



Concord Carlisle
Adult & Community Education

Adult & Continuing Education
Driver Education
Instrumental Music School of Carlisle & Concord

Fall 2023



Table of Contents



4 ARMCHAIR TRAVEL

28 CERTIFICATE PROGRAMS

5 COLLEGE & TEST PREP

7 COMPUTERS & DIGITAL LIFE

8 CREATIVE ARTS

10 DRIVER EDUCATION

9, 12 EXPLORE & PLAY

12 FITNESS & WELLNESS

13 FOOD & DRINK

14 HISTORY & ENVIRONMENT

15 HOME & GARDEN

16 IMSCC

15, 17 INVEST & PLAN

18 MUSIC

19 PARENT EDUCATION

21 PROFESSIONAL DEVELOPMENT

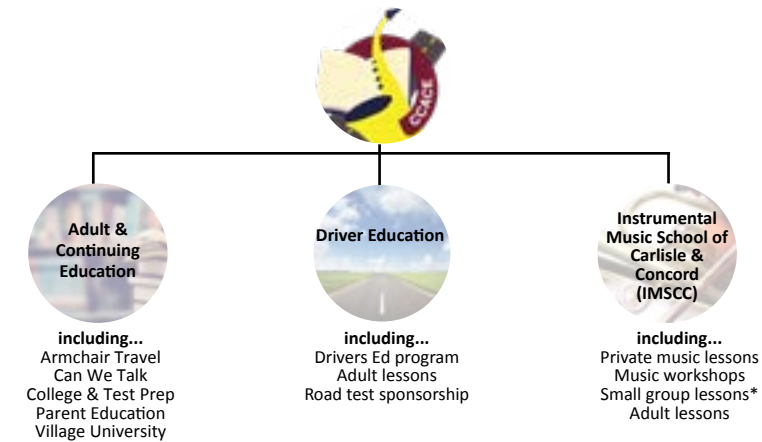
22 VILLAGE UNIVERSITY

24 WORLD LANGUAGES

26 WRITING

27 YOUTH PROGRAMS

Check out all that Concord-Carlisle Adult & Community Education offers!



Dear Neighbor,
It's still summer and the temperature is soaring, but we've been busy putting together an exciting selection of fall programs. Our **Concord Historical Walks** (p.14) are back: Indigenous People Walking Tour, Women of Concord and African American History. Interested in Indigenous People of Musketaquid and Concord without walking? Join Amy Cole & Joe Palumbo for a lecture!

Have teenagers preparing for college? Let us help them and you navigate the process with classes on test prep as well as understanding the new digital versions, with professional instructors from **Open Door Education** (p.6).

We are thrilled to present another informative program, co-sponsored by the League of Women Voters of Concord & Carlisle. **400 Souls: Building a Slave Society in Real Time** - (p.14) will explore the meteoric rise of American chattel slavery from 1619-1861 through economic, historical, legal, political, religious and scientific lenses.

Our ever-growing **Adult English Language Learner classes** (p.24) continue to bring in new participants.

As part of our Parent Education programming, we are excited to bring you this series in partnership with Concord nonprofit BeWellBeHere: **Parenting Teens in the Age of Miscommunication: Finding Common Ground and Real Connection** (p.19).

Back by popular demand: Armchair Travel, Pysanky (Ukrainian Easter eggs), boating skills, Italian language, walking groups and so much more!

If you or someone you know needs help paying for our classes, we want to help! Last year we gave out over \$10,000 in need-based scholarships. See details of how to apply on p.29.

Do you have a skill or special knowledge to share with your community? We want to hear from you! We are always looking for new class ideas and new instructors.

We look forward to seeing you soon,

Adult & Community Education Staff

Jill Weintraub
Director of Adult & Community Education
jweintraub@concordcarlisle.org
978-341-2923 or 978-831-3579

Stefanie Cloutier
Adult & Youth Programs Coordinator
scloutier@concordcarlisle.org
978-318-1400 x7523

Rebecca Gurley,
Driver Education Coordinator
rgurley@concordcarlisle.org
978-318-1400 x7124

Deborah Levine,
Instrumental Music School of Carlisle and Concord Coordinator
dlevine@concordcarlisle.org
978-318-1400 x7653



Cover art by Clara Lewis, CCHS Class of 2023: After turning eighteen, I have reflected upon my childhood more recently than ever. Many special experiences are now old memories. I reckoned painting the tall sunflowers in my backyard I once adored as a toddler would help me grasp the feeling of childhood a little longer. I now wonder, would I be taller than them now?

Armchair Travel




Armchair Travel is a series of presentations on travel from community members, organized by members of our Advisory Committee.

All sessions are on Mondays at 7 pm on zoom. This program is offered for free.

Registration for each session is required to receive the link for that week.
Need help registering for all sessions? Call 978-318-1432 or email ace@concordps.org

Havana Cuba: A Tourist's Eye View with Bill Mrachek
Situating only 105 miles off Key West, Cuba is seldom a favored destination for US tourists. Yes, you can travel to Cuba yourself as long as you follow strict rules, technically speaking. Travel to Cuba with the express intention of purely vacationing isn't allowed. If you have a desire to view street life in Havana and various Cuban dancers and venues this presentation may be just right for you. Through the auspices of the Santa Fe, New Mexico Workshops, Bill traveled to Havana in 2019 and again in March of 2023. He will share images from 2019 and 2023 plus some short video snippets to enhance your experience, with some Cuban facts inserted to increase your knowledge of our close neighbor.
[Mo | Oct 2 | 7-8 pm | Online](#)

A Pilgrimage to Israel, the Holy Land with Dolores Granata
Israel is a land of many faiths, cherished religious sites and well-preserved archaeological treasures. Holy land to Jews, Christians, and Muslims, this is where biblical place-names like Bethlehem, Galilee and Jerusalem come vibrantly alive. Whether you're in a shrine or walking cities and countryside, Israel is a place to renew the spirit.
[Mo | Oct 23 | 7-8 pm | Online](#)

 Do you have travel stories to share?
We want to hear from you!
Contact us at ace@concordps.org

A Voyage on the Last of the Great Ocean Liners with Malcolm Bryant
The era of the great ocean liner is said to have begun in 1843 when the SS Great Britain designed by Isambard Kingdom Brunel began service between the UK and the US. Over the years bigger and more luxurious liners were built carrying the wealthy across the Atlantic in great style (while carrying large numbers of immigrants in cramped unsanitary conditions below decks). The advent of successful commercial jet liner service across the Atlantic in the late 1950s signaled the gradual decline of the ocean liner. Now there is only one remaining - Cunard's Queen Mary 2, which makes the round trip journey from Southampton UK to New York City once a month. Malcolm will present a brief history of the great ocean liners, and then take you along as he travels from Pier 3 in Brooklyn to Southampton Dock and provide a window into what it is like to make the leisurely 8 day crossing.
[Mo | Oct 30 | 7-8 pm | Online](#)

Destination: Down Under with Kathy Clute
Come along on one of the "great walks of Oz" - a hiking and sailing adventure in remote Tasmania. Then take in the sights of Greater Melbourne, Australia's vibrant second city. Marvel at downtown's laneways and gardens, visit the colorful seaside bathing boxes at Brighton, hop aboard the famous "Blues Train" in Queenscliff, pan for gold at Ballarat, and enjoy Aboriginal art and wine at a High Country vineyard.
[Mo | Nov 6 | 7-8 pm | Online](#)

Armchair Travel

Kilimanjaro with Eugene Delsener
Mt Kilimanjaro is the highest mountain in Africa and the highest single free-standing mountain above sea level in the world (19,341 ft above sea level). In October 2022 Eugene hiked Mt Kilimanjaro following the Grand Traverse trail which circumnavigates the peak before summiting. His presentation will cover the course, preparations and photos of the adventure.
[Mo | Nov 20 | 7-8 pm | Online](#)

The Wonders of Iceland with Anne Umphrey
Anne will share the many unique geologic wonders of Iceland which are volcanic in origin, and now possessing several active volcanoes. Also, she will present the spectacular landscape, info about the very friendly people with a surprising history, millions of birds including more puffins than one could count, over a thousand waterfalls, hot springs, and lava flows all of which contribute to this amazing place.
[Mo | Dec 4 | 7-8 pm | Online](#)

Copenhagen: Designed for Living with Deb Levine
Join us for a tour of wonderful Copenhagen! Copenhagen has exploded over the last 15 years, with new, architect-designed buildings going up everywhere, swimming in the cleaned up harbor, thoughtfully designed playgrounds, and of course, protected bicycle bridges and paths from one end of the city to the other (many of which have existed since the 1940s). Get a sense of this user-friendly breezy city in this presentation of wonderful Copenhagen.
[Mo | Dec 11 | 7-8 pm | Online](#)

College & Test Prep

How to Build Your Law School Application Roadmap with Anna Ivey
Are you planning on applying to law school this fall? Expect to start early, or expect to feel rushed. Don't let "calendar anxiety" creep in during this weird thing known as rolling admissions. Join Anna as she teaches you how to reverse engineer your ideal application timeline, keep track of application components, make the calendar work for you, and submit your best applications with a minimum of stress. Parents and students are invited to attend together, using the same screen.
[Th | Sep 21 | 6:30-8 pm | Online | \\$25](#)

College Athletic Recruiting with Mindy Popp & Tom Walsh
The session seeks to provide a general overview of the college athletic recruitment process for qualified student-athletes. Although each sport has its own nuances, there are some standards that apply across the spectrum of collegiate sports when it comes to recruitment. From honest self-assessment to discerning the appropriate level of competition to the preferred timeline for outreach to ultimately making a commitment to a college coach and program, we will guide interested families through the ins and outs, as well as the do's and don'ts, of this significant element of the college admission landscape. We look forward to dispensing knowledge, dispelling myths, and delivering an insightful, informative program, including ample time for Q&A from the participants.
[We | Dec 6 | 6:30-8 pm | Online | \\$25](#)

Travel with us.

We have a new travel partner and they're planning new trips for us! Interested in learning more? Get information and sign up for our travel mailing list at:

www.concordcarlisleace.org/travel-opportunities



Strategy, Guidance, Confidence. Results.

The Digital PSAT is Coming. Be Ready!
This year the PSAT is taking a significant leap forward by transitioning to a digital format. This digital PSAT will mark the beginning of most students' college admissions journeys and sets the tone for their experience with testing. This class will ensure that your student has a strong understanding of the new digital test's structure and content, along with a toolbox of strategies for each section to help them excel on Test Day. Lay the groundwork for your student's confident first steps into the future of standardized testing!

