV has changed over the last 20 years. Now you can choose from hundreds of channels, watch TV on just about any electronic device any-time, anywhere! We will walk you through all the ways you can watch your favorite shows: traditional cable, over the air, streaming and live TV over the Internet. We will discuss some of the pros and cons of each and whether your TV is “smart enough,” or if you will need additional hardware to use the Internet services. There will be demonstrations and time for your questions.

Th | Dec 11 | 7-9 pm | Online | \$35

Online Certificate Programs

**AI Certificate:** Position yourself in the emerging knowledge specialty and growth area of Artificial Intelligence. Walk away with the knowledge and confidence to lead your organization into this exciting area of business expertise.

**Bookkeeping Certificate:** Whether you are an entrepreneur, running a family business, or to advance your career and add to your skill set, this Certificate will provide the knowledge needed to measure, and manage the financial health of your business, focusing on cash basis accounting.

**Certificate in Mastering Excel:** A must-have skill to succeed in business, whether an entrepreneur or a valued employee, is the ability to create, edit and manage spreadsheets.

**Certificate in Finance and Accounting for Non Financial Managers:** This Certificate explains the financial concepts and accounting processes used in most businesses and will provide practical techniques that will increase your effectiveness and career.

Creative Arts

Digital Photography I

Fran Blaschke

Are you disappointed by the images you get with your fancy digital SLR or MIRRORLESS camera? Are you intimidated by the innumerable buttons, dials and menus on your camera? This workshop can help! We will demystify your digital camera, giving you a strong foundation in understanding and using the basic functions. Proper exposure (aperture, shutter speed, ISO), histogram, white balance, camera shooting modes and focusing modes, lenses, digital file types, file resolution and other fundamental digital camera controls will be covered. Through weekly lectures, demonstrations and assignments, you will gain essential photographic knowledge and develop a comfort with your camera, helping you to make better images and get the most out of your modern digital camera. You must have a digital SLR or MIRRORLESS camera with adjustable exposure settings and the owner's manual for your camera.

8 Th | Sep 18-Nov 6 | 6-8:30 pm | at CCHS | \$179

Digital Photography II

Fran Blaschke

We will build on the foundation from Digital Photography I as we start by reviewing the basics and then moving on to more fundamentals. You will continue to develop your photography skills as you become more comfortable with the functions of your digital cameras. In addition to learning new technical skills – including additional camera functions and an introduction to the use of flash - we will address the visual elements of making images, helping you elevate your skills from taking snapshots to making photographs. Discussions include: identifying and isolating the subject, elements of composition, and effective use of color in your photographs. Weekly critique sessions address technical and aesthetic considerations as you are challenged to make conscious decisions as you use your cameras. Interactive classroom sessions as well as shooting and imaging assignments will provide a deeper understanding of the tools and techniques available to them within digital photography. *No class 10/1.*

8 We | Sep 17-Nov 12 | 6-8:30 pm | at CCHS | \$179



Would you like to teach for CCACE or do you have an idea for a new class? We are always looking for new ideas and enthusiastic teachers who are eager to share their expertise with us! Contact us!



Creative Arts



**Basic Beading II: Trendy TILAs**  
**Christine Evans**  
Explore the modern elegance of TILA beads in this beginner-friendly jewelry-making class. These flat, rectangular, two-hole beads add sculptural dimension and contemporary flair to your designs. Create two or three coordinated pieces while learning techniques for bead stringing, layout design, and secure finishing. Choose from a curated selection of colors to make your jewelry playful and whimsical or sleek and sophisticated—your style, your way. We'll cover essential tools, materials, and design tips, plus how to work with TILAs for maximum visual impact. Whether you're new to jewelry-making or looking to try something fresh and fashion-forward, you'll leave with beautiful handmade pieces and the skills to keep creating. **A \$20 materials fee is due to Christine at the class.**  
Mo | Nov 10 | 6:30-8:30 pm | at CCHS | \$35

Charm Bar Workshop

**Emily Law**  
Come join the fun and get charmed! Whether you're crafting a gift or designing a piece for yourself, learn how to assemble your own custom bracelet or necklace using a curated selection of charms, beads, and chain styles. We'll go over basic jewelry-making techniques, including how to attach charms, sizing jewelry, and use jump rings. Bring your creativity and leave with a beautiful, personalized piece of jewelry you'll love to wear! Great for all ages! **A materials fee of \$30 for necklaces or \$20 for bracelets is due at class.**  
Th | Oct 23 | 7-8 pm | at CCHS | \$35



**Silver Jewelry Making**  
**Hilary Taylor**  
Local jewelry maker Hilary Taylor will teach you to make your own unique design using Metal Clay, an organic binder that is embedded with fine silver. You make your piece with the clay capturing textures and designs. The pieces are then fired in a kiln and during the firing process the clay burns off and you are left with your piece in silver. You will have enough clay to make a pendant and a pair of earrings, or you may choose to use all your material for one piece.  
Th | Oct 13 | 7-9 pm | at CCHS | \$95 (includes materials)

Create Your Own Journals

**Bridget Sonnier-Hillis**  
Make and bind your own beautiful journals. Learn two types of binding techniques, choose your own beautiful papers for covers, and go home with journals to write in, use as an art journal, junk journal, or gift to someone special. All materials will be provided - feel free to bring your own special, beautiful paper if you'd like to use it for covers.  
2 Tu | Oct 14 & 21 | 6:30-8:30 pm | at CCHS | \$59



**Watercolor Wonders:**  
**A Journey Through Nature's Palette**  
**Kristen Callahan**  
Dive into the vibrant world of watercolor painting in our exciting class. Perfect for beginners and seasoned artists alike, Kristen will guide you through painting stunning florals, captivating still lifes, and breathtaking landscapes while mastering techniques like wet-on-wet and wet-on-dry. Enjoy hands-on practice and a supportive atmosphere as you blend colors, create textures, and unleash your creativity. Join us for an inspiring journey that will bring your artistic vision to life.  
6 We | Sep 24-Oct 29 | 7-9 pm | at CCHS | \$215

A Leaf Painting Workshop

**Kristen Callahan**  
Together we'll create vibrant fall foliage masterpieces using rich reds, oranges, and golden yellows. Learn techniques for blending and layering color to bring leaves to life in watercolor. Perfect for beginners and seasoned painters alike—come enjoy a cozy, creative evening inspired by autumn's beauty.  
Th | Oct 16 | 7-9 pm | at CCHS | \$39

Paint your Pet!

**Kristen Callahan**  
Bring a photo of your furry (or feathered!) friend and learn how to capture their personality with watercolor. Whether you're a beginner or a seasoned painter, you'll be guided through simple steps to bring your beloved pet to life with the stroke of a brush.  
Th | Nov 6 | 7-9 pm | at CCHS | \$39

Create an Oyster Shell Christmas Ornament

**Emily Law**  
Get into the holiday spirit with a coastal twist! Join us for a fun and festive workshop where you'll learn how to transform beautiful, natural oyster shells into one-of-a-kind Christmas ornaments. We'll guide you step-by-step through the process of cleaning, decorating, and finishing your own elegant keepsakes—perfect for gifting or adding a unique touch to your holiday décor. **A \$15 fee is due to Emily at the class.**  
Th | Dec 4 | 7-9 pm | at CCHS | \$35



Creative Arts



**Let's Make Pysanky**  
**(Ukrainian Easter Eggs)**  
**Alona Popova**  
Learn the art of Pysanky from a native Ukrainian, receive an abundance of information about the history, symbols, meaning, and, of course, create your own beautiful Pysanka in the traditional wax-resist method using real chicken eggs, "kistka", beeswax, candle and color dyes. All the materials are prepared in advance and will be provided during the workshop. **A \$15 materials fee is due to Alona at class.**  
Tu | Nov 4 | 6:30-9 pm | at CCHS | \$39

Pysanky Ornament

**Alona Popova**  
You'll get the chance to create your very own Pysanka in the traditional wax-resist method. Using a combination of beeswax, the "kistka" tool, and vibrant color dyes, you'll learn how to create designs on a real chicken egg. You'll have the option of turning your Pysanka into a festive Christmas ornament too! Alona will show you how to add a variety of hangers to your egg. All the materials are prepared in advance and will be provided during the workshop. **A \$15 materials fee is due to Alona at class.**  
Th | Nov 20 | 6-9 pm | at CCHS | \$39



**Snowflakes Craft - Wheat Straw Decoration**  
**Alona Popova**  
Join us for a festive and creative experience for all, as we will learn how to create beautiful wheat straw snowflake decorations, perfect for Christmas trees, window ornaments, Christmas cards, or gifts for wintertime. All the materials are prepared in advance and will be provided during the workshop. **A \$15 materials fee is due to Alona at class.**  
Th | Dec 11 | 6:30-8:30 pm | at CCHS | \$39

Explore & Play

**Flowers in the Field**  
**Codman Community Farms**  
Join us for Flowers in the Field Happy Hour! What could be better than watching the sunset from our flower patch, with delicious farm snacks (think yummy charcuterie board) and friends? This is a perfect chance to get outside and enjoy the beauty of the farm and pick your own bouquet to bring home. Class includes all materials needed. Class is BYOB - ice buckets and cups are provided.  
We | Sep 17 | 5:30-7 pm | at the farm | \$45

Gropius House & Garden Tour

**Museum Staff**  
This tour offers private access to the Lincoln house and grounds of Walter Gropius, one of the most influential architects of the 20th century and founder of the German design school known as the Bauhaus. Modest in scale, this 1938 home was revolutionary in impact. Gropius believed that the relationship of a house to its landscape was of paramount importance. In keeping with Bauhaus philosophy, every aspect of the house and its surrounding landscape was planned for maximum efficiency and simplicity of design, revealing design strategies that have returned to architectural importance for green and sustainable design in the 21st century. Ages 10+  
Sa | Sep 20 | 10-11:30 am | at Gropius House | \$29

Travel Back in Time: The Vilna Shul on Beacon Hill

**Marilyn Okonow**  
Visit The Vilna Shul on Beacon Hill to learn about the history of this historic synagogue building and the community which founded it. Explore the art and science of genealogical research and its relevance to the revitalization and restoration of the shul. Following the program, enjoy snacks and beverages in the Sukkah, a temporary structure which is part of the Jewish fall holiday calendar. Note: The Vilna offers \$5 validated parking at the Charles River Plaza Parking lot, 207 Cambridge Street.  
Th | Oct 9 | 1-3:30 pm | at The Vilna Shul | \$40

Walking Tour: Maynard History

**Ann Gibson**  
Did you know that for nearly a hundred years, Maynard was the wealthiest town in the area? How did this come to be, and what has happened since then? Walk around downtown Maynard with your guide, Maynard Historical Commission member Ann Gibson, and learn about the history of Maynard from 1600-1950. We will cover 1.5 miles walking, including uneven surfaces. Meeting location will be sent by email.  
Sa | Oct 18 | 1-2:30 pm | \$35

Driver Education

Driver education promotes and teaches safe driving attitudes, develops defensive driving skills, and respect for the rules of the road. It prepares students for the RMV license exam and it strives to prevent or reduce accidents and fatalities that involve young drivers.

- Driver Education age requirements**
- 15 years, 9 months: The minimum age you must be on *the first day* of class per RMV regulations
  - 16 years: You are now eligible to obtain a Learner’s Permit and drive with an adult
  - 16 1/2 years: If you have had your permit for 6 months AND completed Driver Education, you are eligible to take your road test
  - 18 years: You are now eligible to take your road test *without* a Driver Education Certificate

Steps to complete Driver Education:

1

Parent Class:

\$35 If your child is attending another Driver Education program

We will cover your responsibilities, your child’s responsibilities, and review our program’s policies. Hear tips and hints on how to teach a new driver and review laws that have changed in the last 10-20 years. While we welcome both parents to attend, only one parent is required to complete the class. You must attend the RMV-mandated class **before** your child is allowed to begin driving lessons with an instructor.

• Mo | Sep 15 | 7-9 pm | Online

• Tu | Oct 14 | 7-9 pm | at CCHS

• We | Nov 12 | 7-9 pm | at CCHS

• Th | Dec 11 | 7-9 pm | at CCHS

2

Classroom:

30 classroom hours divided into 15 2- hour modules

You do not need your permit to start class, but you must be 15 years, 9 months

All classes are in-person at CCHS

• Mo, Tu, We | Sep 22-Oct 21 | 2:45-4:45 pm

Also: CCHS early release: days Sep 24 & Oct 8 1:30-3:30 pm;

CCHS conference day: Oct 20 9am-3:30 pm

• Sa | Oct 25-Nov 22 | 9 am-3:30 pm


• Fr, Mo, Tu, We, Fr | Dec 26, 29, 30, 31, Jan 2 | 9 am-3:30 pm

3

Driving Lessons:

Once you get your permit, send us a photo of your permit so we can activate your account in our scheduling software. We offer lessons after school, on weekends, and during vacations.

You must complete 12 hours of behind-the-wheel lessons and 6 hours of observation, in addition to a minimum of 40 hours of practice at home.



Total fee: \$875

Scholarships are available for Driver Education! See page 20  
Apply online: [concordcarlisleace.org/scholarships/](http://concordcarlisleace.org/scholarships/)

Explore & Play

Walking Tour: Castle Island

Mike Manning

Perhaps you’ve never been to Castle Island and have been meaning to get there or are curious to learn more about it. We will cover the history of the forts in this area (from 1634 to the present-day fort) and a brief history of the inner harbor islands. We will also discuss the MWRA’s Deer Island waste-water treatment plant (the key aspect of the harbor and the harborfront’s revitalization) and Logan International Airport (a key component of commerce for all of New England). Edgar Allen Poe was based on Castle Island in the 1820s, so there’s a slight literary component to this tour as well. Free parking is available directly adjacent to Sullivan’s. Enjoy a casual sea-food lunch with the guide at Sullivan’s after. Note: Rain date is 10/26, we cannot provide refunds to those who are unable to attend that day.

Su | Oct 19 | 10 am-12 pm | at 2080 William J. Day Blvd | \$39

Walking Tour: Discover Mount Auburn Cemetery

Katelyn Leaird

Mount Auburn, designated a National Historic Landmark, is one of the country’s most significant designed landscapes. Here, the arts of horticulture, architecture and sculpture combine with the beauty of nature to create a place of comfort and inspiration. This 1.5 mile walking tour will focus on the stories of history, monuments and the lives of those buried here.


Su | Oct 26 | 11 am-12:45 pm | at Asa Gray Garden | \$45

Harvard Square Chocolate Tour

Off the Beaten Path Food Tours

Learn local history and all about chocolate. Throughout this walking tour, we’ll make four stops, including a lesson in how to taste chocolate. We’ll sample delicious local ice cream from an independent store and try unique chocolate desserts such as baked goods and specialty hot chocolate. Sip cacao juice directly from the chocolate fruit and sample roasted cacao beans. All ages are welcome. Please contact our office if you have food allergies.