• Tu & Th | Oct 3-10 | 7-8 pm | Online | \$225
• Sa | Oct 7 | 10 am-1 pm | at CCHS | \$225

The Digital SAT, The ACT, and YOU: Everything You Need to Know About College Admissions Testing
The landscape of college admissions testing is evolving rapidly, and many parents and students are understandably uncertain about what these changes, including the new digital SAT launching in March 2024, mean for them. From choosing between the SAT and ACT to understanding test-optional admissions policies, this class will identify and unpack the major issues relating to testing so that you can help develop a smart, effective, and informed plan for your student. Attendees will gain an understanding of the differences between the SAT and ACT, the keys to building a testing timeline, the changing role of tests in college admissions, and the essential components of impactful preparation - all while keeping the upcoming digital SAT in mind. Reduce stress by developing a strategic plan for your student's bright future!

• Th | Sep 7 | 7-8 pm | at CCHS | \$15
• Tu | Sep 19 | 7-8 pm | Online | \$15
• We | Oct 11 | 7-8 pm | Online | \$15

SAT ADVANCED Bootcamp
This class is intended for students who have previously scored at least a 1300 on the SAT. During this 6-session class, students will focus on the most challenging question-types, the most advanced content areas, and the most important strategies for high-scoring students. This class will cover all three sections of the SAT: Reading, Writing, and Math. *Please note class will meet on Monday, October 30 instead of Tuesday, October 31.*

Tu & Th | Oct 17-Nov 2 | 7-8 pm | Online | \$475

ACT/SAT Practice Tests
We have digital and paper options this fall, as the SAT transitions to offer a digital test.

Please note that the tests are administered with standard timing. Any students who qualify for accommodations, including extended time, should contact Open Door Education (978-263-6387 or info@opendoor.education) directly to discuss options for a practice test.

*You must be at least 15 years old and a sophomore to take the practice test.

ACT / SAT Practice Test - Traditional paper format
This full-length practice test provides students with the opportunity to sit for a low-stakes test in a simulated Test Day environment. In addition to the valuable practice, students will receive comprehensive score reports that will help them to understand their test performance and make a well-informed decision as to whether the SAT or the ACT is a better fit for them.

ACT:
• Sa | Oct 7 | 9 am-12:30 pm | at ABHS | \$30
• Sa | Nov 18 | 9 am-12:30 pm | at CCHS | \$30
• Sa | Dec 2 | 9 am-12:30 pm | at ABHS | \$30

SAT:
• Sa | Sep 16 | 9 am-12:30 pm | at ABHS | \$30

SAT Digital Practice Test
Stay ahead of the curve with our Digital SAT Practice Test! As the SAT embraces a digital format for the first time during the October PSAT and March SAT, students can prepare for this experience by taking a practice test in a low-stakes, simulated Test Day environment that fosters familiarity and confidence. Our detailed score reports will help guide them in deciding whether the SAT or ACT is the best fit for their goals. *Students taking this practice test should bring a fully charged laptop and charger. If they do not have a laptop, one will be provided.*

• Sa | Sep 9 | 9 am-11:30 am | at CCHS | \$30
• Sa | Sep 30 | 9 am-11:30 am | at ABHS | \$30

SAT Practice Test and Digital SAT Practice Test
We're offering both paper-based practice tests for students testing before March and digital practice tests for those testing in March or later. Embrace the future of testing with our comprehensive SAT practice test options today!

• Sa | Oct 21 | 9 am-12:30 pm | at ABHS | \$30
• Sa | Nov 11 | 9 am-12:30 pm | at CCHS | \$30
• Sa | Dec 9 | 9 am-12:30 pm | at CCHS | \$30

Tech Topix: Sign up for 1, 2, 3 or all 4!

Cryptocurrency
with Howard Loewinger
What is it? How does it work? Is it secure? How is it different than traditional currency? Are people using it in place of traditional currency? Is it something I should consider using? We will try to answer these questions and more in this class.

Tu | Oct 24 | 11 am-12 pm | Online | \$15

The Dark Web
with Howard Loewinger
Did you know that much of the internet is hidden from the everyday user? The part of the internet we search with Google, buy stuff from Amazon or use to find information about our next vacation comprises only about 4% of the overall content of the World Wide Web. About 90% of the content is in what is known as the "Deep Web". And then there is the "Dark Web", a place not for the faint of heart.

Tu | Oct 31 | 11 am-12 pm | Online | \$15

Digital Privacy
with Howard Loewinger
How concerned should we be about our privacy online? We will discuss this issue as it relates to computer use as well as our phones and tablets. Should we try to limit our exposure on the Internet? Can it be done?

Tu | Nov 7 | 11 am-12 pm | Online | \$15

Artificial Intelligence (AI)
with Howard Loewinger
What is AI? What advances have been made in AI recently? What can AI do now? Can AI systems really learn on their own? What are the downsides to AI? What are the upsides? How can computers replace human beings now? And in the future?

Tu | Nov 14 | 11 am-12 pm | Online | \$15

Social Media for Business
with Nickie Welsh
Driving new customer traffic to your website and promoting your business is imperative in today's technology world. Don't let your skillset or company get left behind by missing the key social media rules you need to know! In this class, you'll learn how to craft a simple but effective social media marketing strategy, listen directly to customers and implement tips to grow your business all while staying organized without technology overwhelm.

Th | Sep 7 | 1-2 pm | Online | \$25

Grow Your Business with Instagram
with Nickie Welsh
What can you do on Instagram that can result in huge growth for your customer base and sales? We've got the answers you need in this fun beginner level class to grow your business with Instagram. You'll learn the key steps needed in order to improve your company bottom line and also gain more followers. Plus, you'll learn to make your content irresistible and have fun in the process!

Th | Dec 7 | 1-2 pm | Online | \$25

Cutting the Cable: Your TV Options in the Digital Age
with Howard Loewinger
Are you ready to "cut the cable"? Watching TV has changed over the last 20 years. Now you can choose from hundreds of channels, and watch TV on just about any electronic device anytime, anywhere! This short course will walk you through all the ways you can watch your favorite shows: traditional cable, over the air, streaming and live TV over the Internet. We will discuss some of the pros and cons of each and whether your TV is "smart enough," or if you will need additional hardware to use the Internet services. There will be demonstrations and time for your questions.

Th | Dec 7 | 10:30 am-12:30 pm | Online | \$35



Don't wait!
Sign up NOW for the class you want to take!

We decide if a class is running a week before its start date and your registration can make the difference. Some classes fill quickly so register early to avoid disappointment.

Creative Arts




Let’s Make Pysanky (Ukrainian Easter Eggs) with Alona Popova
This workshop will provide an opportunity for you to learn the art of Pysanky from a native Ukrainian, receive an abundance of information about the history, symbols, meaning, and, of course, create your own beautiful Pysanka in the traditional wax-resist method using real chicken eggs, "kistka", beeswax, candle and color dyes. All the materials are prepared in advance and will be provided during the workshop. **A \$15 materials fee is due to Alona at class.**
Th | Sep 28 | 6:30-9 pm | at CCHS | \$39

Lemko Style Pysanky with Alona Popova
Learn to create beautiful and unique drop-pull pysanky in the Lemko tradition. Using a simple pin-head and matches instead of "kistka", you will place molten drops of wax onto the egg surface and pull them to create a variety of designs and configurations. All the materials are prepared in advance and will be provided during the workshop. **A \$15 materials fee is due to Alona at class.**
Th | Oct 19 | 6:30-8:30 pm | at ABHS | \$39


Pysanky Ornament with Alona Popova
You'll get the chance to create your very own Pysanka in the traditional wax-resist method. Using a combination of beeswax, the "kistka" tool, and vibrant color dyes, you'll learn how to create designs on a real chicken egg. You'll have the option of turning your Pysanka into a festive Christmas ornament too! Alona will show you how to add a variety of hangers to your egg. All the materials are prepared in advance and will be provided during the workshop. **A \$15 materials fee is due to Alona at class.**
Th | Nov 16 | 6:30-9 pm | at CCHS | \$39

Christmas "Pavuk" Craft with Alona Popova
Learn how to create a beautiful wheat straw decoration - a Christmas "Pavuk" (Spider). This authentic Ukrainian craft is not just a decoration, but a kind of model of the universe and attracts family happiness according to folk beliefs. All the materials are prepared in advance and will be provided during the workshop. **A \$15 materials fee is due to Alona at class.**
Th | Dec 7 | 6:30-8:30 pm | at ABHS | \$39



Alona Popova is Ukrainian and Pysankarstvo (the art of making pysanky) came into her life as a hobby that turned into her absolute love. For almost a decade, she has been creating pysanky on a weekly basis and in 2022 started to offer masterclasses. Alona would love to share her knowledge with you and introduce you to this centuries-old Ukrainian tradition.

Beginning Acrylic Painting and Mixed Media with Gretchen Fogelstrom
This is a fun class that allows you to experience a variety of techniques, styles and media while you gain confidence with your paint brush. Each class will have its own focus and begin with an explanation and demonstration. We'll play with tools and techniques, different mediums, explore how color and composition help build the overall mood, dabble with collage, compose an abstract, learn the subtleties of landscapes and end with starting a beautiful art journal. Join us for a relaxed creative journey. Gretchen will send a supply list prior to class.
6 Tu | Oct 6-Nov 7 | 5:30-7:30 pm | at CCHS | \$205



Sign up for the wait list if the class you want is full!

There's no fee and we often have changes or add more sections.

Explore & Play

Boating Skills and Seamanship with U.S. Coast Guard Auxillary Flotilla 502
This introductory course is for both sail and power boaters and includes instruction on safety afloat, legal responsibilities, aids to navigation, rules of the road, charts and compass, engines, knots, weather, boat handling, radio procedures, and navigation electronics. Completion certificate helps reduce boat insurance fees. Families are welcome. **Course materials are \$60 and are paid directly to the USCG in class. Materials include the text, chart, test & certificate. No class 11/22.**
12 We | Sep 13-Dec 6 | 7-9 pm | at CCHS | \$50

Coastal Piloting (Weekend Navigator) with U.S. Coast Guard Auxillary Flotilla 502
Coastal Piloting, or the Weekend Navigation Seminar, is advanced instruction for those who have already completed a basic boating course. It covers aids to navigation, the earth and its coordinates, Mercator projection, piloting, correcting compass errors, dead reckoning, tides and currents, radio navigation and more. **Course materials are \$75 and are paid directly to the USCG in class for the text (USB), two charts, paraline plotter, dividers, test & certificate. No class 11/22.**
12 We | Sep 13-Dec 6 | 7-9 pm | at CCHS | \$50

Introduction to Drones and Drone Safety with Hayden Spitz
Have you ever thought about buying or flying a drone (UAS - Unmanned Aircraft System)? Drones are fun, but they are also a lot of responsibility. Whether you want to use drones as a hobbyist or for commercial purposes, there are rules and laws that everyone must follow to maintain safety. This two-session course is for beginners with minimal experience about drones. In the first session (held virtually), you will learn the drone laws and how to fly a drone safely. You will also get information about various types of drones and what you should know before purchasing one. In the second session, the class will meet outside, and you will have your first experience flying a drone. If you don't yet own a drone, you will be able to borrow one from the instructor. *Rain date: 10/15*
Th | Sep 28 | 6:30-8:30 pm | Online AND
Sa | Oct 14 | 9 am-12 pm | at Ridge Hill Reservation | \$129