Sa | Dec 6 | 5-6:30 pm | at Harvard Square | \$49



Don't wait!

Sign up NOW for the class you want!

We decide if a class is running a week before its start date and your registration can make the difference.

Some classes fill quickly. If there is a wait list, there's no fee to join the list and we often have enrollment changes or add more sections.

Mah Jongg: A Beginner's Guide

Laurie Probst

There's a reason your grandmother loved this game, and you will too. Mah Jongg is a strategic tile-based game that uses "suits" like rummy. It's complicated and addictive, so learn the rules, play once, and you'll want to play again and again. Join us to learn its basic moves and the strategies you need to win. Note: Please bring a current Mah Jongg standard or large size card. Order from "The Store" link at [nationalmahjonggleague.org](http://nationalmahjonggleague.org)

6 Th | Oct 16-Nov 20 | 4-6 pm | at CCHS | \$165

Mah Jongg Play Time

Laurie Probst

Calling all experienced Mah Jongg enthusiasts! Join us for a delightful community-building play session where experienced players can come together for a fun-filled time. Seasoned players will have the opportunity to meet new friends and expand their circle. Don't forget to bring along your sets and 2025 card if you have them available — it's sure to be an enjoyable gathering!

6 Th | Oct 16-Nov 20 | 4-6 pm | at CCHS | \$65

Canasta for Beginners

Laurie Probst

Join us for a fun and engaging Canasta class where you’ll learn the rules, strategies, and techniques of this classic card game! Whether you’re a beginner or looking to refine your skills, we will cover the fundamentals of forming melds, understanding the role of wild cards, and mastering the art of strategy.

What to expect:

• Introduction to Canasta rules and scoring

• Hands-on play with guided instruction

• Tips for strategy and teamwork

• A friendly and social atmosphere

Come ready to learn, play, and enjoy this exciting game with fellow card enthusiasts! No prior experience is necessary.

6 Th | Oct 16-Nov 20 | 6-8 pm | at CCHS | \$165

Canasta Play Time

Laurie Probst

Calling all seasoned Canasta enthusiasts! Join us for a lively and social play session where experienced players can connect, sharpen their skills, and enjoy a fun-filled game in great company. This is a fantastic opportunity to meet new friends, expand your playing circle, and immerse yourself in the joy of Canasta. Please bring a couple of decks of cards and any card spinners or holders you have. We look forward to an engaging and enjoyable gathering!

6 Th | Oct 16-Nov 20 | 6-8 pm | at CCHS | \$65

10 CCACE Fall 2025

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Explore & Play



**America's Boating**  
**U.S. Coast Guard Auxillary Flotilla 502**  
This introductory course is for both sail and power boaters and includes instruction on safety afloat, legal responsibilities, aids to navigation, rules of the road, charts and compass, engines, knots, weather, boat handling, radio procedures, and navigation electronics. Completion certificate helps reduce boat insurance fees. Families are welcome. **Course materials are \$60 and are paid directly to the USCG in class. Materials include the text, chart, test & certificate. No class 11/26.**  
12 We | Sep 17-Dec 10 | 7-9 pm | at CCHS | \$65

**Coastal Piloting (Weekend Navigator)**  
**U.S. Coast Guard Auxillary Flotilla 502**  
Coastal Piloting, or the Weekend Navigation Seminar, is advanced instruction for those who have already completed a basic boating course. It covers aids to navigation, the earth and its coordinates, Mercator projection, piloting, correcting compass errors, dead reckoning, tides and currents, radio navigation and more. **Course materials are \$75 and are paid directly to the USCG in class for the text (USB), two charts, paraline plotter, dividers, test & certificate. No class 11/26.**  
12 We | Sep 17-Dec 10 | 7-9 pm | at CCHS | \$65

**Online 6-Week Classes**  
**Discover Sign Language:** Learn to master American Sign Language through immersive, silent instructional videos that emphasize proper sign techniques and facial expressions for effective communication.  
**A to Z Grantwriting:** Gain the hands-on experience and knowledge needed to successfully begin the planning process for projects in need of grant funding. An approach to grantseeking begins with thinking about why the funding is needed and involving the grant applicant's stakeholders in the planning process.  
**Human Anatomy and Physiology:** We will examine how your body is organized, its basic chemistry, the human cell, cancer, heredity, and the anatomy and physiology of your body's organ systems. We'll also explain how your organ systems work together to allow you to process sensations, think, communicate, grow, move, reproduce, and stay alive.

Fitness & Wellness

**Concord Fall Walks**  
**Liz Fuller**  
Get out and enjoy the fall with these trail walks in the Concord/Carlisle area. Each week's walk will be 1.5 hours. Lightweight hiking boots or sturdy walking shoes are recommended. Bring a lightweight jacket, hat/cap, hiking stick, water, and a sense of adventure. Directions to the starting places will be sent each week and we will reschedule if it is raining.  
• 4 Tu | Sep 16-Oct 7 | 9:30-11 am | \$69  
• 4 Tu | Oct 28-Nov 18 | 9:30-11 am | \$69  
• 4 Tu | Dec 2-23 | 9:30-11 am | \$69

**Fitness Walks**  
**Stefanie Cloutier & Liz Fuller**  
Fall is an excellent time to exercise outdoors! We'll explore local trails while getting a moderate workout. Come prepared to break a sweat and get your heart rate up while we hike 4-5 miles in each two-hour session. Light hiking boots recommended; walking poles suggested for those wanting additional support and an upper body workout. Directions to the starting places will be sent each week.  
• Liz: 5 Th | Sep 11-Oct 9 | 9:30-11:30 am | \$95  
• Stefanie: 5 We | Sep 17-Oct 22 | 9:30-11:30 am | \$95  
• Liz: 5 Th | Oct 23-Nov 20 | 9:30-11:30 am | \$95  
• Stefanie: 5 We | Nov 5-Dec 12 | 9:30-11:30 am | \$95

**Grandparent/Caregiver: Pediatric First Aid & CPR**  
**Juanita Allen Kingsley**  
If you're caring for an infant or child, you need to know how to respond in case of a first-aid emergency. You'll learn to handle injuries and manage illness for the first few minutes until help arrives. We'll cover first aid basics; medical, injury, and environmental emergencies; and CPR for all ages. You'll learn about allergies and epipens too. Upon completion of the course, you'll receive certification in Pediatric First Aid and CPR for all ages. Open to Grand/parents and caregivers of any age. Please bring a mat or towel for kneeling.  
Tu | Oct 7 | 10 am-12 pm | Keyes Rd Conf Room | \$115

**Diabetes Self-Management 101**  
**Maureen DiMeo**  
Approximately 50% of people who have diabetes never receive any kind of education when they are diagnosed. Those who receive formal education are more likely to follow recommended self-care and clinical care best practices. We will learn the ADA (American Diabetes Association) fundamental skills to understand and manage diabetes, with the aim of teaching important skills for you or your family member to succeed! Topics will include: the differences between Type 1 and Type 2 diabetes, risk factors for developing diabetes, tips for using a blood glucose meter, blood glucose goals, hyperglycemia symptoms, injecting and storing insulin, sharps disposal, hypoglycemia symptoms and treatment, and the MyPlate method for planning meals. You will also receive a handout with the ADA management skills.  
Mo | Sep 29 | 6:30-7:45 pm | Online | \$25

Fitness & Wellness

**Naturopathic Medicine: An Overview**  
**Dr. Barry Taylor**  
Join one of the country's leading experts in natural medicine as he reviews how herbal medicine, homeopathy, and nutrition can improve your health. He will focus on ways to optimize your general energy, stabilize your blood sugar, and eat for a healthier immune function. You will learn why the digestive process is as important as what you eat; about various ways to stimulate healing; and the difference between healing and symptomatic relief. He will also discuss how stress affects physical symptoms and the simple actions you can take to minimize the effects of stress.  
Tu | Oct 7 | 6:30-8 pm | Online | \$25



**Sage and Seashells: Energetic space clearing**  
**Rise Wellness**  
Move into the holiday season with a fun and interactive workshop on energetic space clearing! Just as we refresh our homes with cleaning, it's just as important to clear away stagnant or negative energy from our spaces, including our home, office, and car. Enjoy a relaxing and uplifting session as you learn powerful techniques for energetic cleansing using smoke clearing, crystals, sound, and intention-setting. As a special hands-on activity, you'll create your own custom cleansing tools, incorporating natural elements like sage, seashells, and more, to bring home to use in your space or create as a gift for someone special. Leave feeling renewed, inspired, and ready to welcome fresh, positive energy into your life! **A \$5 materials fee is due at the class.**  
Th | Oct 16 | 7-8:30 pm | at CCHS | \$29



**Meet our instructors!**  
View bios and photos on our website:  
[www.concordcarlisleace.org/instructor-bios](http://www.concordcarlisleace.org/instructor-bios)

Food & Drink

**Pie Dough Workshop**  
**Codman Community Farms**  
Get holiday-ready with a cozy, hands-on evening at Codman Community Farms where you'll learn how to make a flaky, all-purpose pie dough perfect for Thanksgiving pies, quiches, and galettes. The farm chef will guide you through mixing, rolling, and shaping techniques, and you'll take home dough ready for your freezer. We'll end the evening by sharing freshly baked seasonal galettes in the pavilion. Please bring your own rolling pin and BYOB encouraged!  
We | Nov 5 | 5:30-7:30 pm | at the farm | \$95

**Specialty Coffee Tasting & Roasting Experience**  
**Paul "Del" Delmonico**  
Coffee is love! Learn where specialty coffee comes from, how it is processed, graded, and roasted, then taste a few different types. After the group has decided which coffee they like the best, we will fire up the roaster and develop a batch of freshly roasted beans. After they have cooled, we will bag them and everyone will leave with a 12 oz. bag of their own freshly roasted coffee. Stay after and go have lunch at one of the many great downtown Waltham restaurants! Parking available in the building parking lot adjacent.  
Sa | Nov 8 | 10:30 am-12:30 pm | at Del's Coffee Roasters | \$65

**Korean Fried Chicken and Side Dishes**  
**Ploy Khunisorn**  
Korean fried chicken is addictively delicious and is super easy to make at home. Learn how to make two styles of Korean fried chicken without deep-frying. We will make stir-fried Korean chicken served with steamed rice and baked chicken wings with an addictively delicious sauce. Other delicious side dishes will include coleslaw and pickled vegetables. You will also receive a list of suggested side dishes that you can grab from Asian grocery stores. See online description for a list of ingredients to purchase prior to class.  
Sa | Oct 4 | 11 am-1 pm | Online | \$55

**Asian Steamed Bao**  
**Ploy Khunisorn**  
Steamed buns (bao) are a popular street food in many countries in East and Southeast Asia especially in China. They are easy to eat and provide complete nutrients in one bite. In this online interactive class, we'll make cha shu chicken bao with pickled vegetables and cabbage bao. We'll also make the dough from scratch. See online description for a list of ingredients to purchase prior to class.  
Sa | Nov 8 | 11 am-1 pm | Online | \$55

## History & Culture

### Transcendentalism: American Idealism

**Rich Higgins**

Transcendentalism was an American form of European idealism and romanticism that emerged in the 1830s as a religious, philosophical and social reform movement. Its core belief was self-trust—not as egotism, but as respect for the divine spark in oneself, in nature and in every other person. It affirmed the power of intuition to know the truth and it believed that each of us has unique powers that, if developed and nourished, makes us equal to whatever life demands of us. We will look at the historical context of the movement, its main tenets and its main proponents, including Emerson, Thoreau and Fuller. We will also consider whether transcendentalism is a living tradition and, if so, what it has to say to us today. No background in philosophy or history is needed.

4 Mo | Sep 22-Oct 13 | 6:30-8 pm | at Thoreau Farm | \$79

### The Battle of Antietam & the 1862 Maryland Campaign

**Jeff Driscoll**

On September 3, 1862, Confederate General Robert E. Lee's Army of Northern Virginia began crossing the Potomac River into Maryland. The Confederacy's first invasion of the North was underway. There were many reasons for this move north, but in the end, Lee's invasion would not prove nearly as successful as he had hoped. It would, however, stand as an important turning point in our Civil War, and ultimately, greatly affect the history of our country.

Jeff will touch on the background of the September 1862 Maryland Campaign, cover Lee's reasons for invading the north, look at the September 14, 1862 Battles on South Mountain and the battles for Harpers Ferry, then the September 17, 1862 Battle of Antietam (also called Sharpsburg), our country's bloodiest day. We will end with Lee's retreat back into Virginia, the September 20, 1862 Battle of Shepherdstown, and the Preliminary Emancipation Proclamation, which President Lincoln issued on September 22, 1862.

5 We | Oct 15-Nov 12 | 6-8 pm | at CCHS | \$149

### Beethoven Symphonies

**Andrew Altenbach**

Explore the power and passion of Beethoven's nine symphonies in just one unforgettable evening! From the revolutionary "Eroica" to the triumphant "Ode to Joy," learn how Beethoven reshaped music—and why his symphonies still captivate audiences today. Whether you're a lifelong listener or a curious newcomer, this class will guide you through the drama, beauty, and innovation behind each masterpiece. Enjoy musical excerpts, historical insights, and lively discussion in a relaxed, accessible format. Don't miss this inspiring journey through some of the greatest music ever written!

Mo | Dec 1 | 7-8:30 pm | Online | \$25

## Home & Garden

### Putting your Garden to Bed:

#### Fall Garden Care and Planting Garlic

**Kate Despres**

Did you know that the best spring gardens actually begin in the fall? Join us for a hands-on 3-part workshop at Daisy Hill Farm focused on working your garden with hand tools and the no-till garden method. First, you will learn which garden debris to leave and which to clear out of your garden beds to prepare for winter. Next, you will learn how to interpret a soil testing report to amend the bed with suggested nutrients as well as homemade compost. Finally, you will learn how to plant and care for garlic to be harvested the following July. Bring your questions and your garden gloves!

Sa | Oct 25 | 10-11:30 am | at Daisy Hill Farm | \$39



### Thinking of Selling Your Home?

**Peggy Yalman & Beth Winn**

Where, when and how do I start? Where should I spend my time & money? What do I do with all my stuff? This class is geared to sellers who want to move on with their lives but find the thought daunting in so many ways. Peggy Yalman and Beth Winn, experienced Real Estate Agents in Concord, will help you get organized, prioritize your labor and expenses and work smart when getting your house ready to sell. You will learn what matters most to buyers and how to prepare your home for sale in today's market with a prioritized plan.

Th | Sep 25 | 7-8:30 pm | at CCHS | \$25



**Check out our Small Group lessons  
and Flute Ensemble on page 21!**

## Instrumental Music School of Carlisle & Concord

IMSCC Lessons are open to students of all ages, including adults!  
Private lessons are one-on-one (one student with a teacher).  
Small group lessons for 3-5 students are available for first and second year players.  
We offer two 16-week semesters, Fall & Winter-Spring.  
Our Summer semester offers a more flexible schedule.