Where Have All My Birds Gone? with Michele Grzenda
As our days get shorter and shorter, many of us are wondering: "Where Have All My Birds Gone?" The story books suggest the easy answer: they went south for the winter. And that's certainly a big part of the story: But wait, there's more! This zoom presentation will complete the picture with insights into: Why do birds fly away at all? Where do they go? What adventures might they experience on the way? Michele will wrap up with some ideas on how we can help birds have a good trip south and provide them with a warm welcome next spring.
Tu | Sep 19 | 7:30-8:30 pm | Online | \$25

Bicycle Escapes with Mary Hurley & Caitlin Hurley DeSanti
Back after a long hiatus, Mary and her daughter Caitlin are once again offering guided bike rides this fall. Get out your E-bike, road or touring bike and join us for outdoor fun on two wheels! We will be riding mostly back roads in various towns each week, offering some history, some chatting and lots of laughter. Mary looks forward to catching up with some of you and inviting newbies to join this energetic group. This is intermediate level riding; you should be able to ride about 10 or 12 miles an hour. **Meeting points will be sent prior to each ride.**
6 Tu | Sep 19-Oct 24 | 10 am-12 pm | TBD | \$115

Bridge for Beginners with Phil Griffith
Engage your brain—learn and play bridge! An exciting card game of logic and detective work, bridge is also a great way to be social. In this course you will learn by playing, not lecture. We will cover all the basics, including bidding, playing, and defending in modern bridge. You'll play this absorbing game with a partner against another pair, so bring a friend (or four-some!) if you can. Singles are welcome and will be paired up in class. Learn bridge, and you'll enjoy many years of entertainment, mental challenge, and friendship. *This is a beginner class, and it's also open to players who would like a refresher. Required text is Bridge Basics 1: An Introduction by Audrey Grant (ISBN 978-0939460908).*
6 Tu | Sep 26-Oct 31 | 6:30-8:30 pm | at CCHS | \$125

Driver Education



Earning your drivers license is a huge milestone.
Drive with us!

Driver education promotes and teaches safe driving attitudes, develops defensive driving skills, and respect for the rules of the road. It prepares students for the RMV license exam and it strives to prevent or reduce accidents and fatalities that involve young drivers.

Driver Education age requirements

- 15 years, 9 months: The minimum age you must be on *the first day* of class per RMV regulations.
- 16 years: You are now eligible to obtain and drive with a Learner’s Permit.
- 16 1/2 years: If you have had your permit for 6 months AND completed Driver Education, you are eligible to take your road test.
- 18 years: You are now eligible to take your road test *without* a Driver Education Certificate

Steps to complete Driver Education:

1

Parent Class: *There is a \$25 fee If your child is attending another Driver Education program*
You must attend the RMV-mandated class **before** your child is allowed to begin driving lessons with an instructor. We will cover your responsibilities, your child’s responsibilities, and review our program’s policies. Also, you will hear tips and hints on how to teach a new driver and a review of laws that have changed in the last 10-20 years. While we welcome both parents to come and speak with us, only one parent is required to complete the class.

- We | Sep 6 | 7-9 pm | Location TBD
- Th | Oct 12 | 7-9 pm | Location TBD

- We | Nov 1 | 7-9 pm | Location TBD
- Tu | Dec 12 | 7-9 pm | Location TBD

2

Classroom options: *You do not need your permit to start class. You must be 15 years, 9 months.*
30 classroom hours divided into 15 2- hour modules.

- Su | Sep 10-Oct 29* | 9 am-1 pm | at CCHS
- Sa, Su, Fr, Sa, Su | Nov 4, 5, 10, 11, 12 | 9 am-4 pm | at CCHS**
- Tu-Sa | Dec 26-30 | 9 am-4 pm | at CCHS**

***No class 10/8, final date will run until 3 pm.**
**** There will be a lunch break from 1-2 pm. Please note the cafeteria will not be open.**

3

Drive with us!
Once you get your permit, send us the permit number and issue date so we can activate your account for you to start scheduling lessons.

You must complete 12 hours of behind-the-wheel lessons and 6 hours of observation, in addition to a minimum of 40 hours of practice at home.

We offer lessons after school, on weekends, and vacations. Depending on your schedule, you may be able to schedule lessons during free blocks. **You must have a full hour available.*

Total fee: \$825



- Tips for Success**
- ☑ We recommend that you complete the program within one year - this way everything you're learning is fresh when you go for your road test. The RMV requires you to complete the program within two years from the date you started.
 - ☑ Once you get your permit, send us your permit number and the issue date. We will activate your Schedule2Drive account and you can start booking lessons.
 - ☑ You must have your permit for a minimum of 6 months so there is no reason to rush through lessons! We recommend spacing out your 12 driving hours with us so you finish about a month before that 6 month eligibility. This allows us time to send your certificate to the RMV, allowing you to schedule your road test once you reach that 6 month date.
 - ☑ Once all of the requirements are completed, we send a certificate to the RMV (\$15 fee, included in your tuition). About a week later, you can log on to myRMV and book your road test!
 - ☑ If you want us to sponsor you for your road test, send us the date, time, and location once it is booked.

Recommended: RMV Driver's Manual
Download at www.mass.gov/lists/drivers-manuals Purchase for \$4 at CCACE office or \$5 at the RMV

Elective Credit:
CCHS students may earn one elective credit for completion of the classroom program.



Questions about Drivers Ed?
Contact Rebecca Gurley:
rgurley@concordcarlisle.org or
978-341-2490 x7124

Scholarships are available for Driver Education!

We offer scholarships
Scholarships are made possible in part by a grant from the Concord-Carlisle Community Chest. **Apply online at www.concordcarlisleace.org/scholarship/** This helps to make lifelong learning a reality for local community members who require some financial assistance. Your application for assistance is confidential. The Community Chest opens the doors of learning for everyone. For more information or to donate, visit www.cccommunitychest.org.

Hugh Cargill Trust
The Hugh Cargill Trust Committee has been working in partnership with CCACE to provide partial Driver’s Ed scholarships to deserving Concord high school students. The mission of the Hugh Cargill Trust is to provide short-term emergency financial assistance to Concord residents. Town residents request aid by leaving a phone message at the Town House: 978-318- 3100, ext. 2030. The Committee can be contacted through email at hctc@concordma.gov. All requests are kept confidential.

Explore & Play

Rock Circuit Trail
with Dave Fatula
Come explore this 3-mile hike climbing several rocky outcroppings leading to amazing views of the Boston city skyline from Pinnacle Rock as well as the rooftops of Melrose from Black Rock! Below treeline, enjoy exploring wildflowers, ferns and crossing rivers and streams beneath rich tree canopies. Meeting point is the Flynn Hockey Rink, average hike time should be around 3 hours (35-40 min mile pace). (Easy Hike)
Mo | Oct 2 | 10 am-12:30 pm | in Medford | \$39

Skyline Loop @ The Blue Hills Reservation
with Dave Fatula
Come explore the Blue Hills as a hiking destination, and get a taste of the Skyline trail, climbing to views of the Boston skyline and out to the ocean. This 5.75 mile loop hike also takes you past the historic Chickatawbut Observation Tower as you loop below treeline and back over towards a unique small quarry pond on your way back to lily pad covered ponds dotting the exit path. Meeting point is Shea Memorial Hockey Rink and the average hike time should be around 3.5 hours (35 minute mile pace) (Moderate Hike)
Sa | Oct 28 | 10 am-1:30 pm | in Quincy | \$55



Help make ACE classes affordable for everyone
Consider giving to our scholarship fund. Visit concordcarlisleace.org/donate or select the option to donate when registering.

Fitness & Wellness



Grandparent/Caregiver: Pediatric First Aid & CPR
with Juanita Allen Kingsley
If you're caring for an infant or child, you need to know how to respond in case of a first-aid emergency. You'll learn to handle injuries and manage illness for the first few minutes until help arrives. We'll cover first aid basics; medical, injury, and environmental emergencies; and CPR for all ages. You'll learn about allergies and epipens too. Upon completion of the course, you'll receive certification in Pediatric First Aid and CPR for all ages. Open to Grand/parents and caregivers of any age. Please bring a mat or towel for kneeling.
Tu | Oct 3 | 3:30-6 pm | at CCHS | \$95

The Connection Between Nutrition, Menopause, and Weight Management
with Nina Frusztajer
The menopausal stage includes hormonal and metabolic changes that can wreak havoc on your body, appetite, mood, sleep quality, and energy level. The good news is that the right diet can have a positive impact on all of these aspects of your overall wellbeing. In an interactive session, physician, nutritionist, and life coach Nina Frusztajer, MD, MS will:

- share the science of what's going on physiologically during menopause
- explain the connection between menopause, diet, and weight
- offer practical tips for how you can use your diet to your advantage to feel and look your best - including losing weight!


We | Oct 11 | 4-5:15 pm | Online | \$25

Healing & the Art of Touch: Self Massage, Accupressure & Foot Reflexology
with Debra Rosenblum
Learn how to ease tension, increase circulation, and relieve pain with simple massage techniques you can do on yourself. We'll use our own hands, fingers, and elbows to reduce stress. Discover how to activate energy meridians, and stimulate the lymphatic system. We will practice acupressure and foot reflexology techniques to reduce pain, improve digestion, sleep better, and bring greater harmony to your body. *No class 12/5.*
6 Tu | Oct 31-Dec 12 | 12-1 pm | Online | \$125

Fitness & Wellness

Concord Fall Walks
with Liz Fuller
Get out and enjoy the fall with these trail walks in the Concord/Carlisle area. Designed to get you moving while enjoying the scenery, each walk will be 3-4 miles, slightly slower than our fitness hikes. Come for the camaraderie of exploring the outdoors with like-minded people! **Directions to the trailhead will be sent out each week.**
5 Tu | Sep 5-Oct 3 | 9:30-11 am | \$75
5 Tu | Oct 17-Nov 14 | 9:30-11 am | \$75

Fitness Walks
with Paula Casey, Stefanie Cloutier, & Liz Fuller
Fall is here – it's a perfect time to exercise outdoors! We'll explore local trails while getting a moderate workout. Come prepared to break a sweat and get your heart rate up while we hike 4-5 miles in each two-hour session. Light hiking boots recommended; walking poles suggested for those wanting additional support and an upper body workout. **Meeting points will be sent prior to each walk.**
Liz: 4 We | Sep 6-Oct 4 (no 9/13) | 9:30-11:30 am | \$75
Paula: 5 Th | Sep 21-Oct 19 | 11:30 am-1:30 pm | \$89
Stefanie: 6 We | Oct 11-Nov 15 | 9:30-11:30 am | \$99
Paula: 5 Th | Oct 26-Nov 30 (no 11/23) | 11:30 am-1:30 pm | \$89
Liz: 4 We | Nov 29-Dec 20 | 9:30-11:30 am | \$75



Meet the Instructor
Liz Fuller has been an outdoor enthusiast for her entire life and loves introducing others to the joys of nature and recreation. Originally from the midwest, she has been exploring the trails of New England for over 20 years.