**Get started today!**

### **Registration & Information:**

\$40.00 per 30-minute lesson (\$640 per 16-lesson semester)

\$58.00 per 45-minute lesson (\$928 per 16-lesson semester)

\$76.00 per 60-minute lesson (\$1216 per 16-lesson semester)

There is a registration fee of \$20 per semester for the Fall and Winter-Spring sessions.

Tuition for the full semester is due prior to the first lesson.

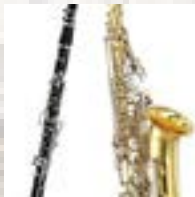
### **Small Group Lessons:**

We offer after-school, same-instrument, small-group lessons for our 4th- and 5th-grade musicians, which complement the Concord in-school instrumental ensemble programs. Details on page 21.

Payment plans are available on request and we also offer scholarship to those in need.

Details are on page 22. Apply online: [concordcarlisleace.org/scholarships/](http://concordcarlisleace.org/scholarships/)

**Check online for a full list of instruments we offer and faculty bios!**



**IMSCC Program Coordinator: Laryssa Doohovskoy**

**[ldoohovskoy@concordcarlisle.org](mailto:ldoohovskoy@concordcarlisle.org)**

**[www.concordcarlisleace.org/instrumental-music-school/](http://www.concordcarlisleace.org/instrumental-music-school/)**

For more than four decades, the Instrumental Music School of Carlisle and Concord (IMSCC) has brought the highest level of individual musical instruction to the students of Concord and Carlisle. Whether students are beginning a new instrument or honing skills developed through many years of practice, IMSCC is dedicated to helping young musicians excel. Our teachers work one on one with students to help them develop basic skills, learn repertoire, and prepare for performances. With close ties to school music departments, IMSCC teachers are well equipped to help students prepare for ensemble playing, both in school and beyond. IMSCC graduates have gone on to conservatory programs and professional careers in music.



Invest & Plan

Planning Ahead for Caregiving:  
Practical & Emotional Guide

**Julie Nordstrand**  
Most caregivers enter their role with little or no planning. Instead, a crisis arises, making the situation extremely challenging and stressful. If you are an adult child who is noticing aging-related physical and/or mental or cognitive deterioration in an older relative, learn a practical step-by-step approach to planning for caregiving. We'll cover key topics to help you evaluate your loved one's situation and when to step in to offer support; what your conversation should consist of and topics to cover; setting up a plan collaboratively; and services and resources for older adults. We will also address ways of managing the emotional challenges that many caregivers experience including what it means to be a caregiver, caregiver stress syndrome, how to manage stress, and services and resources for caregivers.

2 Mo | Sep 29 & Oct 6 | 6:30-8:30 pm | Online | \$59

Estate Planning Basics:  
Everything You Need to Know to Get Started

**Margaret Hoag**  
Many people put off estate planning for fear of the time involved, the cost, and being sold documents they don't need. In this workshop, you will learn the basics of estate planning so you can set your goals, know the documents you need, and prepare the questions you need to ask. We will cover how to: avoid probate, protect minor children, minimize taxes, plan for children with special needs, among other issues. We will review the purpose of wills, trusts, durable powers of attorney, health care proxies and other end of life documents, and homesteads. We will also discuss working efficiently with attorneys and what to expect during the process.

We | Oct 8 | 7-8:30 pm | Online | \$45



Consider giving to our scholarship fund. Each year, CCACE awards more than \$15,000 in scholarships to community members for CCACE programs. Visit [concordcarlisleace.org/donate](https://concordcarlisleace.org/donate) or select the option when registering. Apply online at [concordcarlisleace.org/scholarships/](https://concordcarlisleace.org/scholarships/)



What Happens to the Family Vacation Home?

**Margaret Hoag**  
Many families have a beloved vacation home that they want to preserve for future generations. The process of transferring the house to the next generation can lead to significant family conflict. We will discuss various methods of passing a vacation home onto your children and review the issues that arise. Topics will include the pros and cons of joint ownership, trusts, and LLCs including tax consequences. We will also discuss methods of decision making, paying for repairs and upkeep, and renting a property. Bring your personal experiences and questions to share.

We | Nov 12 | 7-8:30 pm | Online | \$45

How to Create a Family Resource File:  
Organize & consolidate all of your important life details

**with Sandra Batra**  
It's never too early to organize and consolidate all your important life details, but it can be too late! We experience events that change our lives. Do you ever think, What If? What if something happens to you or your spouse, how would your family manage? Could your spouse or family step in and seamlessly manage everything until you are back on your feet? It's your responsibility to think about this and do something; you need to plan for the unexpected and make sure all your important life details are organized and in one place. It's time you created your Family Resource File. Sandra will provide guidance--helping you to understand the types or categories of information to include, and the specific details within each category. You will also receive a summary of the information discussed.

Tu | Nov 18 | 6:30-8 pm | Online | \$39

Invest & Plan

Understanding Medicare

**with Daniel Williams**  
If you are close to age 65 or already on Medicare, this class is for you! The class is designed to fully enlighten you on how Medicare works and the different health care choices available to those age 65+. Some of the topics covered include:

- How are parts A, B, C and D integrated?
- What is Medicare Advantage?
- What are the pros & cons of HMO's, PPO's, & Medigap plans?
- Should I take Medicare if I am still employed?
- How do I avoid late sign up penalties?
- Does any part of Medicare cover long-term care expenses?

We | Oct 22 | 7-9 pm | Online | \$35

Demystifying Social Security

**with Daniel Williams**  
Deciding how and when to claim Social Security is one of the most critical financial decisions a person will make in his or her lifetime. By not understanding the many complex rules surrounding Social Security, you could leave thousands of dollars on the table. Some of the topics covered include:

- When should I file for benefits?
- What are the advantages and disadvantages of filing at age 62 or deferring to age 70?
- How does the November 2015 change in the rules affect me?
- How can I make sure I am taking advantage of available spousal, survivor or divorced benefits?
- How much of my Social Security will be subject to income tax?
- What potential changes are in store for Social Security and how might they affect my claiming decision?

We | Nov 5 | 7-9 pm | Online | \$35

The Latest Long Term Care & Asset Protection

**with Daniel Williams**  
The high cost of long-term care can wipe out a family's life savings in a short period of time. Unfortunately, many families are faced with this situation, finding themselves at the mercy of an under-funded government Medicaid system with limited choices. Recent legislative changes have created many questions surrounding planning techniques:

- How can I protect my home?
- What is the penalty for giving assets away?
- Are my assets protected if I put them in a trust?
- When is long-term care insurance worthwhile to consider?
- What if my loved one is already in a nursing home, can they still protect their assets?

We | Nov 19 | 7-9 pm | Online | \$35

Self Care

Craft the Ultimate Dating Profile

**Adi Reske**  
Craft a profile that truly reflects who you are in this interactive workshop designed to help you stand out in the world of online dating. Explore best practices, common pitfalls, and ways to showcase your personality to attract meaningful connections. Learn what works (and what doesn't), how to highlight your unique qualities, and tips for choosing the best photos. Then, in a hands-on "Profile Party," you'll brainstorm, get feedback, and leave with a complete, customized dating profile. With lively discussions, writing exercises, and real-time input in a supportive group setting, you'll gain confidence and be ready to make an authentic first impression online.

2 Mo | Sep 29 & Oct 6 | 6-7:30 pm | Online | \$55

Inner and Interpersonal Resolution

**Kate Jackson-Meyer**  
Personal and/or interpersonal resolution is often necessary after an argument, disagreement, or conflict. Through discussion and interactive activities, we will introduce the fundamentals of conflict resolution, justice, forgiveness, and reconciliation. Forgiveness is offered as a powerful pathway to personal and interpersonal restoration, even when reconciliation is not possible or appropriate. You will learn evidence-based interventions to foster forgiveness toward yourself and/or others. Leave with practical tools to support greater clarity and peace in your own life!

Mo | Nov 3 | 6:30-8:30 pm | at CCHS | \$35

Empowered Divorce:

Taking the Path That's Best for You and Your Family

**with Joan Mankoff**  
Are you contemplating divorce or already embarking on this life-changing journey? Divorce can be overwhelming and isolating without the proper support and preparation. Joan will discuss the basics of the divorce process and outline how research, education, and preparation are crucial to divorce empowerment. She will also outline a straightforward approach to evaluating your situation, making optimal decisions for you and your family, and setting up your best new life.

After a painful, high-conflict divorce, Joan found happiness and renewed purpose on the other side. She works to provide unbiased and confidential support, a network of proven resources, and a roadmap to reach their next, fulfilling chapter of life. She believes research, education and preparation are essential to empowerment and the best outcomes for those going through a divorce. Given the subject's sensitivity, you are asked to rename yourself by your first name only and keep your video off. You will have the chance to ask questions confidentially.

• We | Oct 22 | 12-1 pm | Online | \$35  
• Tu | Nov 4 | 7-8 pm | Online | \$35  
• Th | Nov 13 | 7-8 pm | Online | \$35



Village University, established in 2003, was inspired by Elliot and Alma Ring, and offers courses for mature learners who are seeking stimulating study and conversation about interesting topics. The courses are taught by academics, scholars, and educational leaders who volunteer to share their knowledge and inspire others. Our volunteer instructors bring the best university-level learning experiences to our community.

Village University registration opens on August 20th at 9 am.  
Email [ace@concordps.org](mailto:ace@concordps.org) with your name, address, phone number  
and the course(s) in which you wish to enroll.  
Once you are registered, you can donate online, by phone or by mail.

Art and Mathematics

**Bill Adams**  
We will consider art, many pieces of which are related to mathematics. We will start by considering art having various types of symmetry, for instance, some of the amazing patterns in Islamic art, and broaden out to modern sculpture and painting, kinetic art, string art, and geometric art. We will also view works from various sculpture parks and exhibits from conferences with themes of art and math. No prior background in either art or math is necessary to enjoy this course.

5 Tu | Sep 30-Oct 28 | 10:30 am - 12 pm | Newbury Court

Covers: A Deep Dive

**Keith Daniel**  
In the world of music, a cover is a re-make of a song. A cover might be a near copy, a slight alteration or a complete re-imagining. We will take a deep dive into covers, from a start in the world of classical music to more recent covers of the Beach Boys, the Beatles and others. We will explore jazz, from Ella Fitzgerald to the Modern Jazz Quartet; we will listen to many fascinating rock covers, from Buddy Holly to Stevie Wonder, as well as more contemporary performers. And you will indulge your humble instructor as Keith takes you into an in-depth exploration of covers by his favorite a cappella group, the BOBS. No materials necessary, as this will be largely a listening (and viewing) course. *No class 11/26*

10 We | Oct 1-Dec 10 | 10-11:30 am | Online

Shakespeare's As You Like It

**Dale Landis**  
This play is set in an idyllic pastoral world, where we find "tongues in trees, books in running brooks, sermons in stones, and good in everything." But some characters question whether this is really such an ideal world. We will start with a discussion of the pastoral, a literary tradition which Shakespeare adopts but comically undercuts, then consider comedy in renaissance drama. The bulk of the course will be a scene by scene study of the play. We will read extended passages in class (you can choose roles to play), then discuss language, characters, setting, staging, and ideas. Class reading will be based on the full-play text available free on the Folger Library web site. It would be a benefit for you to acquire the Folger book edition, which adds excellent reading aids - available for a reasonable price in paper or Kindle versions.

6 Th | Oct 9-Nov 13 | 3-4:30 pm | Online



CCACE is thrilled to be able to offer Village University programs to our community members. The requested donation is \$60 per person for the first course and \$30 per person for each additional Village University course per semester. We rely on this funding to continue running our programs.  
CCACE is self-funded through the programs it offers. Donations received from our programs help us maintain, promote, and provide scholarship opportunities for CCACE.

Part II: The Apogee of the Byzantine Empire

**Carol Murphree**  
We will quickly review the emergence of the Byzantine Empire covered in Part I of the empire's history last fall, which ended when the downfall of the Byzantine Empire appeared imminent. Part II, the Apogee, will examine more closely the period from 650-1025 AD, when the empire, having reached its nadir in the 7th and 8th Centuries, finally began to recover. Over time, it expanded its territory, secured its borders, returned to economic stability, regained its appreciation for learning and art, and continued as the center of Orthodox Christianity. It is in this period that Orthodox Christianity expanded its influence through missionaries, eventually converting the Slavs and the Rus, which had lasting historical importance. Most historians of the Byzantine Empire consider the late 10th Century to be the Apogee of the Byzantine Empire.

6 Th | Oct 16-Nov 20 | 10:30 am-12 pm | Gleason Library

Five More Artists and How They Saw the World

**Nancy Baker**  
Every artist has a focus and a passion that defines them as painter. For some it is color; for others it is how to paint for us what we can't see. Others look closely at the people and places of their own small circle of living and make them universal images in which we see ourselves hundreds of years later. Still others see inside their subject and find what the sitter may not recognize about themselves. We will get inside the minds of five famous artists – John Singer Sargent, Judith Leyster, Paul Cezanne, Frida Kahlo and Marc Chagall. Each painter has a unique style and appeal. You'll learn about their technique, their place in art history and their insights on the human condition.

5 Mo | Oct 20-Nov 17 | 10-11:30 am | Online

Notable Supreme Court Cases of 2025

**Doug Wilkins**  
This year, the U.S. Supreme Court decided a large number of momentous and potentially divisive cases. These decisions raise a number of questions: Did the justices honestly try to determine what the constitution, precedent and facts require? Or do their decisions just reflect the majority's policy preferences or partisan behavior? Which judges provided "swing votes" and why? Are we undergoing revolutions in modes of legal interpretation and use of the emergency docket? As one justice has said, to answer these questions, we must "read the decision." Eight of the court's 2025 decisions serve as case studies by raising these questions, among others (we may well have occasion to study orders issued as we meet during the fall). We will discuss whether the court's majority stayed within its judicial lane in each case - or whether it jumped existing guardrails or put its thumb on the scales. Doug will draw on his experience as a recently-retired trial court judge and, previously, a lawyer who briefed and argued cases in state and federal appellate courts, including one U. S. Supreme Court oral argument.