Food & Drink


Craft a Beautiful Charcuterie Board
with Darnyel Abreu
The holiday season is approaching, and with it, many parties, celebrations and family gatherings. If your assignment is to bring the appetizers, a beautifully crafted charcuterie board is sure to impress! Learn from an expert how to design and create an eye-popping and delicious charcuterie board, using different arranging and cutting techniques. **See online description for a list of ingredients to purchase prior to class.**
Tu | Oct 24 | 6-7:15 pm | Online | \$55




Hand-Pulled Noodles from Scratch
with Ploy Khunisorn
Hand-pulled noodles are so much fun and they are much easier to make than you would think. In this online interactive class, you will learn two different techniques to pull noodles. We will make two types of hand-pulled noodles: Biang Biang and Lamian noodles. We'll turn Biang Biang noodles into a noodle salad with chili sauce. We'll turn Lamian noodles into miso noodle soup. **See online description for a list of ingredients to purchase prior to class.**
Sa | Nov 4 | 4-6 pm | Online | \$55

Vietnamese Noodle Soup (Pho) and Fresh Rolls
with Ploy Khunisorn
Embrace the light and delicate flavors of Vietnamese cuisine known for fresh herbs, vegetables, and dipping sauce. In this online interactive cooking class, we'll make Vietnamese fresh rolls with dipping sauce and Vietnamese noodle soup (pho) with chicken. **See online description for a list of ingredients to purchase prior to class.**
Sa | Dec 9 | 11 am-1 pm | Online | \$55

This program is co-sponsored by:



LEAGUE OF WOMEN VOTERS
OF CONCORD-CARLISLE

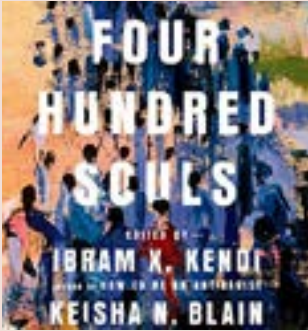


Concord Carlisle
Adult & Community Education

400 Souls: Building a Slave Society in Real Time
with Joshua Frank

In this four-session course, we will explore the meteoric rise of American chattel slavery from 1619-1861 through economic, historical, legal, political, religious and scientific lenses provided in the book *400 Souls*, edited by Ibram Kendi and Keisha Blain. We will then apply these lenses to increase our understanding of the current racially polarized historical moment. It is recommended that you obtain a copy of the book for class.

4 Th | Oct 19-Nov 9 | 7-8:30 pm | Online | \$75



It’s Getting Hot in Here: Climate Change & Our Health
with Rebecca Woodward

Man-made climate change is here. We feel it in hotter temperatures and many of us have seen the sky turn orange from wildfire smoke. Come learn about the many ways climate change is affecting our physical and mental health. This will be a user-friendly and interactive overview class supplying you with handy (sourced) facts and visuals, easy to share with your friends and family. We will also cover real-world examples of climate change and health effects. Please note that this class will not debate man-made climate change. In addition to focusing on the health effects of climate change, we’ll cover some of the co-benefits of ending greenhouse emissions.

Sa | Nov 4 | 10:30 am-12 pm | at CCHS | \$25

Concord Historical Walks

Sign up for 1, 2 or all 3 walks -
the more you sign up for, the more you save!
1 walk: \$35; 2 walks: \$70; 3 walks: \$90
Discount will automatically appear when you checkout.

Indigenous People of Musketaquid & Concord
with Amy Cole

Come learn about the indigenous people who have lived in Concord for over 10,000 years. This history walk takes place in Concord center, where you will hear about how the native people lived by the 3 rivers of Musketaquid (Concord) and what happened as Europeans settled in Concord. **Directions to the starting place will be available after registration.**

Th | Oct 12 | 10 am-12 pm | TBD | \$35

Women of Concord
with Victor Curran

History is frequently about men; this is your chance to learn about the women who shaped Concord. These women have a history of being leaders: educating themselves and others, fighting for justice, and imprinting their visions in literature and art. This walk will take you to the Old Manse and back, so be prepared for moving and walking. **Directions to the starting place will be available after registration.**

Th | Oct 19 | 10 am-12 pm | TBD | \$35

African American History
with Joe Palumbo

Learn about Concord’s African-American residents on this walking tour. You will visit sites highlighting Concord’s history around enslavement; hear about the first generation of self-emancipated African-Americans and how they strived to support themselves on the land; and learn about the growth of Abolitionism. **Directions to the starting place will be available after registration.**

Th | Oct 26 | 10 am-12 pm | TBD | \$35

Indigenous People of Musketaquid & Concord
with Amy Cole & Joe Palumbo

Come learn about the indigenous people who have lived in Concord for over 10,000 years. Hear the history without the walk, where you will learn about how the native people lived by the 3 rivers of Musketaquid (Concord) and what happened as Europeans settled in Concord.

Tu | Oct 10 | 7-8:30 pm | at CCHS | \$35

Fall Garden Cleanup
with Kate Despres

Did you know that the best gardens start in the fall? Learn how to prepare your garden bed for the following spring for a rewarding spring garden. You will learn in a hands-on manner how to clear the garden of old plant debris and use that plant material (plus the fallen leaves) to make your own incredible compost to use the following year. You will then learn to tell if compost is ready to use, sift it and apply it to the beds. Next, you will learn to read a soil report and use the information to amend the soil with organic nutrients. Finally, you will learn to plant garlic for a harvest the following summer. Other topics covered will include preseeding cold weather greens, preparing for fruit tree planting and building new garden beds for the following year. You will take home a garlic bulb to plant in your own garden. *Rain date: 10/21*

Sa | Oct 14 | 10-11:30 am | at Daisy Hill Farm | \$35



Reducing Your Home’s Carbon Footprint and Energy Usage: Tips and Techniques
with Mark Garvey

Ice dams, uneven heating throughout your home, icicles and high energy bills can be symptoms of an imperfect thermal envelope in your home. Not sure what that is? Every home has one, and we’ll discuss how to identify and improve yours. From simple steps like caulking and weatherstripping to more involved projects such as air barrier installation, ventilation and insulating, this course will show homeowners steps they can take through the syllabus and project photos. Stopping air leaks (airsealing) is the most important part of reducing energy usage, and industry best practices will be discussed. Methods and materials for reducing heat loss through floors, walls and ceilings will be discussed, as well as strategies for determining air infiltration through the home’s thermal envelope.

Tu | Nov 14 | 7-8:30 pm | Onlineo | \$29

All About Electric Vehicles
with Ed Quinlan

We will introduce you to the world of electric vehicles, including electric vehicle basics: how they work, how they differ from traditional internal combustion engine cars, and the environmental impacts. Learn about cost savings potential, maintenance requirements, range capabilities, battery charging, regenerative braking, and how to plan for long distance travel. Ed will also provide information on the future of electric vehicle technology.

We | Dec 6 | 7-9 pm | Online | \$29

Demystifying Social Security
with Daniel Williams

Deciding how and when to claim Social Security is one of the most critical financial decisions a person will make in his or her lifetime. By not understanding the many complex rules surrounding Social Security, you could leave thousands of dollars on the table. Some of the topics covered include:

- When should I file for benefits?
- What are the advantages and disadvantages of filing at age 62 or deferring to age 70?
- How does the November 2015 change in the rules affect me?
- How can I make sure I am taking advantage of available spousal, survivor or divorced benefits?
- How much of my Social Security will be subject to income tax?
- What potential changes are in store for Social Security and how might they affect my claiming decision?

We | Sep 27 | 7-9 pm | Online | \$35

Understanding Medicare
with Daniel Williams

If you are close to age 65 or already on Medicare, this class is for you! The class is designed to fully enlighten you on how Medicare works and the different health care choices available to those age 65+. Some of the topics covered include:

- How are parts A, B, C and D integrated?
- What is Medicare Advantage?
- What are the pros & cons of HMO’s, PPO’s, & Medigap plans?
- Should I take Medicare if I am still employed?
- How do I avoid late sign up penalties?
- Does any part of Medicare cover long-term care expenses?

We | Oct 18 | 7-9 pm | Online | \$35

The Latest Long Term Care & Asset Protection
with Daniel Williams

The high cost of long-term care can wipe out a family’s life savings in a short period of time. Unfortunately, many families are faced with this situation, finding themselves at the mercy of an under-funded government Medicaid system with limited choices. Recent legislative changes have created many questions surrounding planning techniques:

- How can I protect my home?
- What is the penalty for giving assets away?
- Are my assets protected if I put them in a trust?
- When is long-term care insurance worthwhile to consider?
- What if my loved one is already in a nursing home, can they still protect their assets?

We | Dec 6 | 7-9 pm | Online | \$35

Instrumental Music School of Carlisle & Concord



Individual instruction for new & continuing students

The Carlisle, Concord, and Concord-Carlisle Schools offer individual instrumental and vocal instruction all year long. Private study through IMSCC ensures real progress and results for our student musicians of all ages, including adults.

Fall and Winter-Spring sessions are 16 weeks, while the Summer semester is designed with flexibility in mind, customizing your lesson schedule to fit with your vacation plans. Lessons can start any time during the year, tuition is prorated. IMSCC is a fee-based service provided by the schools, enabling convenient and reasonably priced one-on-one music lessons with highly qualified professional musician-teachers.

We have teachers for: violin, viola, cello, string bass, flute, oboe, clarinet, bassoon, saxophone, trumpet, French horn, trombone, baritone horn, euphonium, tuba, voice, piano, jazz piano electric and acoustic guitar, ukulele, banjo, traditional fiddling, electric bass, and percussion (includes snare drum, tympani, mallet instruments, and drum set).

We will work with you to accommodate requests for individual teachers and times. Parents are responsible for obtaining instruments.

We offer 30-, 45-, or 60-minute lessons:

30 minutes: \$36/lesson 45 minutes: \$53.50/lesson 60 minutes: \$71/lesson
There is a \$15 registration fee per semester, Fall and Winter-Spring.



For more information, contact:
IMSCC Program Coordinator: Debbie Levine
dlevine@concordcarlisle.org
www.concordcarlisleace.org/instrumental-music-school/

Music Directors:
Concord: Chris Noce: cnoce@concordcarlisle.org
Carlisle: Kevin Maier: kmaier@carlisle.k12.ma.us

~ IMSCC FACULTY ~

Jon Amon: saxophone	Chip Halt: tuba & low brass	Jeremy Ronkin: French horn & piano
Keith Anderson: flute	Zarina Irkaeva: cello	Timur Rubinshteyn: percussion
Rob Bethel: cello	Susan Jackson: flute	Max Schwartz: upright & electric bass,
Scott Chamberlin: saxophone	Elizabeth Jewell: trumpet	jazz piano, banjo & traditional fiddle
Danby Cho: clarinet	Deanna Johnson: flute & piano	Andrei Sobchenko: saxophone
Soo Choi: flute	Rachel Juszczak: bassoon	Andrew Sorg: trumpet
JL Claybourne: percussion	Yerim Kang: piano	Louis Stamas: saxophone
Sissie Siu Cohen: saxophone	Sargis Karapetyan: violin & viola	Lori Syngajewski: clarinet, bass clarinet
Lucas Coura: voice	Debbie Levine: clarinet & bass clarinet	Henry Tervo: oboe
Brian Diehl: trombone & low brass	Ryan Noe: trumpet	Kenneth Toland: clarinet & bass clarinet
Alexei Doohovskoy: trombone & low brass	Eva Ostrovsky Kaminsky: piano	Jason Yost: guitar, bass guitar & ukulele
Laryssa Doohovskoy: voice	Jae Eun Park: piano	
Nune Hakobyan: accompanist	Jean Pulsifer: piano	

Invest & Plan

Planning for an Uncertain Future

with Margaret Hoag
Statistics show that more than 50% of people over 65 will need long term care at some point. Whether you are planning ahead or are in the middle of a health care crisis, this workshop led by an attorney will give you the tips you need to navigate the legal side of long term care. Learn which estate planning documents to consider; the different options for care and how to pay; and guardianship/conservatorship. Don't be caught off guard – come get valuable resources for navigating through a difficult time. This seminar does not include a discussion of insurance products.

We | Oct 25 | 7-8:30 pm | Online | \$45

What Happens to the Family Vacation Home?

with Margaret Hoag
Many families have a beloved vacation home that they want to preserve for future generations. The process of transferring the house to the next generation can lead to significant family conflict. We will discuss various methods of passing a vacation home onto your children and review the issues that arise. Topics will include the pros and cons of joint ownership, trusts, and LLCs including tax consequences. We will also discuss methods of decision making, paying for repairs and upkeep, and renting a property. Bring your personal experiences and questions to share.

We | Nov 1 | 7-8:30 pm | Online | \$45



Empowered Divorce: Taking the Path That's Best for You and Your Family

with Joan Mankoff
Are you contemplating divorce or already embarking on this life-changing journey? Divorce can be overwhelming and isolating without the proper support and preparation. Divorce coach and licensed realtor Joan Mankoff will discuss the basics of the divorce process and outline how research, education, and preparation are crucial to divorce empowerment. Joan, founder of Your Divorce Pro, will outline a straightforward approach to evaluate your situation, make optimal decisions for you and your family, and set up your best new life. Propelled into a high-conflict and painful divorce, Joan found happiness and renewed purpose on the other side. Going through this transformational journey inspired her to begin Your Divorce Pro to help others going through divorce feel supported and empowered. Joan is a National Association of Divorce Professionals member and a Massachusetts-licensed residential realtor. Joan works with folks to provide day-to-day unbiased and confidential support, a network of proven resources, and a roadmap to reach their next, fulfilling chapter of life. She believes research, education, and preparation are essential to empowerment and the best outcomes for those going through a divorce. For more information about Joan, please visit www.yourdivorcepro.com. Given the subject's sensitivity, attendees are asked to rename themselves by their first name only and keep their video off. Attendees will have the chance to ask questions confidentially.

Section A: Tu | Oct 3 | 7-8 pm | Online | \$29

Section B: Tu | Oct 24 | 12-1 pm | Online | \$29



Meet our instructors!

View bios and photos on our website:
www.concordcarlisleace.org/instructor-bios

Music



Playing between the Notes: The Emergence of Jazz Music

with Peter Gerler
Like all art, jazz music springs from the footfall of life. At each beat, it confounds tradition and begins anew. It has been called “talking music”—always saying something. Like unseen stars, jazz lives behind and between the written notes, emerging from the artist’s secret blues, bringing the ineffable swing rhythm. “Heard melodies are sweet,” wrote John Keats, “but those unheard are sweeter.” Musicians play their own stories. Using recorded music and film, we will trace what Sidney Bechet called the “long song” of jazz—returning to Bach and (yikes!) Pythagoras, following through to Beethoven, Debussy, Stravinsky, Scott Joplin, and Jelly Roll Morton, washing down the Mississippi into post-plantation New Orleans. There, folks like Bechet, Louis Armstrong, Johnny Dodds, and Joe “King” Oliver broke from the past and brought the “Big Noise” of polyphony and freedom. Now through the music of Duke Ellington, Thelonious Monk, Charles Mingus, and the modernists, its waves still roll into shore.

3 We | Oct 4-18 | 6:30-8:30 pm | Online | \$159

The Magic of Massenet with Andy Papas
No composer could write emotionally passionate music for opera singers like Jules Massenet. With the focus on the distinct musical theatrics of this great turn of the century French composer, this class will highlight the lush melodies & harmonies he created. Discussions about plot points, characters, and themes will allow participants to gain an understanding of what makes each Massenet Opera special. This course is led by a professional opera singer. *No class 9/25, 10/9.*

10 Mo | Sep 18-Dec 4 | 4:15-6 pm | Online | \$245

The Best of Broadway with Andy Papas
Come and meet, those dancing feet, on the avenue I’m taking you to, 42nd Street! Eight weeks of professionally shot Broadway shows, from creators like Lin Manuel Miranda & Agnes Demille, are on tap in this class. Students will watch a musical every week for homework, with sessions highlighting significant scenes, key music, and the performance history. The instructor, a professional actor, will also regale the class with backstage anecdotes and stories, and provide insight into the musical theatrics of each show.

8 Th | Sep 21-Nov 9 | 7-8:45 pm | Online | \$215

Baroque Opera or Bust! with Andy Papas
For the first time in 3+ years, professional singer & opera maven Andy Papas will guide students in exploring 4 unique early music operas in this edition of Opera Express. Specific conversations about Baroque style, performance practices, characters, and themes will allow participants to gain an understanding of the operatic landscape in the time of Handel & Haydn.

4 Th | Nov 16-Dec 14 | 4:15-6 pm | Online | \$109

Parent Education



Parenting Teens in the Age of Miscommunication Finding Common Ground and Real Connection

with BWBH mindful parent presenters

Parenting is a tough job. And we all know that it’s challenging to be a teen. Yet, here we are – so how might we make the best of it? Be Well Be Here’s team of master mindful educators, clinical therapists and communication coaches share their combined decades of experience helping parents and teens communicate to connect. This Mindful Parenting Series sponsored by CCACE will explore:

- Myths and Misconceptions about Teen Life
- How and Why Teens Use Coded Language
- Mindful Ways to Address Parental Concerns
- Simple Practices that Build Understanding and Trust
- Transformational Communication Tips that Help Shift Habits

BWBH mindful presenters are all parents who truly understand your challenges:

- Jennifer Quest-Stern, LCSW, Teen Therapist based in Concord and long-time high school counselor
- Kendra Wilde, Producer of the Parenting Podcast, A Little Easier
- Dr. Christopher Willard, Clinical Psychologist, Global Mindfulness Educator, Harvard Medical School Lecturer and Author of 20 Books
- Lara Wilson, BWBH Founder and Executive Director; Mindful Wellness educator

• **From Parental Burnout to Family WellBEing**
Th | Sep 14 | 8-9 pm | Online | with Kendra & Lara

• **What Our Kids Won’t Say But Want Us to Know**
Th | Sep 21 | 8-9 pm | Online | with Lara

• **Risky Busines: A New Look at Peer Pressure**
Th | Sep 28 | 8-9 pm | Online | with Jen

• **Can’t Get a Word In? Try the Reframe Game**
Th | Oct 5 | 8-9 pm | Online | with Chris

• **Because We Said So: Teen Panelists Tell It Like It Is**
Th | Oct 12 | 8-9 pm | at CCHS | with Teen Panel

The first four sessions will meet online. Our final in-person session will include an intimate conversation with a panel of teens from the community who are brave enough to share their insights with candor, vulnerability and kindness.

5 Th | Sept 14-Oct 12 | 8-9 pm | \$85



My Kid Wants To Be a YouTuber - Help! with Nickie Welsh

Does your child dream of having their own YouTube channel? Eliminate the worry with this helpful class as we walk you through the steps on how to set up a YouTube channel, safety settings, and consideration for kids having their own channel. Parents will learn the basic guidelines of being able to help manage and monitor their activity, all while incorporating practical business skills when it comes to managing your own channel. You’ll learn how this hobby can become a practical career, safety practices, and even create fun videos! Parents will leave the class with helpful guidelines to get their kid’s channel started safely and a solid foundation for their child’s new creative outlet in 2023. *Please note: children must be age 13 and have parental permission to start a YouTube channel.*

Th | Oct 5 | 1-2 pm | Online | \$25



Sign up for our email newsletter

Visit concordcarlisleace.org to sign up for our email newsletters.

Parent Education

Strengthen your Parenting Skills: Routine, consistency and effective boundaries/limits with Allison Flynn & Kathryn Loncto

For parents of children 3 years of age and under Looking to strengthen your skills around implementing effective routines, consistency, and boundaries/limits from an age-appropriate/developmental perspective? Join us! Allison will provide various question prompts/topics to be discussed (i.e. tips, techniques, and education) and parents are encouraged to share resources and skills. For those families with babies (pre-walkers), your baby is welcome to join parents with you.

For children ages 12 mo-3 years, we will have a coinciding playgroup. (Exceptions can be made on a case by case basis if appropriate - contact us with questions.) Engaging, structured, and developmentally appropriate activities, games, books, and toys will be provided and implemented by our child playgroup leader/s.

6 Mo | Oct 16-Nov 20 | 9:30-10:30 am | at Ripley | \$125

Parenting a Child with Special Needs: Discussion around shared resources and support! with Allison Flynn & Kathryn Loncto

For parents of a child/children with a special need (3 years of age or younger)

Whether your child has an official medical/physical/or mental health diagnosis or simply struggling with engaging in more expected social/educational experiences, this group is for you! Allison will provide various question prompts/topics to be discussed (i.e. tips, techniques, and education) and you are encouraged to share resources/skills. For those families with babies (pre-walkers), your baby is welcome to join parents with you.

For children ages 12 mo-3 years, we will have a coinciding playgroup. (Exceptions can be made on a case by case basis if appropriate - contact us with questions.) Engaging, structured, and developmentally appropriate activities, games, books, and toys will be provided and implemented by our child playgroup leader/s.