4 Tu | Oct 14-Nov 4 | 1-3 pm | at Umbrella Arts

French for Beginners

**Barry Bridgelal**  
Immerse yourself in the beautiful French language and gain a practical command of the vocabulary and grammar through topics that will include greetings, pronunciation, counting, indefinite articles, definite articles, interrogatives, infinitive expressions and a few irregular verbs. The goal of this program is to provide you with the tools to conduct basic conversations and write brief paragraphs about a range of everyday topics, using the present and near future tenses. The course is conducted largely in French. **You will need to purchase *Contacts* edition 8 (978-0618395781) or 9 (978-1133934004).** *No class 10/21, 11/11 or 11/25.*

9 Tu | Sep 30-Dec 16 | 7:45-9:00 pm | Online | \$225

French Intermediate I

**Barry Bridgelal**  
Students at this level will acquire vocabulary on a wide range of topics and will gain proficiency in expressing wants, needs and obligations (devoir, vouloir, pouvoir), build on the present tense and start the simple passé composé. Grammatical topics include the definite and partitive articles, prepositions, adverbs, direct object pronouns, present and passé composé. **This class will cover *leçons 14-19* in the *Contacts* edition 8 (978-0618395781) or 9 (978-1133934004).** *No class 11/26.*

• 5 We | Sep 10-Oct 15 | 7-8 pm | Online | \$100

• 7 We | Oct 29-Dec 17 | 7-8 pm | Online | \$140



**Barry's French students:**  
If you miss a class, you may view the recording or schedule a half-hour private lesson with Barry (\$39) - contact the CCACE office.

French Lunch Lessons - Déjeuners En Français

**Grace Butler**  
What better way to revive and maintain your French language skills than over lunch! For the first meeting, we suggest you pack a lunch (un bon sandwich fromage/jambon, par exemple). After that, we will decide together what direction the course will take. Conversational topics might include: cuisine, restaurants, and travel, and could also include cinema, theatre, and literature. Language and grammar points will be discussed as needed or requested. A basic comfort with spoken French is recommended. Ideal for intermediate and advanced level students. **Class #2 will meet on We, Oct 1.**

8 Th | Sep 25-Nov 13 | 12-2 pm | Keyes Rd Conf Rm | \$225



World Languages

German for Travelers

Jeff Driscoll  
Are you planning a trip to a German-speaking country of Europe and would you like to learn some German for the occasion? Or are you a beginner or advanced beginner and would like to improve your German conversational skills? Either way, this class is for you! Jeff has taught German for Travelers for over ten years, focusing primarily on conversation but also covering important aspects of German grammar, writing and reading skills, as well as German history and culture. Using games and various activities, Jeff makes learning the sometimes challenging German language fun and enjoyable!  
10 Tu | Sep 23-Nov 25 | 6-8 pm | at CCHS | \$275

Spanish for Beginners - In person!

Fun World Language Academy  
Whether you are looking to travel to a Spanish speaking country, hoping to connect with Spanish-speaking colleagues, or simply looking to revive old language skills, this is the perfect place to start. Our goal is to improve proficiency in Spanish, focusing on communication skills for everyday situations and we will cover the four key language skills: speaking, listening, reading, and writing. *No class 10/13.*  
8 Mo | Sep 29-Nov 24 | 4-5:30 pm | at RJ Grey Jr. High | \$259

Spanish for Beginners - Online!

Mary Ann Price  
Would you like to learn Spanish? Come and enjoy learning a new language in a relaxed and supportive atmosphere. In the Beginning Spanish class, you will be immersed in the language, learn new vocabulary, watch videos, and have conversations with classmates in which you practice your speaking skills. This course is for those with little or no knowledge of Spanish. **Please purchase *Pensar y aprender Libro 1 (Curso de español)* (ISBN 978-2921445207).** *No class 9/22, 10/13.*  
8 Mo | Sep 15-Nov 17 | 4-5:30 pm | Online | \$225



Adult English Language Learner (ELL) classes return this fall!  
Find out more information and register at  
<https://concordcarlisleace.org/adult-ell/>

Spanish for Advanced Beginners

Mary Ann Price  
Do you want to build on your beginning conversational skills in Spanish? Do you have a basic knowledge of the language? We will review the conjugation of –ar, –er, and –ir verbs in the present tense and then study irregular verbs and more vocabulary. We will practice simple conversations and learn more of the Spanish language and culture in a relaxed and supportive atmosphere. **Please purchase *Pensar y aprender Libro 2 (Curso de español)* (ISBN: 978-2921445160).** *No class 9/23, 11/11.*  
8 Tu | Sep 16-Nov 18 | 4-5:30 pm | Online | \$225

Spanish Advanced I

Mary Ann Price  
If you have a solid knowledge of the use of the present tense in Spanish as well as everyday vocabulary, this is the course for you. We will review the preterite tense before studying the imperfect tense, and then using both past tenses. There will be plenty of opportunities for oral practice. Join us to expand your Spanish language skills in a relaxed and supportive atmosphere!. **Please purchase *Pensar y aprender Libro 2 (Curso de español)* (ISBN: 978-2921445160).** *No class 9/23, 11/11.*  
8 Tu | Sep 16-Nov 18 | 7:30-9 pm | Online | \$225

Spanish Advanced III

Mary Ann Price  
You will have the opportunity to further review and expand your knowledge of verb tenses and to practice conversational Spanish. Discuss news articles about current events in Spanish-speaking countries. **Please purchase *Pensar y aprender Libro 2 (Curso de español)* (ISBN: 978-2921445160).** *No class 9/23, 11/11.*  
8 Tu | Sep 16-Nov 18 | 6-7:30 pm | Online | \$225

Spanish Conversation I

Diana Garcia-Martinez  
Would you like to speak Spanish fluently, already have a knowledge base of advanced grammar and a wide vocabulary base but need to practice and improve? You will prepare presentations of a topic of your interest, current events, etc. The group will listen and discuss the content of the presentation, learn new vocabulary and review grammar points. Join us—you will improve your Spanish, have fun, and enjoy interesting discussions with classmates. *No class 9/22, 10/13.*  
8 Mo | Sep 15-Nov 17 | Online | \$155



**Note regarding our Italian classes**  
Our venerable instructor, Rita Abela, has had to take the fall session off; we hope to have her back in time for winter. Check back in December for updates to this program.

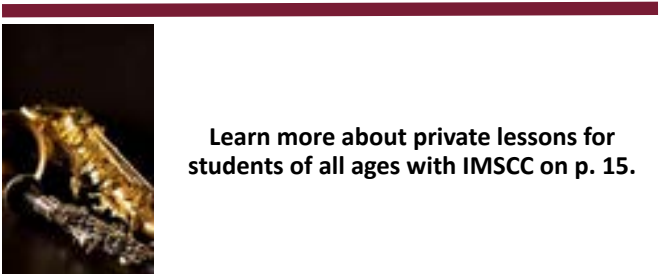
Writing

Flash Fiction: Tiny Stories with a Punch

Beth Greenberg  
Can you tell a whole story in 100 words? Together we will read some “micro flash fiction” pieces, explore what makes a story a story, and experiment with word choice and phrasing exercises. Using prompts, you will have a chance to write your own stories at your own pace. Then, we will practice giving constructive critique and using feedback to improve our stories. The instructor will share some popular flash fiction contest sites where you can further hone your skills, meet other writers, and even win prizes! This is for anyone with an interest in writing, all ability levels welcome and encouraged. Note: Please allot approximately one hour outside of class each week to compose your 100-word stories.  
4 Tu | Oct 14-Nov 4 | 4-5:30 pm | Online | \$100

Write Now!

Tina Tocco  
Have you always wanted to try your hand at fiction writing, but never took the leap? Maybe you’ve put down your pen for a while and need a jumpstart. Come experiment in this low-stress, generative class! You’ll kindle your imagination with fun prompts—music, sounds, images, etc.—to get those gears moving. Then, if you choose, you’ll share your work in a supportive environment and receive positive feedback. You’ll walk away each week with a new piece of writing—maybe even something you’d like to build on.  
6 Mo | Sep 29-Nov 10 | 7-9 pm | Online | \$179



Learn more about private lessons for students of all ages with IMSCC on p. 15.