6 Tu | Oct 17-Nov 21 | 9:30-10:30 am | at Ripley | \$125

Executive Function Skills for your College-bound High School Child

with Jasmine Badamo, of NESCA

College requires a whole new level of Executive Function – this program will help you, the parent, understand the various executive function demands placed on college students, and give you tools to help your child develop those skills. We will review some of the more common executive function demands such as:

- Managing their time when they have more unstructured hours in the day (and fewer people telling them how to use those hours)
- Tracking assignment deadlines across multiple classes
- Keeping themselves organized, both study materials and living space
- Knowing when they don’t understand something, and recognizing that they need help
- Asking for help and knowing who/where to go to for that help
- Regulating their frustrations not only with difficult classes/ assignments, but also with difficult professors or university systems

The seminar will also focus on the importance of developing your child’s metacognition (self-awareness), so that they can individualize their study skills and strategies to their specific needs and environment and be prepared to independently implement them while in college. Participants will have the opportunity to share their specific concerns and areas of interest prior to the seminar so that the information provided will be more catered to their needs. They will also have the benefit of discussing the information presented in both small groups and a Q&A session. This talk is geared to parents with high school aged children not already in college.

Tu | Nov 14 | 7-8:30 pm | Online | \$25

Professional Development

How to Present Yourself to the World – Virtually and in Person

with Janika LeMaitre

Join us as we explore personal brand building, why we should take it seriously, and tips for putting your best foot forward in your virtual and real-life worlds. Janika LeMaitre specializes in personal brand strategy, providing life-changing skills for professionals to successfully evolve their business, brand, and overall reputation. Learn more about her at: better-professional.com/about-janika-lemaitre

We | Oct 18 | 12-1 pm | Online | \$25

Feeling as Good as the Good You're Doing: A Self Reflective Guide to Finding Your Best-Fit Volunteer Role with Kris Danna

Are you searching for a meaningful and rewarding volunteer opportunity, but don’t know where to start? This unique class is geared toward retirees looking to give back, people needing to fulfill required community service hours, and those wanting to volunteer as a way to explore a new career path. The instructor, a seasoned volunteer coordinator for non-profits, will provide insight into how organizations typically determine their volunteer needs, recruit and value their volunteers. You will learn how to interpret volunteer listings to gain a better sense of whether it is a good match for your personal catalysts, commitment ability and your skill-set/ personal strengths. Each participant will gain a better understanding of the value they might bring to a non-profit through the creation of a Volunteer Avatar™. There will be some time dedicated to individual placement guidance.

2 We | Nov 1 & 8 | 6:30-8:30 pm | Online | \$69

Healthcare Spanish

with Sherry Ruff, MPH

Would you like to learn how to communicate more effectively with your Spanish-speaking patients, their families and your colleagues? Learn Spanish with an emphasis on communication needs for healthcare workers. Gain an understanding of cultural considerations that impact health, disease prevention and treatment within Spanish speaking populations. After completing the program, you will have the Spanish language skills for completing a medical history, examination, evaluation...plus much, much more! Opportunities for interactive learning in this class will include: conversation, reading, writing, role-playing and presentations. No previous knowledge of Spanish required. The classes will be recorded so that you can review the material covered if you have to miss a session.

6 We | Oct 11-Nov 15 | 6:30-8 pm | Online | \$209

Bookkeeping 101: Lunchtime Learning Series

with Ava Vatsky

As a business owner, does just reading the word bookkeeping make you want to run and hide? Take a break from your workday as you find out how you can DIY your bookkeeping with ease—without needing an accounting degree—at these online lunchtime sessions.

Bookkeeping 101: It's Not as Scary as You Think!

This friendly, accessible workshop will explain in plain English exactly what bookkeeping is...and what it isn't. We'll talk about why proper bookkeeping is essential for the small business owner and explore how accounting software (such as QuickBooks) makes bookkeeping easier and more accurate than a spreadsheet (or shoebox!). This class is ideal for those without any prior experience in bookkeeping, and/or who have anxiety around the topic of bookkeeping and finances.

Tu | Oct 17 | 12-1 pm | Online | \$25

Profits 101: How to Read a Profit & Loss Statement

The Profit & Loss Statement is your guide for understanding your profits, and yet, many business owners shy away from the P&L because they are intimidated by the process and are unsure where to begin. This friendly workshop will explain in plain English what a Profit & Loss statement is, how you put it together, how you read it, and how you use it to run a more profitable business . This class is intended for small-business owners (sole-prop/LLC) with service-based businesses.

Tu | Oct 24 | 12-1 pm | Online | \$25

QuickBooks 101: The Top Ten Tips

QuickBooks Online is an incredible accounting program, but it can be tricky to set up properly and it’s easy to make a mistake if you don't have an accounting background. This jargon-free workshop will walk you through the top ten tips you need to follow to ensure you are using your QuickBooks Online account properly. This class is intended for small-business owners (sole-prop/LLC) with service-based businesses using QuickBooks Online.

Tu | Oct 31 | 12-1 pm | Online | \$25



Village University, established in 2003, was inspired by Elliot and Alma Ring, and offers courses for mature learners who are seeking stimulating study and conversation about interesting topics. The courses are taught by academics, scholars, and educational leaders who volunteer to share their knowledge and inspire others. Our volunteer instructors bring the best university-level learning experiences to our community.

Village University registration opens on August 23rd at 9 am.
Email ace@concordps.org with your name, address, phone number and the course(s) in which you wish to enroll.

The Music of the Baroque Period (Or: Going for Baroque!) with Keith Daniel

This is the first of four “period classes” that will be offered in succession through the Village University. The Baroque Period (1600-1750) began with the madrigals, operas and ceremonial music of Claudio Monteverdi in Italy, and ended with the remarkable two composers, born in the same year in Germany, but following different career paths: George Frederick Handel and Johan Sebastian Bach. We will examine and listen to this great body of music, becoming familiar with many new genres, from sonatas and concertos, to keyboard music for the harpsichord and organ, to such important vocal works as cantatas, oratorios and, yes, even operas. This is a listening course, and there are no required peripheral materials. *No class 11/22.*

10 We | Sep 20-Nov 29 | 10 - 11:15 am | Online



Biblical Women with Dale Landis

In case you think the Bible is a book of “great men of God” - be ready to have a wider view of the Bible’s leading characters! Great women are major players in some of the finest Biblical stories. Their characteristics include power, survivability, loyalty, resistance to injustice, cleverness, and compassion. Our study will include: Sarah and Hagar, Rachel and Leah, David’s Wives, Ruth and Naomi, Vashti and Esther, women who encountered Jesus - and female villains like Delilah and Queen Jezebel. Our discussions will include historical background, literary analysis, and application to the modern world.

6 Th | Sep 28-Nov 2 | 10:30 am-12 pm | Online



We are devastated to have lost the incomparable Bill Cotter. For over a decade, Bill gave his time, energy and expertise to our Village University program. His intellectual discussions on the previous Supreme Court session’s high-profile cases were regularly filled to capacity, educating and enlightening all who signed up. And while we so appreciated his depth of knowledge, and willingness to share, it was his wit and humor that made him such a pleasure to work with. He made the most of every moment he had on this earth, and we are grateful to have gotten some of his magic right here. And though we will continue to offer classes that inspire intellectual curiosity, including discussions of Supreme Court cases, we know Bill cannot be replaced. We thank him for all of that, and wish his family well.



CCACE is thrilled to be able to offer Village University programs to our community members. We suggest a donation of \$60 for the first course and \$30 for each additional Village University course. CCACE is self-funded through the programs it offers. Donations received from our programs help us maintain, promote, and provide scholarship opportunities for CCACE.

Once you are registered, you can donate online or call 978-318-1432.
Checks can be made out to CCACE and mailed to 500 Walden St, Concord 01742.

Notable Supreme Court Cases of 2023 with Douglas Wilkins

This year, the U.S. Supreme Court addressed affirmative action, voting rights, sexual orientation, religion, free speech, water pollution, student debt and economic regulation. Did the justices honestly try to determine what the constitution, precedent and facts require? Or do their decisions just reflect the majority’s policy preferences or partisan behavior? As one justice says, to answer these questions, we must “read the decision.” For nine of the court’s 2023 decisions, we will do that. Did the court’s majority stay within its judicial lane in each case? Did it jump existing guardrails or put its thumb on the scales? Did it respect the Civil War Amendments’ equal protection guarantee, including abolishing the incidents of slavery? The instructor will draw on his experience as a recently-retired trial court judge and, previously, a lawyer who briefed and argued cases in state and federal appellate courts, including one U. S. Supreme Court oral argument.

4 Tu | Oct 10-31 | 10 am-12 pm | West Concord Union Church



Hidden Meaning: Symbolism & Allusion in Art with Nancy Baker

Have you looked at a painting and wondered what it was all about? How have artists made meaning or added to meaning using symbols that are often not clear to us? This course explores the history of symbolism and allusion in art from antiquity to the present. We’ll decode color and the use of flowers, fruits, animals, objects, religious and social iconography, and natural cycles to make deeper or specialized meaning. In the process you’ll learn a little of the history of western art.

5 Mo | Oct 16-Nov 13 | 10-11:30 am | Online

Meet the Instructor



Doug Wilkins recently retired as a judge of the Massachusetts Superior Court, where he served from 2010 to 2023. Before his appointment, he was a partner at the Cambridge law firm of Anderson & Kreiger. He served in several positions with the Massachusetts Attorney General's Office from 1983 to 1999, where he argued over 80 appeals at all levels of the state and federal courts. After receiving his J.D. in 1978, he clerked in the United States District Court for the District of Massachusetts. He is a proud graduate of both Alcott Elementary School and the Fenn School in Concord.



Are you interested in joining our Village University planning committee? We want your ideas and help! Contact us at ace@concordps.org

World Languages



English Language Learner
with Amanda Haeni & Kim Nolan
Our English Language Learner (ELL) program is for students who interested in learning to communicate fluently or learn effectively in English. It is an integrated skills class that offers students the foundation to communicate in English in every-day situations.

Visit concordcarlisleace.org/adult-ell for more information and to complete the following steps:

1. Fill out our general inquiry form.
2. Take the placement test.

Scholarships are available - contact us!

Questions? Call us at 978-318-1432, email ace@concordps.org, or text 978-831-3579 for more information.

21 Mo & We | Sep 18-Dec 6 | 7-8:30 pm | at CCHS | \$225

Arabic (Leventine)
with Rania Nasser
Considered one of the major varieties of Arabic, “Levantine” refers to the spoken variety of Arabic among the eastern Mediterranean coast, which includes Lebanon, Syria, Jordan, and Palestine. More informal than Modern Standard Arabic, this dialect is used in the home, among friends, and has become the chosen language for many television series. This course is for those who have some familiarity with Levantine Arabic. Different everyday topics are discussed with some focus on grammatical structures. *No class 11/22.*

10 We | Sep 27-Dec 6 | 6-7:30 pm | Online | \$205

French Lunch Lessons - Déjeuners en Français
with Grace Butler
What better way to revive and maintain your French language skills than over lunch! For the first meeting, we suggest you pack a lunch (un bon sandwich fromage/jambon, par exemple). After that, we will decide together what direction the course will take. Conversational topics might include: cuisine, restaurants, and travel, and could also include cinema, theatre, and literature. Language and grammar points will be discussed as needed or requested. A basic comfort with spoken French is recommended. Ideal for intermediate and advanced level students.

8 Th | Sep 28-Nov 16 | 12-2 pm | at Main Library | \$209



See Healthcare Spanish on p.21

World Languages

World language classes are designed to be ongoing, beginning in September and continuing throughout the winter and spring sessions. You are encouraged but not required to take all three semesters, Fall, Winter & Spring. If you are unsure of your level, please contact us prior to registering.

Italian for Beginners I
with Rita Abela
Benvenuti! Come and join me in learning the basic structures of this wonderful language. You will learn basic grammar structures, vocabulary and practice simple conversations through a variety of activities. Rita will discuss a book with class. *No class 11/23.*

10 Th | Sep 21-Nov 30 | 5-6 pm | Online | \$145

Italian for Beginners II
with Rita Abela
Benvenuti! This class is intended for students who started in the beginner class last year with Rita. Come and join us in learning the basic structures of this wonderful language. You will continue to learn basic grammar structures, vocabulary and practice simple conversations through a variety of activities. Rita will discuss a book with class. *No class 10/9.*

10 Mo | Sep 18-Nov 27 | 6:30-7:30 pm | Online | \$145

Italian II
with Rita Abela
Bentornati! Come and join me again to expand your knowledge of Italian. This class is open to people who have already taken Italian for Beginners or have some knowledge of Italian. We will continue to learn the fundamentals of the language through a variety of activities and methods. We will cover new vocabulary, sentences, grammar rules, along with easy conversations on daily activities. *No class 10/9.*

10 Mo | Sep 18-Nov 27 | 5-6:30 pm |Online | \$205

Italian Intermediate
with Rita Abela
This course is open to students who have already taken Italian Level III in the past. It will expand vocabulary and introduce new grammar structures through short stories, easy readings, language drills. Participants will engage in group conversations about everyday situations in order to build vocabulary and communication skills. *No class 11/23.*

10 Th | Sep 21-Nov 30 | 6-7:30 pm | Online | \$205

Spanish for Beginners
with Mary Ann Price
Have you been wanting to learn Spanish? Come and enjoy learning a new language in a relaxed and supportive atmosphere. In the Beginning Spanish class, you will be immersed in the language, learn practical vocabulary, watch videos, and have conversations with classmates in which you practice your speaking skills each week. This course is for those with little or no knowledge of Spanish. **Please purchase *Pensar y aprender Libro 1 (Curso de español)* (ISBN 978-2921445207).**

8 Tu | Sep 19-Nov 7 | 4-5:30 pm | Online | \$169

Spanish Intermediate
with Mary Ann Price
This course is appropriate for students who have a solid knowledge of the use of the present, present progressive, and preterite tenses as well as everyday vocabulary. We will review the present progressive, the preterite tense, and reflexive verbs and then dive into the imperfect tense, which will enable you to read and tell stories about events that happened in the past. Our conversations, writing samples, and readings will become richer in describing nuances of past events. Join us to expand your Spanish language skills in a relaxed and supportive atmosphere! **Please purchase *Pensar y aprender Libro 2 (Curso de español)* (ISBN 978-2921445160).**

8 Tu | Sep 19-Nov 7 | 7:30-9 pm | Online | \$169

Spanish Advanced: Literature
with Mary Ann Price
Join us to read two or three short stories and discuss them in Spanish. There will be opportunities to discuss other topics. We will also continue focusing on the grammar and vocabulary in *Pensar and Aprender 2*.

8 Tu | Sep 19-Nov 7 | 6-7:30 pm | Online | \$169


Spanish Conversation I
with Diana Garcia-Martinez
Would you like to speak Spanish fluently, already have a knowledge base of advanced grammar and a wide vocabulary base but need to practice and improve? You will be required to prepare presentations on a topic of your interest, current events, etc. The group will listen and discuss the content of the presentation, learn new vocabulary and review grammar points. Join us--you will improve your Spanish, have fun, and enjoy interesting discussions with the other participants. *No class 9/26, 10/10.*

8 Mo | Sep 11-Nov 13 | 6-7:30 pm | Online | \$169

Writing



Unleashing Your Creative Storytelling with Gretchen Fogelstrom
Ready to start your story? Whether you have an idea already, or need some help, Unleashing Your Creative Storytelling will get your fingers zipping along your keyboard in no time. We'll have fun antagonizing our protagonists, throwing in non-sequiturs, finding heroes and building epic adventures. Do you want love? Do you prefer giant broccoli taking over the world? All are welcome. In each of the first five classes we'll focus on just one aspect of writing, exploring the elements and engaging in fun activities to practice the techniques. Then in the final class you'll take what you've learned and craft a short story to share with the class.
6 Th | Oct 5-Nov 9 | 5:30-7:30 pm | at CCHS | \$205



Would you like to teach for CCACE or do you have an idea for a new class?
We are always looking for new ideas and enthusiastic teachers who are eager to share their expertise with us!
Contact us!


Introduction to Haiku with Brad Bennett
Celebrate the extraordinary in the ordinary with the most popular poetry form in the world! Haiku connect us more deeply to the natural world and can provide solace in difficult times. In this three-part on-line class, we will learn about the key elements of haiku, including concision, a seasonal setting, and the juxtaposition of concrete experiences. Using writing prompts, we will also try our hand at writing some haiku poems. Everyone is welcome to this fun and supportive workshop, beginners and folks who have written haiku before.
3 Tu | Oct 17-31 | 6:30-8 pm | Online | \$49

Intermediate Haiku Workshop with Brad Bennett
The haiku is a small, but powerful poem! The way of haiku is about staying open, observing closely, and recording little moments in our day. Writing haiku can help us find our gratitude. This supportive writing workshop is designed for folks who have taken haiku classes or have written haiku previously. In this six-part on-line writing class, we will wade further into the haiku pond. We will learn more about the key elements of haiku. We will also try our hand at writing haiku inspired by class prompts, and ones that are designed to enjoy haiku moments outside of classes.
6 Tu | Nov 7-Dec 12 | 6:30-8 pm | Online | \$105

Youth Programs



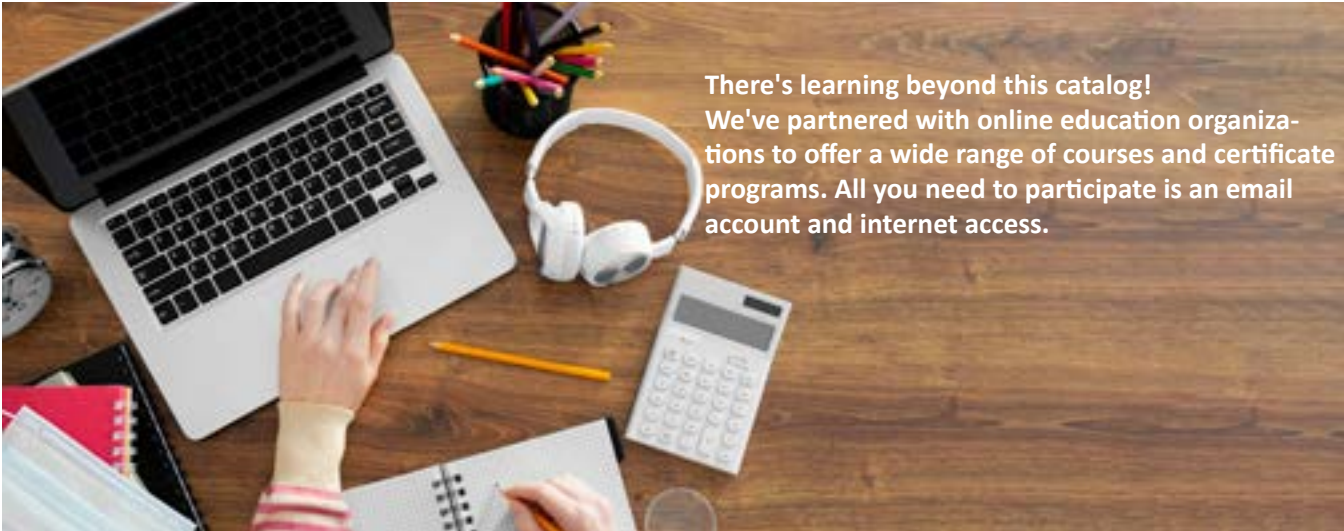
BLAST Babysitting Safety & CPR with Juanita Allen Kingsley
The BLAST! (Babysitter Lessons and Safety Training) program provides training in First Aid, in household safety, and some fundamentals of childcare. In addition, this course helps prepare children to interview for a babysitting job, select safe and suitable games and activities, prevent accidents, and begin babysitting safely and competently. We will cover choking prevention and relief and how to call 911. Participants will also be certified in CPR/AED upon successful demonstration of practical skills. This program is for students in grades 6-8.
Fr | Oct 20 | 3-6 pm | at CCHS | \$125



Learn about private music lessons for students of all ages with IMSCC on p. 16

- Small Group Music Lessons**
IMSCC is offering after-school, same-instrument, small-group lessons for our 4th- and 5th-grade musicians, which complement the Concord in-school instrumental ensemble programs. Private or small group lessons are recommended but not required for participation in the Concord elementary schools' band and orchestra programs.
- Clarinet Small Group - Year 1 with Ken Toland**
14 Tu | Sep 12-Dec 12 | 4-4:45 pm | CCHS | \$295
- Clarinet Small Group - Year 1 with Lori Syngajewski**
14 Th | Sep 14-Dec 21 | 4:30-5:15 pm | CCHS | \$295
- Clarinet Small Group - Year 2 with Ken Toland**
14 Tu | Sep 12-Dec 12 | 4:45-5:30 pm | CCHS | \$295
- Flute Small Group - Year 1 with Keith Anderson**
14 Tu | Sep 12-Dec 12 | 4-4:45 pm | CCHS | \$295
- Flute Small Group - Year 2 with Keith Anderson**
14 Tu | Sep 12-Dec 12 | 4:45-5:30 pm | CCHS | \$295
- French Horn Small Group - Year 1 with Jeremy Ronkin**
14 Th | Sep 14-Dec 21 | 4-4:45 pm | CCHS | \$295
- French Horn Small Group - Year 2 with Jeremy Ronkin**
14 Th | Sep 14-Dec 21 | 4:45-5:30 pm | CCHS | \$295
- Low Brass Small Group - Year 1 with Alexei Doohovskoy**
14 Tu | Sep 12-Dec 12 | 4:15-5 pm | CCHS | \$295
- Low Brass Small Group - Year 2 with Alexei Doohovskoy**
14 Tu | Sep 12-Dec 12 | 5-5:45 pm | CCHS | \$295
- Saxophone Transition Group - Grade 5 with Lou Stamas**
14 We | Sep 13-Dec 20 | 4:45-5:30 pm | CCHS | \$295
- Trumpet Small Group - Year 1 with Ryan Noe**
14 Tu | Sep 12-Dec 12 | 4:15-5 pm | CCHS | \$295
- Trumpet Small Group - Year 2 with Ryan Noe**
14 Tu | Sep 12-Dec 12 | 5-5:45 pm | CCHS | \$295
- Violin/Viola Small Group - Year 1 with Sargis Karapetyan**
12 Mo | Sep 25-Dec 18 | 4-4:45 pm | CCHS | \$255
- Violin/Viola Small Group - Year 2 with Sargis Karapetyan**
12 Mo | Sep 25-Dec 18 | 4:45-5:30 pm | CCHS | \$255
- Cello Small Group - Year 1 with Rob Bethel**
12 Tu | Sep 12-Nov 28 | 4-4:45 pm | CCHS | \$255
- Cello Small Group - Year 2 with Rob Bethel**
12 Tu | Sep 12-Nov 28 | 4:45-5:30 pm | CCHS | \$255
- Percussion Small Group - Year 1 with JL Claybourne**
14 We | Sep 13-Dec 20 | 4-4:45 pm | CCHS | \$295
- Percussion Small Group - Year 2 with JL Claybourne**
14 We | Sep 13-Dec 20 | 4:45-5:30 pm | CCHS | \$295

Certificate Programs & Online Learning



Certificate Programs with UGotClass
Get professional development with us online!