Youth Programs

BLAST Babysitting Safety & CPR

Juanita Allen Kingsley  
The BLAST! (Babysitter Lessons and Safety Training) program provides training in First Aid, in household safety, and some fundamentals of childcare. We will prepare you to interview for a babysitting job, select safe and suitable games and activities, prevent accidents, and begin babysitting safely and competently. We will cover choking prevention and relief and how to call 911. You will also be certified in CPR/AED upon successful demonstration of practical skills. This program is for students in grades 6-8.  
• Mo | Oct 6 | 3:30-6:30 pm | at CCHS | \$155  
• Mo | Nov 17 | 3:30-6:30 pm | at CCHS | \$155

Small Group Music Lessons

IMSCC is offering after-school, same-instrument, small-group lessons for our 4th- and 5th-grade musicians, which complement the Concord in-school instrumental ensemble programs. All Small Group lessons will take place at CCHS.  
**Clarinet Small Groups with Ken Toland**  
• Year 1: 14 Th | Sep 18-Jan 8 | 4-4:45 pm | \$325  
• Year 2: 14 Mo | Sep 15-Dec 22 | 5:15-6 pm | \$325

Flute Small Group with Keith Anderson

• Year 1: 14 Tu | Sep 16-Jan 6 | 4-4:45 pm | \$325  
• Year 2: TBD - Check online or contact us for information

French Horn Small Group with Jeremy Ronkin

• Year 1: 14 Th | Sep 18-Jan 8 | 4-4:45 pm | \$325

Percussion Small Group with Alex Brander

• Year 1: 14 Tu | Sep 16-Jan 6 | 4-4:45 pm | \$325  
• Year 1: 14 Tu | Sep 16-Jan 6 | 4:45-5:30 pm | \$325

Saxophone Transition Group with Lou Stamas

• Grade 5: 14 We | Sep 17-Jan 7 | 4-4:45 pm | \$325

Trombone Small Group with Alexei Doohovskoy

• Year 1: 14 We | Sep 17-Jan 7 | 4-4:45 pm | \$325  
• Year 2: 14 We | Sep 17-Jan 7 | 4:45-5:30 pm | \$325

Trumpet Small Group with Andrew Sorg

• Year 1: 14 Tu | Sep 16-Jan 6 | 4:15-5 pm | \$325  
• Year 2: 14 Tu | Sep 16-Jan 6 | 5-5:45 pm | \$325

Violin/Viola Small Group with Sargis Karapetyan

• Year 1: 12 Mo | Sep 15-Dec 22 | 4-4:45 pm | \$325  
• Year 1: 12 Mo | Sep 15-Dec 22 | 4:45-5:30 pm | \$325

Flute Ensemble

Keith Anderson  
Flute Ensemble will focus on fun and challenging arrangements of well known songs and original pieces for flute groups. We will work on ensemble skills and intonation which can be notoriously tough for flute sections!  
14 Tu | Sep 16-Jan 1 | 6:15-7 pm | at CCHS | \$325

Details

How to Register

[www.concordcarlisleace.org](http://www.concordcarlisleace.org)

978-318-1432

500 Walden St, Concord, MA 01742

**Registration**  
Classes are filled on a first-come, first-served basis. Payment is due at the time of registration to secure your space. Once you enroll, you will receive a confirmation by email. If you do not see the email, check your spam folder.

If a class needs to be cancelled due to low enrollment, you will be notified 2 business days prior to the start date and receive a full refund. A \$25 fee for all checks returned due to insufficient funds will be charged.

**Who Can Enroll?**  
Anyone can enroll in our programs at the same tuition. Adult classes are open to ages 18+, unless otherwise specified. Younger students may enroll if a parent/guardian also enrolls.

**Refunds & Course Changes**  
If you withdraw 1 week or more before the start date of a class, we will issue you a credit (good for 18 months from the date of issue). You may request a refund of the class tuition minus a \$10 processing fee. Withdrawals from courses under \$25 are only eligible for a course credit. If you withdraw 6 days or less from the start date, we do not issue course credits or refunds.

**Virtual Class Information**  
We strongly recommend that you test Zoom on your device and get comfortable with the platform before the start of your class. While it may be easy to share a screen when joining a class from home, we do require each participant to be registered separately unless otherwise noted. **Zoom links are emailed the day before the class. If you do not see it, check your spam folder and contact the office before 4 pm.**

**Waitlists**  
If the class you want is full, sign up for the waitlist. There is no charge and we often get last-minute changes or add sections.

**Etcetera**  
CCACE reserves the right to change instructors if necessary and correct prices, dates, or times due to typographical errors in our catalog or website. The opinions, views, or recommendations expressed by instructors are their own and do not necessarily reflect those of CCACE. CCACE does not endorse any service or product recommended or offered by instructors.

**Gift Certificates**  
Perfect for any occasion! Join together with friends and family near and far for a virtual night of fun! Contact the office.

**In-Person Class Locations**  
All in-person classes are at Concord-Carlisle High School (500 Walden St, Concord) unless otherwise indicated.

**Scholarships for CCACE Programs**  
Scholarships for CCACE are made possible in large part by a grant from the Concord Carlisle Foundation. This support, in combination with donations from community members, helps to make lifelong learning a reality for local community members who require some financial assistance.

Apply online at [www.concordcarlisleace.org/scholarship/](http://www.concordcarlisleace.org/scholarship/)



The Concord Carlisle Foundation is a community-focused organization dedicated to understanding critical needs, making grants to local nonprofits, and providing direct aid to individuals. For more information about the Concord Carlisle Foundation, visit [www.concordcarlislefoundation.org](http://www.concordcarlislefoundation.org).

**Help make ACE classes affordable for everyone**  
Consider donating to our scholarship fund. Select the option to donate when registering for classes or visit [www.concordcarlisleace.org/donate/](http://www.concordcarlisleace.org/donate/)



**Hugh Cargill Trust**  
The Hugh Cargill Trust Committee has been working in partnership with the CCACE to provide partial Driver Ed scholarships to deserving high school students who are Concord residents. The mission of the Hugh Cargill Trust is to provide short-term emergency financial assistance to Concord residents. Town residents request aid by leaving a phone message at the Town House: 978-318- 3100, ext. 2030. The Committee can be contacted through email at [hctc@concordma.gov](mailto:hctc@concordma.gov). All requests are kept confidential.



Are you interested in joining our Advisory Committee?

**We have an open seat for a Carlisle community member!**

We want your ideas and help!  
Contact us at [ace@concordps.org](mailto:ace@concordps.org)

Adult Registration Form

Contact Information

First Name		Last Name	
Address			
City		Zip	
Phone #		Email	

Course Information

Start Date	Course Name	Fee
	Total	

Billing Information

Cash\_\_\_\_\_ Check/MO\_\_\_\_\_ Credit Card\_\_\_\_\_

Name on card		Exp Date	
Card #		CVV	

Youth Registration Form

Contact Information

First Name		Last Name	
Birth Date		Grade	
School			
Parent/Guardian			
Address			
City		Zip	
Phone #		Email	
Emergency Contact		Phone #	

Course Information

Start Date	Course Name	Fee
	Total	

Billing Information

Cash\_\_\_\_\_ Check/MO\_\_\_\_\_ Credit Card\_\_\_\_\_

Name on card		Exp Date	
Card #		CVV	





# Concord Carlisle *Adult & Community Education*

500 Walden Street  
Concord, MA 01742

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ConcordCarlisleACE



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[www.concordcarlisleace.org](http://www.concordcarlisleace.org)



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**So many walking tours!**  
**Explore & Play**  
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**Village University**  
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