You will access online readings, listen to audio presentations and view slides, take quizzes, and engage in written online discussion with your instructor and other participants.

Participate any time of day or evening - the online classroom is open 24 hours a day, 7 days a week. There are no live real-time requirements or meetings.

*Classes can also be taken individually or as part of the certificate program

Certificate Programs:

- Accounting and Finance for Non-Financial Managers: \$495
- Bookkeeping: \$495
- Data Analysis: \$495
- Graphic Design Software Essentials Certificate: \$545
- Leadership Development: \$395
- Management: \$595
- Mastering Excel: \$495
- Power BI: \$495
- Project Management: \$495
- Social Media for Business: \$495
- Supervisory and Leadership: \$395

Participate when you want!
Log in when it's convenient for you! The online classroom is open 24 hours a day, 7 days a week. There are no live real-time requirements or meetings.

www.concordcarlisleace.org/certificate-programs/



Online Courses with ed2go
We offer a wide range of highly interactive courses that you can take entirely online. All of our courses are led by expert instructors, many of whom are nationally known authors. Our online courses are affordable, fun, fast, convenient, and geared just for you.

We offer courses in categories such as Business Administration, Healthcare & Medical, Law & Legal, Technology, Writing & Publishing and more.

Courses

- Accounting Fundamentals
- A to Z Grantwriting
- SQL Series
- Grammar Refresher
- Discover Sign Language
- Getting Started with Google Workspace
- Mastering Public Speaking
- Secrets of Better Photography
- Legal Terminology

...and More!
Many other online self-paced tutorials are available. Look for "Self-Paced Tutorial" in the name of the course, as many have an instructor-led version.

Participate when you want!
24/7 Access • Start course at any time • Certificate of completion • 3 Month access • Work at your own speed • Discussion boards

www.ed2go.com/Concord

Details

About CCACE
Concord Carlisle Adult & Community Education (CCACE) is a self-sustaining branch of Concord-Carlisle Public Schools, dedicated to lifelong learning for all ages. CCACE connects local citizens through collaborative community outreach, classes and educational events. Our aim is to provide unique programming that will inspire joy and nurture passions.

Adult & Community Education Staff
Jill Weintraub: Director of Adult & Community Education
jweintraub@concordcarlisle.org
978-341-2923 or 978-831-3579

Stefanie Cloutier: Adult & Youth Programs Coordinator
scloutier@concordcarlisle.org
978-318-1400 x7523

Rebecca Gurley: Driver Education Coordinator
rgurley@concordcarlisle.org
978-318-1400 x7124

Deborah Levine: IMSCC Coordinator
dlevine@concordcarlisle.org
978-318-1400 x7653

CCACE Advisory Committee
Paula Casey, Concord
Pam Hegarty, Concord
Kim Kossmann, Concord
Barbara Magee, Concord
Polly Meyer, Concord
Alison Pray, Carlisle
Steve Reznec, Concord
Sara Wilson, Carlisle
Carrie Patel, Carlisle
School Committee Liaison

Concord-Carlisle Regional School Committee
Tracey Marano, Chair (2024)
Sharon Whitt, Vice Chair
Alexa Anderson (2025)
Courtland Booth (2024)
Carrie Rankin (2026)
Cynthia Rainey (2025)
Carrie Patel

Scholarships
Scholarships are made possible in part by a grant from the Concord-Carlisle Community Chest. **Apply online at www.concordcarlisleace.org/scholarship/** This helps to make lifelong learning a reality for local community members who require some financial assistance. Your application for assistance is confidential. The Community Chest opens the doors of learning for everyone. For more information or to donate, visit www.cccommunitychest.org.

Hugh Cargill Trust
The Hugh Cargill Trust Committee has been working in partnership with the CCACE to provide partial Driver's Ed scholarships to deserving Concord high school students. The mission of the Hugh Cargill Trust is to provide short-term emergency financial assistance to Concord residents. Town residents request aid by leaving a phone message at the Town House: 978-318- 3100, ext. 2030. The Committee can be contacted through email at hctc@concordma.gov. All requests are kept confidential.

Join our mailing list!
Visit our website to sign up for our email list. Catalogs are mailed to all Concord & Carlisle residents 3 times per year.

Details

How to Register:



www.concordcarlisleace.org



978-318-1432



500 Walden Street, Concord, MA 01742
*Make checks payable to CCACE

Registration
Classes are filled on a first-come, first-served basis. Payment in full is due at the time of registration to secure your space. Once you enroll, you will receive a confirmation by email. If you do not see the email, check your spam or promotions folders. Please register early!

If a class needs to be cancelled due to low enrollment, you will be notified 2 business days prior to the start date and receive a full refund. A \$25 fee for all checks returned due to insufficient funds will be charged and added to your course tuition, in accordance with MGL Ch 60, Sec 57A.

Who Can Enroll?
Anyone can enroll in our programs at the same tuition. Adult classes are open to ages 18+, unless otherwise specified. Younger students are welcome to enroll if a parent/guardian also enrolls.

Refunds & Course Changes
If you withdraw 1 week or more before the start date of a class, we will issue you a credit (good for 18 months from the date of issue). If you prefer, we will refund the class tuition minus a \$10 processing fee. Withdrawals from courses and events under \$25 are only eligible for a course credit. If you withdraw 6 days or less from the start date of a class, we do not issue course credits or refunds.

Virtual Class Information
Many of our classes will be on Zoom. We strongly recommend that you test your device and get comfortable with the platform before the start of your class. **Zoom links are emailed the day before the class.** If you do not see it, check your spam folder and contact the office before 4 pm.

Also, while it may be easy to share a screen when joining a class from home, we do require each participant to be registered separately unless otherwise noted.

Class Materials
Some classes may require you to purchase supplies beforehand which is indicated in the class descriptions. Register early to give yourself time to acquire the materials needed.

Redeeming Credits
If you have an existing credit, you can register online and apply it at checkout or contact us before registering.

Waitlists
If the class you want is full, sign up for the waitlist. There is no charge and we often get last-minute changes or add sections.

Etcetera
CCACE reserves the right to change instructors if necessary and correct prices, dates, or times due to typographical errors in our catalog or website. The opinions, views, or recommendations expressed by instructors are their own and do not necessarily reflect those of CCACE. CCACE does not endorse any service or product recommended or offered by instructors.

Gift Certificates
Perfect for any occasion! Join together with friends and family near and far for a virtual night of fun! Contact the office.

In-Person Class Locations
All in-person classes are at Concord-Carlisle High School (500 Walden St, Concord) unless otherwise indicated.

- Acton-Boxborough High School: 36 Charter Rd, Acton
- Concord-Carlisle High School: 500 Walden St, Concord
- Concord Free Public Library: 129 Main St, Concord
- Daisy Hill Farm: 64 Wood Ln, Acton
- Flynn Hockey Rink: 300 Elm St, Medford
- Ridge Hill Reservation: 463 Charles River St, Needham
- Shea Memorial: 651 Willard St, Quincy
- West Concord Union Church: 1317 Main St, Concord

freepik.com: Light bulb made from a yellow paper ball (p.2) by dashu83; Close up picture of doctor's hands posting symbol of home above family member model (p.2); Book in library with open textbook (p.2); Paper heart (p.12); Boy are stand holding seedlings are in dry land in a warming world. (p.15) by jcomp; Rolled graduation diploma certificate (p.2); Colourful (p.2); Youth day - jumping people silhouettes (p.2); Hand holding a plane in the sky (p.5); Top view of metal flute (p.16); Marriage rings and paper heart broken(p.17); Close up hand taking notes (p.28) by freepik; 3d render of a house in the countryside (p.2) by kipargeter; Airplane (p.2); Hands holding an asterisk symbol (p.22); Baby and teddy bear rear view with design space (p.27) by rawpixel.com; The vegetables from a basket on wooden table (p.2) by master1305; Programmer workplace (p.2) by pressfoto; Foggy road ahead (p.2) by welcomia; Time is passing, blue hourglass close up by fabrikasimf (p.7); Word english with globe over wooden background (p. 24) by Waewikidja; Red open mailbox with five white envelopes (p.30) by mb-photoart; Group of diverse people in cpr training class (p.12) by rawpixel; Closeup of a violin and a trumpet on note sheets under the lights (p.16) by wirestock; Man plays on a saxophone (p.18) by vivash; Young blogger influencer shooting himself (p.19) by frimuhlms; Email campaign concept illustration (p.19) by storyset

Adult Registration Form

Contact Information

First Name		Last Name	
Address			
City		Zip	
Phone #		Email	

Course Information

Start Date	Course Name	Fee
	Total	

Billing InformationCash____Check/MO____Credit Card____

Name on card		Exp Date	
Card #		CVV	

Youth Registration Form

Contact Information

First Name		Last Name	
Birth Date		Grade	
School			
Parent/Guardian			
Address			
City		Zip	
Phone #		Email	
Emergency Contact		Phone #	

Course Information

Start Date	Course Name	Fee
	Total	

Billing InformationCash____Check/MO____Credit Card____

Name on card		Exp Date	
Card #		CVV	



Concord Carlisle *Adult & Community Education*

500 Walden Street
Concord, MA 01742

Non-Profit Org.
U.S. Postage
PAID
Concord, MA
Permit No. P1 4



ConcordCarlisleACE



ccace01742



www.concordcarlisleace.org



978-318-1432

**400 Souls:
Building a Slave
Society in Real Time**
page 14

**Parent Education
Programs**
pages 19-20

**IMSCC's new Small
Group Music Lessons
for 4th & 5th graders**
page 27

